

**BOARD OF MENTAL HEALTH AND
SUBSTANCE ABUSE SERVICES**

November 12, 2004

**Regional Training Institute
Oklahoma City, OK**

Minutes

Board Members Present:

Joel Carson
Bruce Fisher
Dwight Holden, M.D.
Mary Ann McCaffree, M.D.
LaVern Phillips
Rose Mary Shaw
Jack Turner

Others Present:

Terry Cline, Ph.D.-ODMHSAS
Ray McKay-County Lane Res. Care
Rand Baker-ODMHSAS
Joyce O'Neal-Monarch, Inc.
Twyla Courtney-Phoenix Gate
Mark Turner-People, Inc.
Angie Patterson-ODMHSAS
Deedee Cox-Community Crisis Center
Hazel Gregory-Women's Crisis Services
of LeFlore County
Dave Statton-ODMHSAS
Kaye Rote-OMHCC
Julie Young-ODMHSAS
Jan Perry-YWCA of OKC
Rick VanHersh-MH Services of So. OK
Ron Garner-ODMHSAS
Gregg Burnam-New Hope of Mangum
Sandy Pruitt-HOPE Com. Services, Inc.
Tonya Salazar-ODMHSAS
Eldengten Boyce-Boley Res. Care/Firm
Foundation
Charles Bassett-Riverside, Purcell
Mark Newman-House Staff
Debbie Galltons-Huggies-Women's
Services and Family Resource Center

Melissa Steinwedel-ODMHSAS
Roger Jones-CACMHC
Janice Hiner-ODMHSAS
Kathy Wilkins-Ace DUI School, Inc.
Janet Cizek-People, Inc.
Meredith Martin-ODMHSAS
Bill Burkett-OFC
Marcia Smith-OCADVSA
Cindy Hickel-OU Impact
Ben Brown-ODMHSAS
Peggy Jewell, M.D.-ODMHSAS
Linda White-EI Reno Res. Care Home
Brian Henderson-Capitol Network News
Durand Crosby-ODMHSAS
Melissa Lange-ODMHSAS
Gale Hoboon, Ph.D.-AS+Psychologist
Tim Florger-New Hope of Mangum
Rebecca Wilson-FCS, Tulsa
Jennifer Freeman-FCS MHC, Tulsa
James Patterson-SOS
Walten Hedrek-Moore A/D Center
Pam Wise-Multi County Youth Service
Cloyd Cornish Patton-Four Winds Ranch
Recovery
Malinda McQueen-Women's Services and
Family Resource Center

CALL TO ORDER

Dwight Holden, M.D., Chair, called the November meeting to order at 9:05 a.m. Dr. Holden announced that Dr. Michael Smith recently resigned his position on

the Board. Dr. Holden introduced and welcomed Mr. Bruce Fisher, an appointee in a substance abuse position on the Board.

APPROVAL OF MINUTES

Mr. Phillips moved to approve the minutes of the September 10, 2004 meeting. Mr. Carson seconded the motion.

ROLL CALL VOTE

Mr. Carson	Yes	Mr. Fisher	Yes
Dr. Holden	Yes	Dr. McCaffree	Abstain
Mr. Phillips	Yes	Ms. Shaw	Abstain
Mr. Turner	Yes		

DISCUSSION AND POSSIBLE ACTION REGARDING CRITICAL INCIDENT REPORTS

Meredith Martin had no additional comments to her report. Dr. McCaffree moved to accept the Critical Incident Report. Mr. Phillips seconded the motion

ROLL CALL VOTE

Mr. Carson	Yes	Mr. Fisher	Yes
Dr. Holden	Yes	Dr. McCaffree	Yes
Mr. Phillips	Yes	Ms. Shaw	Yes
Mr. Turner	Yes		

DISCUSSION AND POSSIBLE ACTION REGARDING PROGRAM CERTIFICATION RECOMMENDATIONS

Alcohol and Drug Treatment Programs

A. Temporary Certification

Temporary certification was recommended for Ace DUI School, Inc.; Addiction Solutions, Inc.; Four Winds Ranch Recovery Center for Adolescent Females, L.L.C.

Mr. Turner asked where Four Winds Ranch is located. Ms. Martin answered it is located in Guthrie.

