

**Oklahoma Department of Mental Health  
and Substance Abuse Services**  
**2005 Children's Behavioral Health Conference**  
*Honoring Families: Helping Children and Youth Succeed*  
**April 27-29, 2005**  
**Southern Hills Marriott**  
**Tulsa, Oklahoma**

**You are invited to the 2005 Children's Behavioral Health Conference** to be held April 27-29, 2005, at the Tulsa Southern Hills Marriott, East 71<sup>st</sup> Street (71<sup>st</sup> and Lewis), Tulsa, Oklahoma. This year's theme is **Honoring Families: Helping Children and Youth Succeed.**

**PLENARY SPEAKERS**

**Insoo Kim Berg** is the co-developer of the Solution-Focused Brief Therapy model that is accepted around the world. She has served as a trainer, consultant, and supervisor to organizations and government programs across North America, Europe, Scandinavia, and Pacific Rim Countries. Many of her nine books and more than 35 papers have been translated into 14 languages.

**Jose S. Szapocznik, Ph.D.** is Director of the Center for Family Studies and Professor of Psychiatry and Behavioral Sciences, Psychology, Educational and Psychological Studies, and Architecture, at the University of Miami. The Center for Family Studies is the premiere training and research facility in the nation, specializing in prevention and treatment of minority adolescent behavior problems. Dr. Szapocznik is a pioneer in the national effort to prevent and treat adolescent drug abuse and other behavior problems among Hispanic youth using a family-oriented approach. His Brief Strategic Family Therapy has received considerable national and international recognition. It is, for example, listed in the National Registry of Effective Prevention Programs. Dr. Szapocznik has over 160 scholarly publications, and he has received national honors and awards. Dr. Szapocznik has been appointed to the National Advisory Councils for the National Institute of Mental Health, the National Institute on Drug Abuse, and the Center for Substance Abuse Prevention.

**John VanDenBerg, Ph.D.** is an internationally recognized authority on systems of care and the wraparound process for children and youth with complex emotional needs and their families. He is a child psychologist who has lectured and trained in all 50 states, in all Canadian Provinces, as well as in other countries. He has worked equally with juvenile justice, schools, child welfare, and children's mental health agencies at the federal, state, and local levels. He has dedicated his professional life to the improvement of services to children and families and is the President of VroonVanDenBerg, LLP, an innovative firm supporting counties, states, and provinces in their reform efforts.

**Donna Weston, Ph.D.** received her Ph.D. in Developmental Psychology at University of California, Berkeley, and completed a two year internship in infant-parent psychotherapy at the Infant Parent Program at the University of California, San Francisco. She is a licensed psychologist specializing in work with infants, toddlers and their families. Dr. Weston is a Graduate Fellow of Zero to Three, the National Center for Infants, Toddlers and Families. Currently, she is a member of the DC:03 Training Task Force for Zero to Three and is a Candidate in the Course in Child Analysis at the Hanna Perkins Center.

**CONFERENCE SPONSORS**

Oklahoma Systems of Care  
Office of Juvenile Affairs  
Oklahoma Commission on Children and Youth  
Department of Rehabilitation Services

## LODGING

Tulsa's Southern Hills Marriott Hotel, 1902 East 71st Street (71<sup>st</sup> and Lewis), is the official conference hotel.

Participants must make their own lodging reservations. A block of rooms has been set aside for participants until April 15, 2005. Call the Marriott reservation desk at 918-493-7000 or toll free at 866-242-5060 and ask for the special group rate for the 2005 Children's Behavioral Health Conference.

Lodging is \$64 per night (plus 13 percent tax) for single occupancy, \$74 per night double occupancy. After April 15, the special conference rate will not be available.

## REGISTRATION AND FEES

Please complete your registration before April 15, 2005. There is a \$50 fee for the Pre-Conference Institute, (April 27) or \$75 if registering late. The cost for April 28 and 29 is \$100 (or \$50 per day) if registration is postmarked on or before April 15. Fees for late or on-site registrations are \$150 for the 2-day conference or \$75 per day. The late fee for attending all three days is \$225. Please indicate on the registration form the days you will attend. Checks and purchase orders should be made payable to ODMHSAS, FEI#73-6017987.

