OVERVIEW

The 2005 Mental Health Best Practices Conference, Transforming Communities: Choice, Collaboration & Celebration, will bring together change agents for mental health transformation. This two-day event, part of Oklahoma’s transformation initiative, will offer information on building strong communities through the promotion of choice and through collaborative relationships. The Conference is scheduled for Thursday and Friday, December 1-2, at the National Center for Employee Development, 2701 E. Imhoff Road, Norman, OK 73071. Registration closes on November 21, 2005. No on-site registration will be accepted.

The conference will provide participants with practical tools they can utilize in their agencies and communities to assist with facilitating recovery and true community integration. The workshops will enable administrators and practitioners to initiate new programs, implement new practices, and incorporate new ideas that will enhance their everyday work and assist as change agents for mental health transformation.

On day one, Cheryl Gagne, Sc.D., Senior Associate at the Center for Psychiatric Rehabilitation, Boston University, and Vanessa Jackson, LCSW, Owner of Healing Circles, Inc., Atlanta, GA, will provide keynote presentations. The presentations will focus on Recovery and Everyday Freedom and on Transforming Walls into Bridges: Removing Barriers to Participation for People Labeled with Psychiatric Disabilities. The first day will also include a networking lunch and participants will be able to choose from a variety of workshops.

On the second morning of the conference, keynote speaker Sam J. Tsemberis, Ph.D., Executive Director of Pathways to Housing in New York City, NY, will present Consumer Choice and Recovery: New Challenge for Systems Transformation. Day two offers another opportunity for networking during lunch and a variety of workshops, including an opportunity for three hours of ethics credit.

The target audience for this Oklahoma Department of Mental Health and Substance Abuse Services (ODMHSAS) sponsored conference will be case managers, therapists, adult behavioral health practitioners, administrators, consumers, and family members.

KEYNOTE SPEAKERS

Cheryl Gagne, Sc.D.

Dr. Gagne is a Senior Associate at the Center for Psychiatric Rehabilitation, Boston University, where she participates in research, training, and service projects. Cheryl currently trains and consults with mental health programs in Asia, Europe and in the United States. She is the Assistant Director of the Services Division, the branch that delivers recovery-oriented rehabilitation, education and support services to people with psychiatric disabilities. She has developed many training programs and courses for mental health professionals and people who access mental health services. Since 1994, Dr. Gagne has taught the course “Rehabilitation of Persons with Psychiatric Disabilities” at Boston University.

Vanessa Jackson, LCSW

Vanessa Jackson is a licensed clinical social worker and owner of Healing Circles, Inc., a personal and professional development consulting business. Ms. Jackson earned a Master’s Degree from Washington University-George Warren Brown School of Social Work. Ms. Jackson is the author of the following monographs on the history of African-American psychiatric experiences, funded by the Center for Mental Health Services: In Our Own Voice: African-American Stories of Oppression, Survival and Recovery in Mental Health Systems and Separate and Unequal: The Legacy of Racially Segregated Psychiatric

Ms. Jackson is a former member of the Georgia Governor’s Advisory Council on Mental Health, Mental Retardation and Substance Abuse and a current Board Member of the National Leadership Council on African American Behavioral Health. Ms. Jackson is a nationally recognized speaker on mental health issues.

Sam J. Tsemberis, Ph.D.

Dr. Sam Tsemberis founded Pathways to Housing in 1992, an organization based on the belief that housing is a basic right for all people, and currently serves as the Executive Director. Pathways uses a Housing First approach and provides immediate access to permanent independent apartments to individuals who are homeless and who have psychiatric disabilities and substance use disorders. Dr. Tsemberis and Pathways have been honored by the Center for Mental Health Services, the National Alliance to End Homelessness, New York State Association for Psychiatric Rehabilitation, New York Psychiatric Association, Eli Lilly Foundation, and featured in The New York Times, The Christian Science Monitor, and the Chronicle of Philanthropy. This year, The American Psychiatric Association Institute on Psychiatric Services awarded Pathways to Housing it prestigious Gold Award in the area of community mental health. Dr. Tsemberis and Pathways to Housing have been profiled by National Public Radio’s All Things Considered, Public Broadcasting System’s (PBS) The Newshour with Jim Leher, and Religion and Ethics.