Dr. McCaffree moved to approve temporary certification for the above referenced programs. Mr. Carson seconded the motion.

ROLL CALL VOTE

Mr. Carson	Yes	Mr. Fisher	Yes
Dr. Holden	Yes	Dr. McCaffree	Yes
Mr. Phillips	Yes	Ms. Shaw	Yes
Mr. Turner	Yes		

B. Conditional Certification

Conditional certification was recommended for Committee of Concern, Inc.; F&CS Mental Health Care, Inc.; Freedom Ranch, Inc.; Monarch, Inc., Wagoner; New Hope of Mangum, Altus and Lawton; New Hope of Mangum, Mangum; People, Inc., Okmulgee; People Inc., Pryor.

Mr. Carson asked if the Department is involved in any litigation with Freedom Ranch.

Ms. Martin answered yes; however, it does not pertain to this certification.

Ms. Shaw moved to approve conditional certification for the above referenced programs. Dr. McCaffree seconded the motion.

ROLL CALL VOTE

Mr. Carson	Abstain	Mr. Fisher	Yes
Dr. Holden	Yes	Dr. McCaffree	Yes
Mr. Phillips	Yes	Ms. Shaw	Yes
Mr. Turner	Yes		

C. Certification

Certification was recommended for Monarch, Inc.; Moore Alcohol and Drug Center, Inc.; Oklahoma Families First, Inc., Seminole; Phoenix Gate, Inc., Haskell; Specialized Outpatient Services, Inc.

Mr. Phillips moved to approve the above referenced programs for certification.

Ms. Shaw seconded the motion.

ROLL CALL VOTE

Mr. Carson	Yes	Mr. Fisher	Yes
Dr. Holden	Yes	Dr. McCaffree	Yes
Mr. Phillips	Yes	Ms. Shaw	Yes
Mr. Turner	Yes		

Domestic Violence/Sexual Assault Programs

A. Temporary Certification

Temporary Certification was recommended for Riverside Counseling, Testing, and Educational Services, L.L.C.

Ms. Shaw moved to approve the above referenced programs for temporary certification. Mr. Phillips seconded the motion.

ROLL CALL VOTE

Mr. Carson	Yes	Mr. Fisher	Yes
Dr. Holden	Yes	Dr. McCaffree	Yes
Mr. Phillips	Yes	Ms. Shaw	Yes
Mr. Turner	Yes		

B. Conditional Certification

Conditional Certification was recommended for Community Crisis Center, Inc.; Women’s Haven, Inc.

Ms. Shaw moved to approve the above referenced programs for conditional certification. Mr. Phillips seconded the motion.

ROLL CALL VOTE

Mr. Carson	Yes	Mr. Fisher	Yes
Dr. Holden	Yes	Dr. McCaffree	Yes
Mr. Phillips	Yes	Ms. Shaw	Yes
Mr. Turner	Yes		

C. Certification with Commendation

Certification with Commendation is recommended for Women’s Crisis Services of LeFlore County, Inc.; Women’s Service and Family Resource Center.

Mr. Phillips moved to approve the above referenced programs for certification with commendation. Ms. Shaw seconded the motion.

Dr. Holden added his congratulations for the programs receiving certification with commendation.

ROLL CALL VOTE

Mr. Carson	Yes	Mr. Fisher	Yes
Dr. Holden	Yes	Dr. McCaffree	Yes
Mr. Phillips	Yes	Ms. Shaw	Yes
Mr. Turner	Yes		

Programs of Assertive Community Treatment

A. Conditional Certification

Conditional Certification was recommended for University of Oklahoma Impact.

Dr. McCaffree moved to approve the above referenced program for conditional certification. Ms. Shaw seconded the motion.

ROLL CALL VOTE

Mr. Carson	Yes	Mr. Fisher	Yes
Dr. Holden	Yes	Dr. McCaffree	Yes
Mr. Phillips	Yes	Ms. Shaw	Yes
Mr. Turner	Yes		

Community Mental Health Centers

A. Conditional Certification

Conditional Certification was recommended for Carl Albert Community Mental Health Center.

Ms. Shaw moved to approve the above referenced program for conditional certification. Dr. McCaffree seconded the motion.

