

# 2004 National Zarrow Mental Health Symposium A Place To Call Home

September 29, 30 and October 1, 2004

Southern Hills Marriott, Tulsa, Oklahoma

Explaing inn water-approaches to beassne for people with mental illness

This conference is sponsored by the Mental Health Association in Tulsa with conference planning and leadership provided by:

Habitat for Humanity International • National Alliance for the Mentally III • National Association of Housing and Redevelopment Officials

National Mental Health Association • Oklahoma Department of Mental Health and Substance Abuse Services

U.S. Department of Housing and Urban Development • Volunteers of America

# THE MENTAL HEALTH ASSOCIATION IN TULSA

The Mental Health Association in Tulsa (Association) is dedicated to promoting mental health, preventing mental disorders and achieving victory over mental illness through advocacy, education, research, service and housing. The Association offers a continuum of housing options ranging from a Safe Haven to independent living for people with mental illness. The Association's housing continuum was awarded 1st place in the *Home Sweet Home* category of the 2003 Eli Lilly Reintegration Awards. Created in 1953, the Association is a voluntary, community nonprofit [501 (c) (3)] organization and affiliated with the National Mental Health Association.

# ABOUT THE ZARROW MENTAL HEALTH SYMPOSIUM

The Zarrow Mental Health Symposium is an annual conference designed to provide state-of-the-art research and practical information about current issues related to mental health and mental illness. In recognition of the Zarrow Mental Health Symposium celebrating its 10th year, the conference will be national in scope and will address the critical issues of housing and community supports for people with mental illness. The Mental Health Association in Tulsa has been a long-standing advocate and developer of housing for people with mental illness, and the Association is proud to be hosting a national conference focusing on a wide variety of housing and support service models for people with mental illness.

#### **PURPOSE**

The purpose of the 2004 National Zarrow Mental Health Symposium is to convene a diverse group of community leaders to contribute to the elimination of homelessness and substandard housing for people with mental illness by learning about and discussing innovative approaches to safe, decent and affordable housing in the community, and best practice models of support services needed to maintain successful housing. Ideally, this event will commence a national movement and partnership between mental health advocates and providers, housing developers and planners, and consumers and family members to expand housing and support service options for people with mental illness.

# **SPONSORS**

The Mental Health Association in Tulsa is grateful for the support of the following sponsors:

- Anne and Henry Zarrow Foundation
- Associated Centers for Therapy
- Bama Foods, Limited Partnership
- Bank of Oklahoma
- Bank One
- Broadhurst Foundation
- Brooks Harvard Medical Center
- Chris Smith
- Dr. Jeff and Judy Alexander/Skin Care Institute
- Fair Isaac
- Family and Children's Services
- Fannie Mae
- Herman Kaiser Foundation
- Hille Foundation
- Home Builders Association of Greater Tulsa
- Jody Parker
- Laureate Psychiatric Clinic and Hospital

- Lobeck-Taylor Foundation
- Maxine and Jack Zarrow Family Foundation
- May's Drug/Drug Warehouse
- Med-X
- Midfirst Bank
- Mollie Williford
- National Housing Endowment
- Oklahoma Department of Commerce
- Oklahoma State University/Tulsa
- Phyllis and George Dotson
- Saint Francis Health System
- Toni's Flowers and Gifts
- Tulsa Community Foundation
- Tulsa Housing Authority
- University of Oklahoma/Tulsa
- Valeo Community Residence Program

# CONTINUING EDUCATION CREDIT

A total of 13.25 continuing education credit hours have been applied for through the Oklahoma State Board of Licensed Social Workers (LSW), the Licensed Professional Counselors Committee (LPC, LMFT), the Licensed Behavioral Practitioners (LBP), the Oklahoma Board of Examiners of Psychologists, law enforcement personnel (CLEET), and Oklahoma Drug and Alcohol Professional Counselors Association (CADC).

#### **LEARNING OBJECTIVES**

Upon completion of this conference, participants will be able to:

- Describe innovative housing and support service programs for people with mental illness.
- Identify community partners and resources to expand housing and support service options for people with mental illness in the community.
- Discuss the obstacles and ways to overcome the obstacles of assisting people with mental illness to obtain and maintain housing.
- List aspects of housing and support service programs that address faith, co-occurring disorders, and/or cultural competence.

# **TRAVEL**

Attendees can secure a room at the Southern Hills Marriott at 1902 East 71st Street, Tulsa OK for \$55.00 per night plus tax. To reserve a room, visit www.marriotthotels.com/tulse and click on *Reserve a Room*. After securing your travel dates, scroll to the bottom of the page and enter MTLMTLA in the Group Code box for the conference rate. You may also call 918-493-7000 and use Group Code *Zarrow Housing*. Registration deadline to receive the special conference rate is September 1, 2004. The Marriott offers complimentary shuttle service to and from Tulsa International Airport. Spears Travel is the official travel agent for the 2004 National Zarrow Mental Health Symposium. Conference attendees may use Spears Travel to reserve airline tickets, rental cars and hotel rooms at the Southern Hills Marriott. To speak with a Spears Travel agent, please call 918-254-1608 or 800-688-8033. Tell the agent that you are calling for the 2004 Zarrow Mental Health Symposium.