Dr. Tsemberis serves on the faculty of the Department of Psychiatry of the New York University Medical Center and has served as principal investigator for several federally funded studies of homelessness, mental illness, and substance abuse. He has published numerous articles and book chapters on the topics of housing and treatment for individuals who are homeless and have psychiatric disabilities. Currently, he directs the NY ACT Institute that provides training to NY State ACT teams and Housing First training to cities currently replicating Pathways’ Housing First program.

Thursday, December 1, 2005

8:30 – 9:30 Registration

9:30 – 10:45 Welcome and Introduction
Terry Cline, Ph.D., Commissioner, ODMHSAS

Recovery and Everyday Freedom. Cheryl Gagne, Sc.D., Senior Associate, Center for Psychiatric Rehabilitation, Boston University, Boston, MA

This keynote presentation will explore the process of recovery through people’s experiences of choice and coercion and will address the value of everyday freedom in the lives of people in the community.

10:45 – 11:00 Break

11:00 – 12:00 Transforming Walls into Bridges: Removing Barriers to Participation for People Labeled with Psychiatric Disabilities. Vanessa Jackson, LCSW, Owner, Healing Circles, Inc., Atlanta, GA

This keynote presentation will address historical and current efforts of individuals labeled with psychiatric disabilities to exercise their rights as citizens in America. The presenter will identify institutional and attitudinal barriers that continue to impinge upon the full participation of individuals labeled with psychiatric disabilities and recommend strategies for authentic transformation of people and systems.

12:00 – 1:00 Networking Lunch
1:00 – 3:45  Concurrent Workshops: Session 1  (2:15 – 2:30  Break)

1-A. **Principles and Process of Psychiatric Rehabilitation.** Cheryl Gagne, Sc.D., Senior Associate, Center for Psychiatric Rehabilitation, Boston University, Boston, MA

Participants will learn the principles and processes of psychiatric rehabilitation as developed by the Center for Psychiatric Rehabilitation at Boston University.

1-B. **Continuity of Care: The First Choice for Mental Health Service Providers.** Randy May, LPC, Director of PACT and Case Management, ODMHSAS; Mich Magness, Coordinator of Aging and Long Term Care, ODMHSAS; David Phillips, Residential Care Coordinator, ODMHSAS

This workshop will explore system responsibility for effective coordination of care. It will take a look at the process for continuity of services from inpatient to outpatient care, including specialized areas like nursing home and enhanced residential care.

1-C. **Evidence-Based Practice; Supported Employment from the SAMHSA Toolkit.** Galen Smith, LMSW, University of Kansas, School of Social Welfare, Office of Mental Health Research and Training, Lawrence, KS

This presentation will include an introduction to the principles of Evidence-Based Practice Supported Employment, general guidelines for implementing EBP/SE, and a review of Fidelity Items that direct the implementation process.

1-D. **How to Assist Disaster Survivors with Successfully Reintegrating Back into the Community.** Linda Soos-Davis, Human Service Division Chief, Oklahoma Dept. of Emergency Management

This workshop focuses on programs and assistance available to clients following a disaster which assist with reestablishing themselves in their community.

3:45 – 4:00  Break

4:00 - 5:30  Concurrent Workshops: Session 2

2-A. **What “Integrated” Housing Means to People with Mental Illnesses.** Michael Allen, Senior Staff Attorney, Bazelon Center for Mental Health Law, Washington, D.C.

This workshop will focus on an analysis of what is required by Olmstead, which housing models might be consistent with the recommendations of the President’s New Freedom Commission and what housing might contribute to the President’s stated goal of ending chronic homelessness in 10 years. The advantages and disadvantages of seven innovative housing programs from around the country will also be considered.

2-B. **In Our Own Voice: Exploring Consumer/Survivor/Ex-patient History and the Development of Peer-Support Programs.** Vanessa Jackson, LCSW, Owner, Healing Circles, Inc., Atlanta, GA

This workshop will provide an overview of consumer/survivor/ex-patient history and the influences that individuals with the lived experience of mental illness have had on the evolution of mental health services in America. The presenter will discuss the work and activism of well-known and less-celebrated consumer/survivor/ex-patients and link their contributions to the current incarnation of peer-support programs in America and abroad.

