

Friday, August 12, 2005

SCHIZOPHRENIA: Innovations in Diagnosis and Treatment

Program Purpose

In this full-day workshop, Dr. Ross and Melissa Caldwell will explain the Trauma Model and how it applies to schizophrenia. In his book, *Schizophrenia: Innovations in Diagnosis and Treatment*, Dr. Ross has defined a dissociative subtype of schizophrenia caused by childhood trauma and treatable with psychotherapy. According to his theory, dissociative schizophrenia affects 25%-40% of people currently in treatment for schizophrenia. Dr. Ross will discuss genes versus environment in schizophrenia and limitations of antipsychotic medication. Most of the day will be spent on principles and techniques of psychotherapy. These will be illustrated through case examples and role plays.

Learning Objectives

Upon completion of the program, the participant shall be able to:

1. Describe the basic logic and scientific structure of the Trauma Model.
2. Explain the dissociative subtype of schizophrenia, as described in Dr. Ross' book, *Schizophrenia: Innovations In Diagnosis and Treatment*.
3. Restate the core principles of Trauma Model Therapy.
4. Understand the Spectrum of Emotions and its application to therapy.
5. Demonstrate specific techniques and strategies of therapy through role plays and case examples.
6. Identify a forum for case discussion and consultation.

Faculty

Colin Ross, M.D. is an internationally renowned clinician, researcher, author and lecturer in the field of traumatic stress and trauma related disorders. He is the founder and President of the Colin A. Ross Institute for Psychological Trauma.

Dr. Ross is the Executive Medical Director of three trauma programs located at Timberlawn Mental Health System in Dallas, Texas, Forest View Hospital in Grand Rapids, Michigan and Del Amo Hospital in Torrance, California. Dr. Ross provides treatment for patients with trauma related disorders and symptoms. This would include treatment for: Post Traumatic Stress Disorder (PTSD), Borderline Personality Disorder, Addictive Disorders, Anxiety Disorders, Depression, and Obsessive Compulsive Disorder. The symptoms treated and the admission criteria are: suicidal ideation, homicidal ideation, self-destructive and addictive behaviors, and inability to function.

He has written extensively on the subject of dissociation and trauma. His latest books include *The Trauma Model: A Solution to the Problem of Comorbidity in Psychiatry*. This book is the first of its kind to explain treatment and clinical implications for the comorbid client. *Schizophrenia: An Innovative Approach to Diagnosis and Treatment* presents a new theory of the existence of a dissociative subtype of schizophrenia. Traditionally, schizophrenia is considered manageable only by a lifetime of psychotropic drugs. This book offers an alternative free of chemicals to improve quality of life for patients with schizophrenia whose symptoms may be trauma-based.

Dr. Ross has authored over 100 professional papers and books. He has reviewed for numerous professional journals, and is a member of the American Psychiatric Association and the International Society for the Study of Traumatic Stress. In addition, he has served as expert witness in over 50 court cases, consulted on several television, movie and video productions on trauma related disorders, and produced an educational video for mental health professionals on the treatment of trauma based disorders.

Melissa K. Caldwell, M.S., L.P.C., A.T.R., is the Executive Director at The Ross Institute for Psychological Trauma. Ms. Caldwell clinically manages three programs directed by Colin Ross, which are located in Michigan, Texas, and California. In addition to her administrative role, she also continues her clinical work as the unit Art Therapist and provides Training and Workshops for Treating Trauma. Ms. Caldwell has 10 years experience treating trauma survivors and has worked extensively under the direction of Colin Ross for the past seven years. She completed her graduate work at Emporia State University and holds an M.S. in Art Therapy as well as an M.S. in Clinical Psychology.

Ms. Caldwell has worked with a variety of clients and her experience includes: treating all trauma related disorders including dissociative disorders, PTSD, and borderline personality.

Continuing Education Credits

The Oklahoma Department of Mental Health and Substance Abuse Services, Institute for Mental Health and Substance Abuse Education and Training, is accredited by the Oklahoma State Medical Association (OSMA) Council of Medical Education to sponsor continuing medical education for physicians. The Institute has approved 6 credit hours in Category 1 of the Physician's Recognition Award of the American Medical Association for this medical education activity.