By Mail. Complete the form provided and mail to: ODMHSAS, 2401 NW 23rd Street, Suite 82, Oklahoma City, OK 73107.

By Fax. Faxed registrations are accepted at 405-522-8320.

Cancellation Policy. The registration fee will be returned only if notice of cancellation is provided in writing and postmarked no later than April 15, 2005.

For More Information call the ODMHSAS Human Resource Development office at 405-522-8300 or e-mail [sadunn@odmhsas.org](mailto:sadunn@odmhsas.org).

## CALL FOR EXHIBITORS

Is your organization one you want others to know about? An exhibit at the 2005 Children's Conference will introduce your organization to professionals from Oklahoma and surrounding states. To discuss becoming an exhibitor, call Sarah Dunn at 405-522-8306 or email [sadunn@odmhsas.org](mailto:sadunn@odmhsas.org) to request an exhibitor form or information.

## AGENDA

### Wednesday, April 27, 2005

#### **Pre-Conference Institute**

8:00 – 8:30      **Registration**

8:30 – 4:30\*      **Plenary. Working with Children in the Context of Families.** *Insoo Kim Berg.* This presentation will describe a step-by-step approach to negotiate the desired outcome right from the beginning. The model presented will be based on Solution-Focused Brief Therapy approach developed by de Shazer, Berg, and their colleagues. Strategies and skills needed to immediately tap into the client's abilities, resources and hidden strengths will be described in detail. Lecture, skill building exercises and useful questions that generate solutions will be used to practice useful tools that you can take back to the office and begin using immediately.

8:00 – 8:30      **Registration**

8:30 – 4:30\*      **Plenary. Confluence of PBIS and Wraparound from the School's Perspective: What Do Schools Need to be involved with both Positive Behavioral Interventions and Supports (PBIS) and Wraparound?** *John VanDenBerg, Ph.D. and Sandy Keenan.* This workshop will be led by John VanDenBerg, Ph.D., national expert on wraparound, and Sandy Keenan, Senior Advisor for the Technical Assistance Partnership for Child and Family Mental Health, a national expert on Positive Behavioral Interventions and Supports. It is a day-long interactive forum designed

for educators who are committed to the Values and Principles of Systems of Care and yet have to maintain a high quality of educational services. Educators will receive practical tips on addressing not only educational needs of children with complex needs, but also in dealing more effectively with children who have needs that go beyond the school environment.

8:00 – 8:30 **Registration**

8:30 – 4:30\* **Plenary. DC:0-3 Training.** *Donna Weston, Ph.D.* In this lively and interactive session, participants will learn through case examples, lecture, videotape and discussion. This workshop addresses how and why DC:03 was developed; underlying philosophy and approach; principles of effective mental health and developmental assessment of infants and toddlers; the five axes and the major diagnostic categories in DC: 0-3; and use of decision trees and crosswalks to DSM-IV-TR or ICD 9/10. Suggestions for continuing the learning process, and follow up to this session will be discussed

#### **Thursday, April 28, 2005**

8:00 – 8:30 **Registration and Continental Breakfast (Please sign in each day)**

**Welcome and Opening Remarks.** *Terry Cline, Ph.D.,* Commissioner, Oklahoma Department of Mental Health and Substance Abuse Services.

8:30 – 10:00\* **Plenary Session. Moving a Community from Collaboration to Integration: Ensuring Better Outcome and Use of Taxpayer Funding.** *John VanDen-Berg, Ph.D., and Jane Adams, Ph.D.* Children and youth with complex needs across systems often have multiple and competing plans developed by well meaning professionals who collaborate with each other but whom, at the end of the day, go back to their agencies and schools and make single system decisions. This practice results in a huge waste of taxpayer funding and in poor outcomes for families. This workshop examines the leadership needed to have a truly integrated services process and techniques of ensuring a permanent change in how services are approached.

10:00 – 10:15 **Break**

10:15 – 11:45\* **Plenary Session. When Children and Their Families are Hurting.** *Insoo Kim Berg.*

11:45 – 1:00 **Lunch (provided for pre-registered participants) and Presentation of the Ramana Award.**

1:00 – 2:30 **Concurrent Workshops. Session 1**

1A.\* **Building a Family-Driven System of Care.** *Jane Adams, Ph.D.* Jane has pioneered the very successful family involvement in Kansas, and is a member of the President's New Freedom Commission. She will share the model used by Keys For Networking in Kansas, to nurture family involvement from the first phone call a family makes for help, all the way to the family's involvement in state-level policy making.