2-C. **Integrated Services in Oklahoma.** Todd Crawford, LPC, CADC, Drug Court/Co-occurring Clinical Director, ODMHSAS

This workshop will explore and discuss the plans of the Integrated Services Initiative (ISI) and the Oklahoma Department of Mental Health and Substance Abuse Services (ODMHSAS) in the development of integrated services that are inclusive of mental health and substance abuse, as well as being trauma
informed. The presentation will address screening and assessment processes, training opportunities and infrastructure transformation.

2-D. **Navigating the River of Outpatient Consumer Rights and Personal Liability.** Deneka Turney Cain, J.D., Assistant General Counsel, ODMHSAS; Janie Behne, RHIA, HIPAA Coordinator, ODMHSAS

This workshop includes discussions on how to preserve the Constitutional Rights and Privacy Rights of Inpatient Consumers, while protecting yourself and your organization from liability.

**Friday, December 2, 2005**

7:30 – 8:30  
Registration

8:30 – 10:00  
Welcome and Introduction  
*Rand Baker, Deputy Commissioner of Mental Health, ODMHSAS*

**Consumer Choice and Recovery: New Challenge for Systems Transformation**  
*Sam J. Tsemberis, Ph.D., Founder and Executive Director Pathways to Housing, Inc., New York, NY*

This keynote presentation will examine why adopting a consumer choice philosophy requires changes to be made by consumers, providers and programs.

10:00 – 10:15  
Break

10:15 – 11:45  
Concurrent Workshops: Session 3

3-A. **Social Security Work Incentives and Ticket to Work.**  
*Jill Burgess, Program Specialist, University of Oklahoma National Center for Disability Education and Training; Janette Crow, Area Work Incentive Coordinator, Social Security Administration*

A brief and general overview of SSI and SSDI Social Security Work Incentives will be presented. This will help in the understanding of the Ticket to Work, as well as helping in the understanding of the work incentives. Information on the effects of work on receipt of Social Security and Supplemental Security Income will also be provided.

3-B. **Preparing for Certification as a Psychiatric Rehabilitation Practitioner (CPRP).**  
*Susan Musante, CPRP, LPCC, Recovery and Rehabilitation Resources, Psychosocial Rehabilitation Association of New Mexico, Albuquerque, NM*

Becoming certified (CPRP) indicates that a practitioner has demonstrated knowledge, experience and training in the field of psychiatric rehabilitation and has made a commitment to ethical practice. This interactive workshop provides an overview of the process, introduces tools for developing a study plan and reviews content material. Practitioners throughout the country have found these materials to be helpful in preparing to become certified.

3-C. **Culture of Homelessness.**  
*Glenda S. Russell, MHR, Central Oklahoma Integrated Network System, Inc. (COINS)*

This workshop will assist participants with demonstrating an awareness of the cultural differences experienced by homeless individuals and families in our community.

3-D. **Recovery Support Specialists ...So Far.**  
*Amber Guerrero, RSS Coordinator, Office of Consumer Affairs, ODMHSAS; Melody Riefer, Director, Office of Consumer Affairs, ODMHSAS*

We will be examining the first year of Recovery Support Specialists working within the mental healthcare system. Process, progress, and lessons learned will be shared. We will also be exploring with workshop attendees the needs and opportunities for future growth of the RSS role in mental health.

11:45 – 12:45  
Networking Lunch
4-A. Ethics for Community Mental Health. Connie Schilitter, LCSW, MPA, Executive Director, Bill Willis Community Mental Health and Substance Abuse Center; Durand H. Crosby, J.D., General Counsel, ODMHSAS; Larry Gross, LCSW, LMFT, ACSW, Executive Director, Central Oklahoma Community Mental Health Center; Robert Lee, LCSW, Executive Director, Oklahoma Youth Center; Melody Riefer, Director, Office of Consumer Affairs, ODMHSAS

This panel presentation will cover significant elements of Oklahoma's mental health law and its relevance to community mental health practice. It will review case studies, identify relevant ethical codes pertaining to situations, and make recommendations based on relation to licensure, law or clinical practice.