The American Medical Association requires that presenters sign a disclosure statement disclosing any affiliations that may have a direct interest or financial involvement in the educational activity provided by the Oklahoma Institute of Mental Health and Substance Abuse Education and Training. This presenter has signed such statement and has no financial relationships or affiliations to disclose.

The Institute has applied for 6 credit hours for social workers, certified alcohol and drug counselors, certified prevention specialists, psychologists, licensed professional counselors, licensed marital and family therapists, and licensed behavioral practitioners attending this seminar. Please indicate on the registration form the type of CEU credit required.

How to Receive Your Certificate of Attendance

Certificates of attendance will be distributed at the end of the seminar. If you have an emergency and are unable to complete the seminar, you may pick up a certificate before you leave which will reflect the actual hours you were in attendance. Participant evaluation forms must be submitted in order to receive continuing education credit and a certificate of attendance. There will be a \$5 charge for all reissued certificates.

Seminar Fees

If Pre-Registering by Mail: Current DMHSAS staff members or DMHSAS retirees are admitted for no charge. A \$65 fee applies to all other participants if they register on or before August 5.

An \$85 fee applies to all paying participants who register or pay on-site and to all registrations after August 5.

Payment may be made by check or money order only; cash cannot be accepted. No refunds or transfers on this workshop as seating is limited.

Program Schedule

8:00 - 8:30 Registration
8:30 - 10:00 Dr. Ross
The Trauma Model
A Dissociative Subtype of Schizophrenia
The Problem of Attachment to the Perpetrator, The Locus of Control Shift
10:00 - 10:15 Break
10:15 - 11:45 Melissa Caldwell
The Spectrum of Emotions
11:45 - 1:00 Lunch on your own
1:00 - 2:15 Dr. Ross and Melissa Caldwell
Role Plays of Therapy Sessions for Psychotic Symptoms
2:15 - 2:30 Break
2:30 - 4:00 Dr. Ross and Melissa Caldwell
Case Examples
Case Consultation and Discussion

Date and Location

The seminar will be held on August 12, 2005 at the University of Central Oklahoma, 100 N. University Drive, Edmond, OK. From Interstate 35, take the 2nd Street exit in Edmond (Exit 141) and travel west to the University campus.

Lodging

Participants must make their own lodging reservations. A block of rooms has been set aside for participants until August 5, 2005. Call the hotel listed below and ask for the special group rate for the Oklahoma Department of Mental Health and Substance Abuse Services.

Sleep Inn
3608 S Broadway Extension
Edmond, OK 73013
For reservations please call:
1/405-844-3000

Complete the form below and mail it (with payment, if applicable) to:

Seminar Coordinator

Human Resource Development Division

Institute for Mental Health and Substance Abuse Education

and Training

2401 NW 23rd St., Suite 82

Oklahoma City, OK 73107

HAYDEN H. DONAHUE SEMINAR SERIES

Friday, August 12, 2005

- Psychologist Pharmacist
- RN or LPN LBP
- LSW Student
- CADC Other_____

Registration for August 12, 2005

SCHIZOPHRENIA: Innovations In Diagnosis and Treatment

Name _____

Unique Number _____

Occupation or Job Title _____

Place of Employment _____

Address _____

City, State, Zip _____

Daytime Phone _____

E-Mail Address _____

Please check in at the registration desk upon your arrival to verify your attendance. You will need to complete an on-site registration form if you have not pre-registered. On-site registration is \$85. No refunds. Continuing education credit is not provided without verification. At the completion of the seminar, all participants will receive a certificate of attendance from the DMHSAS Institute for Mental Health and Substance Abuse Education and Training.

For information, call 405-522-8300.
The HRD fax number is 405-522-8320.

Check All That Apply:

- DMHSAS current employee or retiree, no charge
- Early bird discount by August 5, \$65 enclosed, payable to ODMHSAS
- Paying with purchase order
- Check or money order for \$85 enclosed, payable to ODMHSAS (August 6 and after)
- Require special accommodations as follows:

Sign interpreters and/or other special accommodations required by participants will be available upon advance request (please allow one week's notice). Please indicate on the registration form the type of special accommodations you require. To discuss requests, call 405-522-8300.

Continuing Education Credit Requested:

- Physician LPC/LMFT
- CDSVRP Physician's Asst.