1B.\* **Trauma-focused Cognitive Behavioral Therapy with Children Exposed to Family Violence and Their Nonoffending Caregivers.** *Felicia Neubauer, Ph.D.* This workshop is based on a trauma-focused cognitive behavioral approach to therapy with children who have witnessed or have been exposed to family violence. The Specific techniques for children, adolescents, and nonoffending parents/caregivers will be described, including use of role plays for hands-on experience. Therapeutic Interventions for nonoffending parents/caregivers focus on the needs of the children. There will be a brief description of the research describing the effectiveness of the Treatment approach.

1C.\* **The S.E.L.F. Model of Trauma Treatment: Creating Sanctuary for Traumatized Children and Adolescents in Residential Treatment.** *Sandra Bloom, M.D.* The Sanctuary Model® represents a trauma-informed method for creating or changing an organizational culture in order to more effectively provide a cohesive context within which healing from psychological and social traumatic experience can be addressed. In this workshop we will focus on Creating Sanctuary in residential treatment programs for children and adolescents with emotional and behavioral problems, and histories of maltreatment and exposure to family or community violence utilizing a trauma recovery treatment framework called S.E.L.F.

1D.\* **Community Development: From Collaboration to Integration.** *Jim Rast, Ph.D. and John VanDenBerg, Ph.D.* Systems of Care are how communities come together to support the children and families in the community. This presentation will review the literature and personal experience that describes the important aspects of

system development needed to support high fidelity wraparound and good outcomes for children and families. The presentation will unveil a community assessment tool and process and strategies to address common developmental challenges.

1E. **Youth Track.** Youth will have an opportunity to attend a track just for them. Youth are involved in the planning of these activities at this time.

1F. **Family Track.** Family members will have the opportunity to attend a track tailored just for them. Workshops will include Parent Mentoring/Telling Your Own Story, Youth and Family Communication, and How to Handle a Crisis. Families will also have a hospitality suite available to family members during the conference.

2:30 – 2:45 **Break**

2:45 – 4:15 **Concurrent Workshops. Session 2**

2A.\* **Building a Family-Driven System of Care.** *Jane Adams, Ph.D.*

2B.\* **Trauma-focused Cognitive Behavioral Therapy with Children Exposed to Family Violence and Their Nonoffending Caregivers.** *Felicia Neubauer, Ph.D.*

2C.\* **The S.E.L.F. Model of Trauma Treatment: Creating Sanctuary for Traumatized Children and Adolescents in Residential Treatment.** *Sandra Bloom, M.D.*

2D.\* **Community Development: From Collaboration to Integration.** *Jim Rast, Ph.D. and John VanDenBerg, Ph.D.*

2E. **Youth Track**

2F. **Family Track**

### **Friday, April 29, 2005**

8:00 – 8:30 **Registration (Please sign in each day.)**

**Welcome and Introductions.** *Rand Baker, Deputy Commissioner for Mental Health Services, ODMHSAS.*

8:30 – 9:45\* **Plenary Session: Brief Strategic Family Therapy in the Treatment of Adolescent Problem Behaviors.** *Jose Szapocznik, Ph.D.* Some adolescents develop multiple problem behaviors like conflict with parents, school failure, delinquency and drug use. Parents can become the front line of treatment for these adolescents. Working with the family has proven to be the most effective approach in treating these youth.

9:45 - 10:00 **Break**

10:00 – 11:30 **Concurrent Workshops. Session 3**

3A.\* **Implementing Evidence-Based Practice in Public Sector Service Settings.** *Mark Chaffin, Ph.D.* This 3-hour workshop is intended for policy makers, administrators, clinical supervisors, program directors and others interested in the transportability and implementation of evidence-based treatments and protocols within large public agency service programs. The presentation will review the development and practice culture of evidence-based treatments, then discuss aspects of model implementation including model selection, training and technical assistance, organizational culture and climate factors, individual provider factors, larger service system factors, financial factors and how to promote a change in practice culture from traditional to evidence-based frameworks.