4-B. Peer Support Groups Work. Amber Guerrero, RSS Coordinator, Office of Consumer Affairs, ODMHSAS; WRAP Representative; DBSA Representative; DTR Representative; NAMI Representative; Federation of Families Representative

Peer Support Groups have been a leading force in the transformation towards a Recovery-oriented mental health system. This panel of experts will address the ways peer support groups have benefited them personally and how they now use their knowledge to support others.

4-C. Pathways’ Housing First Model for Ending Homelessness for Individuals with Co-Occurring Disorders. Sam J. Tsemberis, Ph.D., Founder and Executive Director Pathways to Housing, Inc., New York, NY

This workshop will describe Pathways’ Housing First program, an innovative and effective way to end homelessness for individuals with co-occurring mental health and substance abuse disorders. Consumers are admitted directly from the streets, jails, hospitals, or shelters. With consumer choice as a program’s principle, consumers are provided what every homeless person wants most – housing – first. By operating with the belief that housing is a basic human right, the program moves consumers directly into an apartment of their own and does not require participation in treatment or a period of sobriety as a precondition for housing. Assertive Community Treatment (ACT) teams offer intensive support and treatment, provide an integrated treatment approach, and other evidence-based and well-documented services. The teams' philosophy emphasizes recovery and consumers can determine the type, sequence and duration of services. The program’s effectiveness is well documented and has led to over 15 replications of this model across the country. Issues of cost effectiveness and system transformation will also be discussed.

4-D. Principles and Practices of Illness Management and Recovery. Anthony Salerno, Ph.D, Licensed Psychologist, New York State, Monroe, NY

This session will provide a basic overview of 1) the key characteristics of evidence-based practices for adults experiencing serious mental illness; 2) Describe a specific evidence-based practice known as Illness Management and Recovery; and 3) discuss and illustrate the core competencies needed to provide Illness Management and Recovery services, especially in group modalities.

LOCATION
The National Center for Employee Development is located at 2701 E. Imhoff Road in Norman, OK 73071. A map and directions can be accessed at http://www.need.com/training/map2nced.php

CONTINUING EDUCATION CREDITS
Twelve (12) continuing education credit hours have been approved for the Oklahoma State Board of Licensed Social Workers, Licensed Professional Counselors, Licensed Marital and Family Therapist, the Oklahoma Board of Examiners of Psychologists, and ODMHSAS Case Management Certification renewal. This includes three (3) credit hours of Ethics. Please check the appropriate CEU request on the conference registration form.

How to Receive Your Certificate of Attendance
Certificates of attendance will be distributed at the end of the conference. If you are unable to complete the conference, you may pick up a certificate before you leave which will reflect the actual hours you were
in attendance. Participant evaluation forms must be submitted in order to receive continuing education credit and a certificate of attendance. There is a $5.00 charge for any certificates that are reissued.

SPECIAL ACCOMMODATIONS
Sign language interpreters or assistive listening devices will be made available as needed for hearing impaired participants. These or other requests for special accommodations should be indicated on the registration form. Conference organizers will contact you for specifics.

REGISTRATION AND FEES
Space is limited so it is important to register early. Requests will be honored on a first-come, first-served basis. Please complete the registration form below and return it to Human Resource Development by **Monday, November 14**. Make checks or purchase orders payable to ODMHSAS. ODMHSAS will also accept Visa and Mastercard.

For those individuals who need lodging, there are specific registration rates that include one night’s hotel accommodation listed below. Additional nights of hotel accommodations can be requested at an added cost of $60.00 per night. Please note that the Norman Center for Employee Development hotel rooms are single rooms and that no children are allowed at this facility.

The deadline for the conference early bird rate is **Monday, November 14** and early bird registrants are more likely to be placed in the workshops they prefer. Registrations postmarked on or before **November 14** qualify for the early bird rate of $225.00 for the entire conference (including 1 night hotel accommodation and lunch both days); or $165.00 for the entire conference (including lunch both days, no hotel); or $140.00 for one day of the conference (including 1 night hotel accommodation and lunch); or $80.00 for one day of the conference (including lunch, no hotel).