ROLL CALL VOTE

Mr. Carson	Yes	Mr. Fisher	Yes
Dr. Holden	Yes	Dr. McCaffree	Yes
Mr. Phillips	Yes	Ms. Shaw	Yes
Mr. Turner	Yes		

B. Certification

Certification was recommended for Northwest Center for Behavioral Health.

Ms. Shaw moved to approve the above referenced program for certification. Mr. Phillips seconded the motion.

ROLL CALL VOTE

Mr. Carson	Yes	Mr. Fisher	Yes
Dr. Holden	Yes	Dr. McCaffree	Yes
Mr. Phillips	Yes	Ms. Shaw	Yes
Mr. Turner	Yes		

Community Residential Mental Health Programs

A. Conditional Certification

Conditional Certification was recommended for McKinco, Inc.; Spears Management Co., Inc.;

Ms. Shaw moved to approve the above referenced programs for conditional certification. Dr. McCaffree seconded the motion.

ROLL CALL VOTE

Mr. Carson	Yes	Mr. Fisher	Yes
Dr. Holden	Yes	Dr. McCaffree	Yes
Mr. Phillips	Yes	Ms. Shaw	Yes
Mr. Turner	Yes		

B. Certification

Certification was recommended for Dyco Properties, Inc.; El Reno Residential Care Home; Fair Oaks; Hav Tap, Inc.; Miller Cozy Home, Inc.;

Ms. Shaw moved to approve the above referenced programs for certification. Dr. McCaffree seconded the motion.

ROLL CALL VOTE

Mr. Carson	Yes	Mr. Fisher	Yes
Dr. Holden	Yes	Dr. McCaffree	Yes
Mr. Phillips	Yes	Ms. Shaw	Yes
Mr. Turner	Yes		

C. Withdrawal of Revocation of Proceedings and the Granting of Certification

Withdrawal of Revocation of Proceedings and the Granting of Certification was recommended for Mental Health Services of Southern Oklahoma, Inc.

Since the last Board Meeting in September, Ms. Martin and members from ODMHSAS’s Legal team have met with the director of Mental Health Services of Southern Oklahoma, Inc. A settlement was negotiated which brought about satisfactory results for everyone involved.

Mr. Turner moved to approve the above referenced program. Dr. McCaffree seconded the motion.

ROLL CALL VOTE

Mr. Carson	Yes	Mr. Fisher	Yes
Dr. Holden	Yes	Dr. McCaffree	Yes
Mr. Phillips	Yes	Ms. Shaw	Yes
Mr. Turner	Yes		

DISCUSSION AND POSSIBLE ACTION REGARDING THE OFFICE OF CONSUMER ADVOCACY REPORT

Tonya Salazar had no additional comments to her consumer advocacy report.

Dr. McCaffree moved to accept the Advocate General’s report. Mr. Turner seconded the motion.

ROLL CALL VOTE

Mr. Carson	Yes	Mr. Fisher	Yes
Dr. Holden	Yes	Dr. McCaffree	Yes
Mr. Phillips	Yes	Ms. Shaw	Yes
Mr. Turner	Yes		

DISCUSSION AND POSSIBLE ACTION REGARDING REPORT FROM COMMISSIONER

Dr. Cline highlighted the OCARTA recovery rally which took place at the Capitol. There was a great turnout for this event. Gateway to Prevention and Recovery, Inc. (Gateway) was selected for a Robert Wood Johnson site visit. As a result of the visit, Gateway was chosen and is receiving a grant for an initiative focusing on access and retention of substance abuse services. Robert Wood Johnson also chose to work with the State and enter into a grant process with the Department. The Department is the only statewide system at this time in this initiative that will be focusing on performance improvement, with a specific focus on access and retention in services. This will begin in January.

Dr. Cline attended the Habitat Home dedication, which was a part of the Zarrow Symposium, part of a larger national conference that was hosted by the Mental Health Association of Tulsa, which was looking at homelessness and mental illness. People from all over the world attended this conference. As a part of this, the founders of Habitat for Humanity dedicated two homes for individuals who are living with mental illness.

The State of the State Youth Risk Report from the Health Department was completed. Dr. Cline requested copies of this to be distributed to the Board Members. The information that is included in the report shows that more work needs to be done in the areas of violence, drug use and sexual behavior in children. Dr. Cline highlighted the Governor's and Attorney General's Blue Ribbon Task Force on Mental Health, Substance Abuse and Domestic Violence. Dr. Cline asked Mr. Turner, who has been participating on the Task Force to summarize the status of the decision making process for the Task Force.