3B. **Deafness and the Family: Issues and Applications Relevant to the Impact of Deafness and Hearing Loss on Families in Therapy.** *Patrick Hinson, MS, Ed.S., LMFT.* This presentation will begin by addressing the different aspects of deafness and hearing loss in families. It will address the perceptions of deafness and hearing loss from both

sides of the condition and will cover appropriate use of interpreters in family therapy and appropriate techniques for therapists to develop therapeutic alliances with the whole family system. Special emphasis will be placed on the types of disorders often found in families with one or more deaf members who do develop problems relevant for entering therapy, from out-patient family therapy issues to formal psychiatric disorders. We will work to develop a knowledge base for beginning work with families with one or more deaf members entering treatment, whether the deaf family member is the identified patient or a member of the supporting family. Using a Structural Family Therapy framework, the overarching goal will be to facilitate a sense of comfort and competence in the therapeutic role of exploring and addressing the identified problems that such unique families bring to therapy from a strength-based perspective.

3C.\* **Parent-Child Interaction Therapy: Evidenced-Based Intervention for Young Children with Challenging Behaviors.** *Robin Gurwitch, Ph.D.* Parent-Child Interaction Therapy (PCIT) is an evidenced-based intervention for young children with challenging behaviors. PCIT was one of three intervention protocols identified in the recent *Kauffman Best Practices Project Final Report*. This workshop will provide participants with an overview of PCIT. PCIT is used with children with disruptive behaviors; this workshop will also discuss new applications with children considered at risk (e.g., children who have been prenatally exposed to alcohol or other drugs, children with a history of physical abuse).

3D. **START: An Overview of a Trauma-Informed Curriculum.** *Joseph Benamati, MSW*

3E.\* **Parenting is Prevention.** *Karol L. Kumpfer, Ph.D. and Henry O. Whiteside, Ph.D.* This workshop will familiarize participants with the scope of the behavioral health problem in adults and youth, the costs to society, damaging effects, the multiple causes of drug abuse that must be address by parenting and family prevention programs, and characteristics of highly vulnerable youth compared to resilient youth. Family prevention programs are designed to reduce risk factors and to increase resistance to behavioral health issues and resilience in general. Family risk and protective factors will be covered as well as the biological and genetic risk factors of children of alcohol and drug abusers.

3F. **Youth Track.**

3G. **Family Track.**

3H.\* **Brief Strategic Family Therapy – How it works.** *Jose Szapocznik, Ph.D.* Videotaped family therapy sessions will be used to illustrate how Brief Strategic Family Therapy works with families of different racial/ethnic backgrounds (Hispanic, African American and Caucasian). Videotapes will be used to illustrate strategies for involving family members, diagnostic approach, and change producing interventions.

3I.\* **The Human Services Supervisor as an Active Teacher of Staff: Advanced Issues.** *John VanDenBerg, Ph.D.* This institute is for supervisors only. It is advanced, interactive and fast-paced. Supervisors will learn advanced supervisory techniques for promoting a skilled and competent staff. Supervisors will be given hands-on instruction on motivating staff, monitoring staff performance and techniques for increasing skills of staff in a way that builds on their strengths.

11:30 – 1:00 **Lunch on your own.**

1:00 – 2:30 **Concurrent Workshops. Session 4**

4A.\* **Evidence-Based Practice in Public Sector Service Settings. Part II.** *Mark Chaffin. Ph.D.*

4B. **Deafness and the Family: Issues and Applications Relevant to the Impact of Deafness and Hearing Loss on Families in Therapy.** *Patrick Hinson, MS, Ed.S, LMFT*

4C.\* **Parent-Child Interaction Therapy: Evidenced-based Intervention for Young Children with Challenging Behaviors. Part. II.** *Robin Gurwitch, Ph.D.*

4D. **START: An Overview of a Trauma-Informed Curriculum. Part II.** *Joseph Benamati, MSW*

4E.\* **Parenting is Prevention.** *Karol L. Kumpfer, Ph.D. and Henry O. Whiteside, Ph.D.*

4F. **Youth Track.**

4G. **Family Track.**

4H\*. **Brief Strategic Family Therapy – How it works.** Part. II. *Jose Szapocznik, Ph.D.*

4.I\* **The Human Services Supervisor as an Active Teacher of Staff: Advanced Issues.** *John VanDenBerg, Ph.D.*