All registrations postmarked after November 14, but no later than **November 21**, qualify for the rate of $250.00 for the entire conference (including 1 night hotel accommodation and lunch both days); or $175.00 for the entire conference (including lunch both days, no hotel); or $165.00 for one day of the conference (including 1 night hotel accommodation and lunch); or $90.00 for one day of the conference (including lunch, no hotel).

All registrations must be received no later than **Monday, November 21**. Registrations will not be accepted after November 21, and there will be no on-site registration.
Registration for December 1-2, 2005

TRANSFORMING COMMUNITIES: CHOICE, COLLABORATION & CELEBRATION

Print out and complete the form below and mail it to:

Seminar Coordinator
Human Resource Development Division
Institute for Mental Health and Substance Abuse Education and Training
2401 W. 23rd St., Suite 82
Oklahoma City, OK 73107

Faxed registrations are accepted at 405-522-8320. You may call Cynthia Caligone at (405) 522-8514 with your payment of Visa or MasterCard.

Name: _________________________________________________________________

Home Phone Number: ____________________________________________________

Occupation or Job Title: __________________________________________________

Place of Employment: ____________________________________________________

Address: _______________________________________________________________

City, State, ZIP: _________________________________________________________

Daytime Phone: _________________________________________________________

E-Mail Address: _________________________________________________________

**If an email address is included, a confirmation that your registration has been received will be emailed to you.

☐ I require special accommodations as follows: ________________________________

CHECK ALL THAT APPLY

Early Bird Registration – Postmarked on or before Monday, November 14
☐ $225.00 for the entire conference (including 1 night hotel accommodation and lunch both days); or
☐ $165.00 for the entire conference (including 2 lunch both days, no hotel); or
☐ $140.00 for one day of the conference (including 1 night hotel accommodation and lunch); or
☐ $80.00 for one day of the conference (including lunch, no hotel).

Final Registration – Postmarked on or before Monday, November 21
☐ $250.00 for the entire conference (including 1 night hotel accommodation and lunch both days); or
☐ $175.00 for the entire conference (including lunch both days, no hotel); or
☐ $165.00 for one day of the conference (including 1 night hotel accommodation and lunch); or
☐ $90.00 for one day of the conference (including lunch, no hotel).

Additional Nights of Hotel Accommodations
☐ I need additional nights of hotel accommodation. A $60.00 fee for each additional night (beyond the 1 night included in the registration fee) will be added to the cost of registration.
If selected registration with hotel accommodations, please list the date(s) hotel accommodations are needed:
_________________________________________________________ __________

PAYMENT
Please enclose registration payment. If paying by purchase order (PO), please mail or fax a copy of the purchase order with the name of the attendee(s) included on the PO. If paying by check or money order please make payable to ODMHSAS. FEI#73-6017987

☐ Check
☐ Money Order
☐ Purchase Order #________________________________________________________
☐ Credit Card

Credit Card: Type of Card (circle one)  Visa  MasterCard

Card Number: _____________________ ___________________ Expiration date: ____/____

Authorization Signature: ______________________________________________________

WORKSHOP PREFERENCES

Please Circle Your Workshop Preferences for Day 1:
Session 1: 1-A 1-B 1-C 1-D
Session 2: 2-A 2-B 2-C 2-D

Please Circle Your Workshop Preferences for Day 2:
Session 3: 3-A 3-B 3-C 3-D
Session 4: 4-A 4-B 4-C 4-D

CONTINUING EDUCATION CREDIT REQUESTED
☐ LPC/LMFT  ☐ Case Management Certification
☐ Psychologist  ☐ CADC
☐ LBP  ☐ LSW
☐ Other:___________________________________________________

Please check in at the registration desk upon your arrival to verify your attendance. Continuing education credit is not provided without verification. At the completion of the conference, all participants will receive a certificate of attendance from the ODMHSAS Institute for Mental Health and Substance Abuse Education Training.

For information, call 405-522-8300.

CALL FOR EXHIBITORS
Is your organization one you want others to know about? An exhibit at the 2005 Mental Health Best Practices Conference will introduce your organization to professionals from Oklahoma and surrounding states. To discuss becoming an exhibitor, call Shannon Manning at 405-522-8300 or email smanning@odmhsas.org to request an exhibitor form or information.