Mr. Turner explained the Governor and Attorney General put together the Task Force to calculate the costs of mental health, substance abuse and domestic violence in the state. This is a broadening of the task force that Governor Keating put together in 1998, which only focused on substance abuse. The Task Force is starting to present recommendations. The final report will be presented in January.

Mr. Carson asked what OCARTA stands for.

Dr. Cline answered that is a grassroots recovery organization in Oklahoma for consumers in recovery.

Mr. Carson asked about the new legislation that is in the House and what is being done to orientate the new members.

Dr. Cline answered there are individual initiatives and larger initiatives as well. Currently, the Department is waiting to see who will be the committee chairs on the House side. The Department had offered to do an orientation to acquaint the

new House members. On a larger scale there was a joint cabinet meeting, all agencies from the human services side and all agencies from the health side met for a day-long retreat. As a part of this retreat, it was suggested doing a larger health and human services orientation.

Mr. Carson suggested the Board members or people in the Department attach themselves to the new legislative members, in case the new members have a question they can go to their assigned person associated with the Department instead of contacting the legislative person at the Department on a constant basis.

Dr. Holden commented that the issues that are presented to the Department clearly cut across party lines.

Dr. Cline asked Board members to give him any information they may have on new legislative members, if they do have ties with them.

Dr. McCaffree asked how much money was given in the Robert Wood Johnson Grant.

Dr. Cline answered that it was \$200,000 over an 18-month period. \$50,000 of that money will be subcontracted out to the University of Wisconsin for an evaluation.

Dr. Holden stated that good relationships with the legislature will help promote the mission of the Department. The current leadership within the Department has aided in obtaining the good relationships between the legislature and the Department.

Dr. McCaffree moved to accept the Commissioner's report. Mr. Fisher seconded the motion.

ROLL CALL VOTE

Mr. Carson	Yes	Mr. Fisher	Yes
Dr. Holden	Yes	Dr. McCaffree	Yes
Mr. Phillips	Yes	Ms. Shaw	Yes
Mr. Turner	Yes		

DISCUSSION AND POSSIBLE ACTION REGARDING REPORT FROM CHIEF OPERATING OFFICER

Mr. Statton stated he would be submitting his report as written. Any questions could be directed to the three deputy commissioners.

Dr. McCaffree congratulated the establishment of additional drug courts. Currently there are approximately 40 drug courts, with the target being to have state-wide coverage.

Dr. McCauley moved to accept the Chief Operating Officer's Report. Ms. Shaw seconded the motion.

ROLL CALL VOTE

Mr. Carson	Yes	Mr. Fisher	Yes
Dr. Holden	Yes	Dr. McCaffree	Yes
Mr. Phillips	Yes	Ms. Shaw	Yes
Mr. Turner	Yes		

REPORT FROM PERFORMANCE IMPROVEMENT COMMITTEE

Dr. Holden gave a belated introduction to Mark Newman, House Staff.

Mr. Baker presented the Performance Improvement Committee Report on Dr. McCauley's behalf. In September, Dr. McCauley chaired the meeting. As is routine, Jan Savage, Performance Improvement Coordinator, gave her report on the prior month. She attended the Educational Conference for the National Association for Health Care Quality. The feature presentation for the September meeting was on the Systems of Care program and the very intensive evaluation that is being done on this. The Department contracts with the University of Oklahoma. The researcher on this program met with the committee and briefed them on the various indicators. As a condition of the federal grant the Department has for the Systems of Care program, the Department is required to participate in the national evaluation. This is just beginning. It is a fairly intensive process. There are eleven different instruments that are utilized with the caregiver and nine different instruments used with the child. Intensive timing is associated with this. The families are followed up every six months up to thirty-six months even if they drop out of Systems of Care. There is compensation that is given if the families stay engaged in the evaluation.

