

Emergency Psychiatry: Managing Suicide, Aggression and Unconscious Precipitants

March 25, 2005

University of Central Oklahoma, Edmond, Oklahoma

Program Purpose

Emergency psychiatrists spend their days assessing and treating a steady stream of suicidal, aggressive and often substance-abusing consumers. While such consumers may readily intimidate outpatient clinicians, emergency psychiatrists are comfortable treating the most vexing and challenging consumers that frequent emergency rooms. How do psychiatric emergency services personnel manage such consumers? The answer lies in thorough training in assessment of risk, management of acute suicidality and aggression, de-escalation of violent persons and the psychodynamics of crisis thoughts and behaviors.

The purpose of this educational seminar is to elucidate the history of emergency psychiatry and the skills that emergency psychiatrists use in managing high-risk emergency room consumers they see on a daily basis. Participants can expect to learn and utilize a wide variety of useful interventions to assist them in their work with suicidal and aggressive consumers, both in inpatient and outpatient settings. Dr. Fishkind's lecture will cover such diverse topics as avoiding coercion in psychiatric interventions, making rapid empathic connections with consumers in crisis, and making discharge decisions regarding suicidal and homicidal consumers.

Program Objectives

Upon completion of the program, the participant shall be able to:

1. Recall the historical development of emergency psychiatry;
2. Identify the recently approved APA guidelines for the provision of psychiatric emergency services;
3. Demonstrate the use of communication in the prevention and management of aggressive behaviors;
4. Restate the historical perspective on the use of intramuscular medications for aggression;
5. Recognize the proper use of injectable atypical antipsychotics;
6. Describe the advantages and disadvantages of individual pharmacologic agents; and
7. Explain the NeuroPsychiatric Center of Houston, Texas, design and outcomes data.

Faculty

Avrim Fishkind, M.D. is an internationally recognized expert in the field of emergency psychiatry. He has developed comprehensive psychiatric emergency programs in Austin, Texas, Washington, D.C., and Houston, Texas. His projects include the design of multiple hospital diversion programs including mobile crisis outreach teams and crisis residential units. He is an annual speaker at the American Psychiatric Association's Annual Meeting and Psychiatric Services Conference.

Dr. Fishkind is currently president-elect of the American Association for Emergency Psychiatry and is the author of many publications. He has developed a widely used method for teaching de-escalation of aggressive consumers entitled "The 10 Commandments of De-Escalation". Dr. Fishkind's passion is to provide non-coercive psychiatric interventions in least restrictive treatment settings. He is also president of Psychiatric Emergency Solutions, a consulting company specializing in the design of psychiatric emergency services.

Continuing Education Credits

The Oklahoma Department of Mental Health and Substance Abuse Services, Institute for Mental Health and Substance Abuse Education and Training, is accredited by the Oklahoma State Medical Association (OSMA) Council on Medical Education to sponsor continuing medical education for physicians.

The Institute has been approved for **six (6)** credit hours in Category I of the Physician's Recognition Award of the American Medical Association for this medical education activity.

Continuing education credit hours have been approved through the Oklahoma State Board of Licensed Social Workers, Licensed Professional Counselors Committee, and the Oklahoma Board of Examiners of Psychologists.

Participant evaluation forms must be submitted in order to receive continuing education credit and a certificate of attendance.

How to Receive Your Certificate of Attendance

Certificates of attendance will be distributed at the end of the seminar. If you have an emergency and are unable to complete the seminar, you may pick up a certificate before you leave which will reflect the actual hours you were in attendance.

Special Accommodations

Sign interpreters and/or other special accommodations required by disabled participants will be available upon advance request (please allow one week's notice). Please indicate on the registration form the type of special accommodations, if any, you require. Assistive listening devices will be available at the registration desk. To discuss requests, call 405-522-8300.

Date and Location

The seminar will be held March 25, 2005 at the University of Central Oklahoma, Nigh University Center, 2nd and Garland Godfrey Drive, Ballrooms B & C, Edmond, Oklahoma. Park in the gated lot. **Parking is \$2 a day.**

Program Schedule

8:00 - 8:30 Registration
8:30 - 9:45 History of Emergency Psychiatry
9:45 - 10:00 Break
10:00- 11:30 Suicide and Violence Assessment
11:30-12:45 Lunch on your own
12:45 - 2:15 Coercion and Verbal De-escalation
2:15 - 2:30 Break
2:30 - 4:15 Unconscious Precipitants and the Pharmacology of Treating Aggression

Seminar Fees

If Pre-Registering by Mail: Current DMHSAS staff members or DMHSAS retirees are admitted at no charge. A \$50 fee applies to all other participants if they register on or before March 18th.

Late or On-Site Registration: A \$75 fee applies to all paying participants who register after March 19th or pay on-site.

Payment may be made by check or money order only; cash cannot be accepted. No refunds.

Lodging

Participants must make their own lodging reservations. A block of rooms has been set aside for participants until March 10, 2005. Call the hotel listed below and ask for the special group rate for the Oklahoma Department of Mental Health and Substance Abuse Services.

Sleep Inn
3608 S Broadway Extension
Edmond, OK 73013
For reservations please call:
1/405-844-3000

Partnerships

Oklahoma Department of Mental Health and Substance Abuse Services
University of Central Oklahoma

The Institute for Mental Health and
Substance Abuse Education and Training
Oklahoma Department of Mental Health
and Substance Abuse Services

HAYDEN H. DONAHUE SEMINAR SERIES

**Emergency Psychiatry: Managing Suicide, Aggression
and Unconscious Precipitants**

Faculty:

Avrim Fishkind, MD

Location:

University of Central Oklahoma
2nd Street and Garland Drive
Edmond, OK

Registration for March 25, 2005

**Emergency Psychiatry: Managing Suicide, Aggression
and Unconscious Precipitants**

Complete the form below and mail it (with payment, if applicable) to:
Seminar Coordinator
Human Resource Development Division
Institute for Mental Health and Substance Abuse Education and Training
2401 NW 23rd St., Suite 82
Oklahoma City, OK 73107

Name _____

Home Phone

Number _____

Occupation or Job

Title _____

Place of

Employment _____

Address _____

City, State,

Zip _____

Daytime

Phone _____

E-Mail

Address _____

Check All That Apply:

- DMHSAS current employee or retiree, no charge
- Early bird discount by March 18, \$50 enclosed, payable to ODMHSAS
- Paying with purchase order
- Will pay on-site or am registering on or after March 19, \$75
- Require special accommodations as follows:

Continuing Education Credit Requested:

- | | |
|---------------------------------------|--|
| <input type="checkbox"/> Physician | <input type="checkbox"/> LPC/LMFT |
| <input type="checkbox"/> Psychiatrist | <input type="checkbox"/> Physician's Asst. |
| <input type="checkbox"/> Psychologist | <input type="checkbox"/> Pharmacist |
| <input type="checkbox"/> RN or LPN | <input type="checkbox"/> LBP |
| <input type="checkbox"/> LSW | <input type="checkbox"/> CDSVRP |
| <input type="checkbox"/> CADC | <input type="checkbox"/> Other_____ |

Please check in at the registration desk upon your arrival to verify your attendance. You will need to complete an on-site registration form if you have not pre-registered. On-site registration is \$75. Continuing education credit is not provided without verification. At the completion of the seminar, all participants will receive a certificate of attendance from the ODMHSAS Institute for Mental Health and Substance Abuse Education and Training.

For information, call 405-522-8300.
The HRD fax number is 405-522-8320.