# **AGENDA**

# Wednesday, September 29, 2004

# 10:00am – 11:00am: *Mental Health Partnership* Habitat Home Dedication

The Mental Health Association in Tulsa, Tulsa Habitat for Humanity, and NAMI-Tulsa will dedicate the *Mental Health Partnership* home to an individual and/or family that has experienced mental illness.

#### Michael W. Brose, MSW

Executive Director, Mental Health Association in Tulsa Tulsa, OK

#### Millard and Linda Fuller

Co-Founders, Habitat for Humanity International Americus, GA

#### **Gary Casteel**

Executive Director, Tulsa Habitat for Humanity Tulsa, OK

12:00pm – 1:30pm: Lunch and Plenary Advocates' Roles in Expanding Affordable Housing and Support Service Options

#### Ann O'Hara

Co-Founder, Technical Assistance Collaborative (TAC), and Director, TAC's Housing Center Boston, MA

#### Carla Javits

President and CEO, Corporation for Supportive Housing Oakland, CA

#### Mark Ragins, M.D.

Medical Director, Village Integrated Service Agency Long Beach, CA

1:45pm - 3:15pm: Breakout Sessions\*

3:30pm - 5:00pm: Breakout Sessions\*

#### 7:00pm: Zarrow Recognition Dinner

Millard and Linda Fuller, co-founders of Habitat for Humanity International, and Tulsa Habitat for Humanity will be recognized for their incredible work through their organizations to increase homeownership for people with mental illness. During this event, the Fullers will share their experiences as co-founders of Habitat for Humanity including the *Mental Health Partnership* initiative during a keynote presentation. The evening will also include the viewing of the Habitat for Humanity *Mental Health Partnership* video, which features the *Partnership* home build in Indianapolis, Indiana.

# Thursday, September 30, 2004

8:30am – 10:00am: Breakfast and Plenary
Funding Opportunities to Achieve Housing Goals

#### A. Cynthia Leon

Regional Director, U.S. Department of Housing and Urban Development Region VI Fort Worth, TX

#### Carol Peterson

Senior Vice President of Housing and Community Investment, Federal Home Loan Bank

Cincinnati, OH

#### Jeanne Gillert

Grants Manager, Anne and Henry Zarrow Foundation, Maxine and Jack Zarrow Family Foundation, and Zarrow Families Foundation
Tulsa, OK

10:15am - 11:45am: Breakout Sessions\*

12:00pm – 1:30pm: Lunch and Plenary Acknowledging Faith in Housing and Support Service Options

#### Wheeler R. Winstead, MBA

Founder and President, MTEC, L.L.C. Washington, DC Mary Nelson, Ph.D. President and CEO, Bethel New Life Chicago, IL

1:45pm – 3:15pm: Breakout Sessions\*

3:30pm – 5:00pm: Breakout Sessions\*

#### 5:00pm – 7:00pm: Evening Networking Session

The evening networking session will provide an opportunity for conference attendees to congregate, mingle and become acquainted with each other at the hotel. Heavy hors-d'oeuvres and a cash bar will be available.

# Friday, October 1, 2004

8:30am – 9:45am: Breakfast and Plenary *Urban and Rural Housing: Revealing Obstacles and Lessons Learned* 

#### Anthony Zipple, Sc.D., MBA

Chief Executive Officer, Thresholds

Chicago, IL

#### John Tote

Executive Director, Mental Health Association in North Carolina Raleigh, NC

#### 10:00am - 11:30am: Community Planning Session

During this hour and a half session, attendees will break up into small groups and work with experienced facilitators to discuss how to expand housing and support service options in their communities.

#### 11:45am – 12:15pm: Closing Remarks

#### Michael W. Brose, MSW

Executive Director, Mental Health Association in Tulsa Tulsa, OK

\*For more information about the Breakout Session tracks, please visit www.mhat.org.