Dr. Steve Davis also briefed the committee on the provider satisfaction survey that is currently under development. In attendance at the October meeting were Mr. Carson, Ms. Eubanks and Dr. McCauley. There were also a few representatives present from the advocacy groups; Marcia Smith, Director of the Oklahoma Coalition Against Domestic Violence and Sexual Assault and Kaye Rote, Director for the Oklahoma Mental Health Consumer Council. The feature presentation centered around the Regional Performance Management Indicators Report. Dr. Steve Davis briefed the group on the technical support that has been provided through the Federal Substance Abuse and Mental Health Services Administration. There are roughly twenty indicators the Department has been tracking through that report.

The Board subcommittee has selected two mental health indicators, two substance abuse indicators and there is also work being done to develop outcome indicators for domestic violence. There are no national indicators to refer to for domestic violence, so the Department is charting out in a new area and they are working with service providers in this area. The report looks at comparison both in terms of regions in the state and longitudinally in terms of looking at the last eight quarters and how changes have occurred. The Committee decided to meet on December 8, due to the holidays.

DISCUSSION AND POSSIBLE ACTION REGARDING REPORT FROM FINANCE COMMITTEE

Mr. Phillips stated the Finance Committee met on November 1, 2004. He continues to be impressed with the data provided by Mr. Ron Garner and Ms. Melissa Lange. The budget revision was discussed in addition to the financial report. A small budget revision was made to the FY2006 Budget Request.

The Finance Committee recommended the Board approve the Budget Revision Request to the FY2006 Budget Request to be submitted to the Governor and Legislature.

Mr. Garner added that the request has been reduced by \$7.5 million. \$9.2 million of the original request was a gross estimation for the Behavioral Health Initiative. Those numbers were based on the estimated dollars that were available from the Health Care Authority budget for the rehab option for adults. This number is an estimated number and is included for conversation with the legislature. When the Behavioral Health Initiative gets closer, there will be negotiation about refining the number. There was an increase of \$730,000 because of the Medicaid federal match decreased by 2.72%. A recalculation was made to the maintenance issue for maintaining state operated facilities.

Mr. Phillips added there were no changes to the request for program expansion; those totals and percentages remained the same.

Mr. Turned moved to approve the FY2006 Budget Revision Request, as presented, for submission to the Legislature and the Governor. Mr. Carson seconded the motion.

ROLL CALL VOTE

Mr. Carson	Yes	Mr. Fisher	Yes
Dr. Holden	Yes	Dr. McCaffree	Yes
Mr. Phillips	Yes	Ms. Shaw	Yes
Mr. Turner	Yes		

DISCUSSION AND POSSIBLE ACTION REGARDING MONTHLY FINANCE REPORT

Dr. Holden commented, given the tough financial times the state has been in, this is the most exciting and ambitious budget that has been presented in some time.

Mr. Carson asked about the domestic violence information that was in the report.

He was curious how domestic violence could be brought out of its infancy stages.

Dr. Cline answered one of the most successful results of the Performance Improvement Committee is the ability to produce concrete outcomes with programs. The Department is then able to go to the Legislature and show them concrete results of different programs. In terms of the domestic violence and sexual assault level, there has not been the decade's long investment at the national level to provide the type of leadership and guidance around outcomes.

The Department is working closely with providers, the data department and Jan Savage to develop the outcomes. There is a national group that is piloting the outcomes for domestic violence programs. The Department is not a part of the small number of programs; however, Julie Young, Deputy Commissioner, Domestic Violence and Sexual Assault Services, has been in touch with the group to learn about their individuals, before they are published. There has been a strong voice from the advocacy groups, which is also more unified and was effective last year.

Mr. Carson questioned domestic violence courts beginning in Oklahoma City. He asked if the Department would support these courts.

Dr. Cline answered the Department has requested funding from the legislature to begin a domestic violence court.

Mr. Garner stated the finances are in the positive, as are the revolving funds.

Mr. Phillips moved to accept the finance report. Mr. Carson seconded the motion.

ROLL CALL VOTE

Mr. Carson	Yes	Mr. Fisher	Yes
Dr. Holden	Yes	Dr. McCaffree	Yes
Mr. Phillips	Yes	Ms. Shaw	Yes
Mr. Turner	Yes		

DISCUSSION AND POSSIBLE ACTION REGARDING PERSONNEL ISSUES

There were no personnel issues to take action on.

