



National Alcohol and Drug Addiction Recovery Month Activities

August 25 – Proclamation to be read at **Edmond City Council** meeting designating September as National Alcohol and Drug Addiction Recovery Month.

September 1 – **Oklahoma Redhawks’** “Recovery Happens” event, 2 p.m. The Oklahoma Citizen Advocates for Recovery and Treatment Association (OCARTA), as well as the Oklahoma Substance Abuse Services Alliance (OSASA) and other organizations, are sponsoring this event for the Redhawks’ final game of the season. The event begins with the opening pitch provided by David Mantle, Mickey Mantle’s son, who has nine years of substance abuse recovery. Approximately 2,500 “Recovery Happens” ball caps, publications and other items will be distributed. Items will follow a baseball theme, promoting recovery and also providing information on treatment facilities and options. Nearly 50 percent of proceeds of tickets purchased on-line will go to OCARTA to fund Recovery Month events for next year and to provide education about recovery throughout the coming year.

September 5-7 – **Drug Recovery, Inc.’s** House of Life is holding its 2nd annual Freedom Ride for Recovery (sober bike run and campout). Schedule is as follows: Friday night, Sept. 5, speaker and dance at historic Round Barn on Route 66; Saturday, Sept. 6, Mystery Poker Run that includes a cook-out, bike show, games & music; Saturday night, speaker and live music at Hillbillie’s.

September 6 – **Restoration Community Church**, 1228 Loftin Drive in Midwest City (north of 10th and Douglas), is celebrating with special guest speakers, music, testimonies, dance, food and fun from 4-8 p.m.

September 20 – **Narconon Arrowhead** is hosting a large event in celebration of National Recovery Month and the anniversary of its new facility. Narconon also is starting a southeastern chapter of OCARTA. The Sept. 20 event will feature a barbecue dinner, a drug education presentation for children, community awards for dedication to the betterment of lives, guest speakers from around the state including elected and law enforcement officials and live entertainment afterward. Approximately 1,500 people are expected to attend the event, which will be held at the Southeast Expo Center in McAlester. Dinner starts at 5:30 p.m. and the event starts at 7 p.m.

September 26 – OCARTA Recovery Rally at the state capitol, noon to 3 p.m. This second annual event will bring together treatment professionals, those in recovery and legislators. Also, a special award named in honor of former Sen. Helen Cole will be given.

Other activities throughout September:

ODMHSAS will be distributing Recovery Month packets and information on substance abuse prevention and treatment Sept. 12-28 at the State Fair of Oklahoma. This outreach is an annual event. Also, targeted media including print and radio spots are planned.

A Chance to Change Foundation is hosting its community education series, which is an ongoing, six-part educational series on addiction, chemical dependency and alcoholism that is free to the public. The Education series is held each Monday from 6:30-8 p.m. at 2945 N.W. Expressway and May Ave. September topics are: Sept. 8 – codependency; Sept. 15 – intervention/treatment and recovery; Sept. 22 – behavioral addictions; and Sept. 29 – disease and the addiction process. Also, the agency's clinical staff is hosting several training workshops and mini-seminars for professionals at their facility, 5228 Classen Circle, including: Sept. 11-12 – “Working Intensively with Families,” from 8:30 a.m. to 4:30 p.m.; Sept. 19 – “Recovery: Parallel Issues With Chemically Dependent Adolescents and their Family,” 1:30 p.m.; and Sept. 26 – “Clinical Hypnosis in the Treatment of Pain,” 8:30 a.m. to 4:30 p.m. The agency will also be distributing a newsletter during September.

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