2:30 – 3:30 **Plenary Session.**

**\*Eligible for Continuing Medical Education Credits**

## **CONTINUING EDUCATION**

The Oklahoma Department of Mental Health and Substance Abuse Services, Institute for Mental Health and Substance Abuse Education and Training, is accredited by the Oklahoma State Medical Association (OSMA) Council of Medical Education to sponsor continuing medical education for physicians. The Institute has applied for credit in Category 1 of the Physician's Recognition Award of the American Medical Association for this medical education activity. The Institute has also applied for Continuing Education credit for social workers, alcohol and drug counselors, certified prevention specialists, psychologists, licensed professional counselors, licensed marital and family therapists, and licensed behavioral practitioners attending the 2005 Children's Conference.

## **SCHOLARSHIPS**

The conference sponsors will offer a limited number of scholarships to professionals, consumers, family members, and students. Professionals must provide at least two hours of work assistance to the conference staff before or during the conference to be eligible for the scholarship. For more details about scholarships, call Darlene Brickly at 405-522-4151.

## **SPECIAL ACCOMODATIONS**

Sign language interpreters or assistive listening devices will be made available if needed for hearing impaired participants. These or other requests for special accommodations should be indicated on the registration form. Conference organizers will contact you for specifics. Please register early if special accommodations are needed.

**Registration for April 27-29, 2005**

**2005 Children's Behavioral Health Conference**  
***Honoring Families: Helping Children and Youth Succeed***

*Print out and complete the form below and mail it to:*  
Seminar Coordinator, Human Resource Development Division  
Institute for Mental Health and Substance Abuse Education and Training  
2401 NW. 23rd Street, Suite 82  
Oklahoma City, OK 73107

**By Fax.** Faxed registrations are accepted at 405-522-8320. There is no charge for Oklahoma Department of Mental Health and Substance Abuse Services employees and retirees.

**All** registrations received after April 15 will be charged the late fee. Checks and purchase orders should be made payable to ODMHSAS, FEI#73-6017987.

Name \_\_\_\_\_

Unique Number or home phone # \_\_\_\_\_

Occupation or Job Title \_\_\_\_\_

Place of Employment \_\_\_\_\_

Address \_\_\_\_\_

City, State, ZIP \_\_\_\_\_

Daytime Phone \_\_\_\_\_

E-Mail Address \_\_\_\_\_

**CHECK ALL THAT APPLY:**

**On or before April 15 Late or On-Site**

I will attend	April 27 Pre-Conference Institute	\$50	\$75
	___ Plenary: <i>Insoo Berg</i>		
	___ Plenary: <i>John Vandenberg</i>		
	___ Plenary: <i>Donna Weston</i>		

\_\_\_ April 28 Conference \$50 \$75

\_\_\_ April 29 Conference \$50 \$75

Registration Total Due: \$\_\_\_\_\_ \$\_\_\_\_\_

***Please Circle Your Workshop Preferences:***

This is very important as workshop capacity and seating is limited and enrollment will be on a first-come, first-served basis.

**April 28 and 29**

- |     |     |     |     |     |     |     |     |     |
|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| 1-A | 1-B | 1-C | 1-D | 1-E | 1-F |     |     |     |
| 2-A | 2-B | 2-C | 2-D | 2-E | 2-F |     |     |     |
| 3-A | 3-B | 3-C | 3-D | 3-E | 3-F | 3-G | 3-H | 3-I |
| 4-A | 4-B | 4-C | 4-D | 4-E | 4-F | 4-G | 4-H | 4-I |

***Continuing Education Credit Requested:***

- |                  |                                   |           |
|------------------|-----------------------------------|-----------|
| ___ CME          | ___ LPC/LMFT                      | ___ CLEET |
| ___ LBP          | ___ Case Management Certification |           |
| ___ Psychologist | ___ CADC                          |           |
| ___ LSW          | ___ Other: _____                  |           |

Please check in at the registration desk upon your arrival to verify your attendance. You will need to complete an on-site registration form if you have not pre-registered. On-site registration is \$75 per day or \$225 for the full conference. Continuing education credit is not provided without verification. At the completion of the conference, all participants will receive a certificate of attendance from the DMHSAS Institute for Mental Health and Substance Abuse Education and Training. For more information, call Human Resource Development at 405-522-8300.