PRESENTATION: DOMESTIC VIOLENCE: Julie Young, Deputy Commissioner, Domestic Violence and Sexual Assault Services

Ms. Young discussed a report which came out earlier in the year from the National Association for State Mental Program Directors (NASHMPD). The report is a collection of literature reviews and results of studies that were conducted. She highlighted the consequences of violence and trauma. One of the priority issues from the report focuses on co-occurring disorders. PTSD and substance abuse disorders are two-three times higher in females than in males. 30%-57% of all female substance abusers meet criteria for PTSD. Prevention and early intervention of childhood abuse can have a substantial impact on the prevalence of adult mental health issues and substance abuse use. Childhood exposure to violence can cause neural damage to the child's brain. This can impact the child's behavior, school work and development later in life. According to the report, trauma attachment theories need to be developed, parenting programs need to be increased, and an increase needs to be made in the educational programs for the children around trauma.

A study was conducted out of UCLA which discovered adolescents who were not doing well in school and have severe PTSD symptoms. These adolescents were

treated for trauma, and their symptoms were reduced and their grade point average increased. Early intervention with trauma counseling will help adolescents later in life. School functioning is a protective factor for adolescents. It will help protect them later from substance abuse and criminal justice factors. Along the evidence based outcomes they are looking at utilizing cognitive behavioral therapy. Many times, systems focus on symptom management, but not necessarily working on the relational part of trauma therapy.

Earlier this year the Department was asked to submit a report to NASHMPD describing what is being done in the areas of trauma in Oklahoma. They put it in part of the toolkit. In 2002 Oklahoma's information was not included in the toolkit. Last year, in Oklahoma there was a collaboration with the Oklahoma Youth Center, Family and Children's Services in Tulsa and Domestic Violence Intervention Services (Tulsa) to apply for a grant. They did receive the grant and Ms. Young distributed a pamphlet explaining what is currently taking place with the grant. It is a public and private collaborative that is working with children and trauma, specifically children who have been exposed to violence. \$500,000 was also appropriated to work with children and trauma. It is currently being looked at to collaborate these two entities, to develop a workforce that can work with the children. At the present time there is no workforce that is trained to work with children regarding trauma. Ten sites have been established for the \$500,000. Two of these sites will specifically target children within the Latino community, and the other eight will be spread throughout the state. Part of that funding will also be used towards children who have been abused sexually or physically.

Dr. McCaffree asked Ms. Young if she works with Dr. Robin Gerwich, in the Department of Psychiatry at OU.

Ms. Young answered that yes she does and she has a great program. The providers are very excited about working with the children, as there is such a gap.

Mr. Fisher asked if family incarceration is considered to be a stressor to children.

Ms. Young answered the separation does indeed put an added stress on children.

2005 BOARD MEETING DATES

The following Board dates were voted on for the 2005 calendar year:

January 14

March 11

May 13

June 10

July 8

September 9

November 4

Mr. Carson moved to accept the above 2005 Board dates. Mr. Phillips seconded the motion.

ROLL CALL VOTE

Mr. Carson	Yes	Mr. Fisher	Yes
Dr. Holden	Yes	Dr. McCaffree	Yes
Mr. Phillips	Yes	Ms. Shaw	Yes
Mr. Turner	Yes		

Mr. Carson had a legal question that was directed to Durand Crosby, Legal Counsel. Mr. Crosby stated the decision had previously been made to not include a legal report in the agenda, unless previously discussed. Dr. Cline suggested Mr. Carson ask to have a legal item added to the agenda before a meeting.

NEW BUSINESS

The next Board meeting will take place January 14, 2005, at the Regional Training Institute on Kelly in Oklahoma City.

ADJOURNMENT

Ms. Shaw moved to adjourn the meeting at 10:15 a.m. Dr. McCauley seconded the motion.

ROLL CALL VOTE

Mr. Carson	Yes	Mr. Fisher	Yes
Dr. Holden	Yes	Dr. McCaffree	Yes
Mr. Phillips	Yes	Ms. Shaw	Yes
Mr. Turner	Yes		

Dwight Holden, M.D., Chair

Joel Carson

Beverly Eubanks

Bruce Fisher

Dorothy Logan

Mary Anne McCaffree, M.D.

Larry McCauley, Ed.D.

LaVern Phillips

Rose Mary Shaw, LCSW

Jack Turner

MS 11-18-04