# **REGISTRATION**

Title ☐ Mr. ☐ Ms. ☐ Mrs. ☐ Di				
First Name			☐ I would like to attend the <i>Mental Health Partnership</i> home dedication on Wednesday, September 29, 2004.	
Last Name Credentials				
Position				
Organization		*To qualify for the student rate you must submit a photocopy of your current student identification. If you are a college or graduate student, submit proof of enrollment in at least nine		
Street Address			credit hours during the fall semester.	
City/State/Zip		Payment: Please note, to qualify for the early bird registration rate, payment must be received on or before		
Phone Fax				
Email			July 31, 2004. If paying by purchase order (PO), you must mail or fax a copy of the PO along with the names of the attendees.	
Unique ID (Home Phone Number)			- Payment Type:	
Continuing Education Credit: Psychologist LS	W □LPC/LMFT		Name on card	
, , , –	CLEET 0ther		_ Card Number Expiration	
Please indicate the breakout session track(s) you are most interested in attending. (Note: You are not required to only attend breakout sessions in the track(s) that you choose.)			Special Needs:  Vegetarian Meals Assistance for the hearing impaired Wheelchair Access Other	
☐ Planning and Development ☐ Model Housing Options ☐ Funding Opportunities ☐ Community Services and Supports ☐ Coalition Building and Consensus Reaching ☐ Clinical Wraparound Services				
CONFERENCE PRICING:  Early Bird Regular On or before 7/31/04  After 7/31/04		-	Cancellations/Refunds:	
Full Conference (Includes Zarrow Recognition Dinner)	□ \$225	□ \$300	Requests for refunds or credit for cancelled registrations must be submitted in writing no later th	
Wednesday Only (Does not include Zarrow Recognition Dinner)	□ \$100	☐ \$125	September 10, 2004.  Mail this completed form to the Mental Health Association in Tulsa, 1870 South Boulder, Tulsa, 0 74119 or fax it to <b>918-585-1263</b>	
Thursday Only	<b>\$100</b>	□ \$125		
Friday Only	□ \$100	□ \$125		
Student* Full Conference (Includes Zarrow Recognition Dinner)		☐ \$125	/ #113 OI IGA IL LO 910-900-1200	
Student* Wednesday Only (Does not include Zarrow Recognition Dinner) \$80 \square \$80			ADDITIONAL INFORMATION	
Student* Thursday Only	□ \$80	□ \$80	ADDITIONAL INFORMATION	
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Zarrow Recognition Dinner	□ \$50	□ \$50	www.mhat.org, email zarrowinfo@mhat.org or call 918-382-2418.	

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# 2004 National Zarrow Mental Health Symposium September 29 – October 1, 2004 Tulsa, Oklahoma

# **Full Conference Agenda**

# Wednesday, September 29, 2004

# 10:00am – 11:00am: Mental Health Partnership Habitat Home Dedication

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# Michael W. Brose, MSW

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#### Millard and Linda Fuller

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Americus, GA

#### **Gary Casteel**

Executive Director, Tulsa Habitat for Humanity Tulsa, OK

#### 12:00pm – 1:30pm: Lunch and Plenary

#### Advocates' Roles in Expanding Affordable Housing and Support Service Options

In the first part of this plenary, Ann O'Hara will discuss various community-based affordable housing options for people with mental illness and the importance of mental health advocates getting actively involved in expanding affordable community-based housing options. The second part of the plenary, Carla Javits will discuss the work of the Corporation for Supportive Housing, particularly as it relates to expanding supportive housing options for people with mental illness. Finally, Dr. Mark Ragins will conclude the plenary by discussing the importance of adequate and appropriate support service options to help people with mental illness maintain their homes in the community.

#### Ann O'Hara

Co-Founder, Technical Assistance Collaborative (TAC), and Director, TAC's Housing Center Boston, MA

#### **Carla Javits**

President and CEO, Corporation for Supportive Housing Oakland, CA

# Mark Ragins, M.D.

Medical Director, Village Integrated Service Agency Long Beach, CA

#### 1:45pm – 3:15pm: Breakout Sessions

#### **Breakout Session 101 (Financial Development Track)**

# Exploring Fannie Mae's Housing Programs for People with Mental Illness

Fannie Mae is committed to increasing the dream of homeownership for people with mental illness. This workshop will address America's toughest housing problems and how Fannie Mae is working to increase homeownership options for people with mental illness.

#### **Lorrie Davis**

Senior Deputy Director, Fannie Mae Oklahoma City, OK

# **Breakout Session 102 (Community Services and Supports Track)**

# Helping the Homeless through Outreach, Engagement and Support Services

In 1993, the Center for Mental Health Services established ACCESS (Access to Community Care and Effective Services and Supports) programs throughout the country to assist people experiencing homelessness and who have mental illnesses and/or chemical addictions to access services and reintegrate into the community. Representatives of Valeo Behavioral Health Care will discuss the ACCESS project in Topeka and the supportive housing resources they have been able to create, including permanent supportive housing, transitional housing, and Shelter Plus Care programs for people with mental illness and co-occurring substance use disorders.

# **Doug Wallace**

Housing Resource Specialist, Valeo Behavioral Health Care Topeka, KS

#### **Ann Parrett Anderson**

Assertive Outreach Specialist, Valeo Behavioral Health Care Topeka, KS

#### Karla Biber

Assertive Outreach Specialist, Valeo Behavioral Health Care Topeka, KS

#### **Breakout Session 103 (Clinical Wraparound Services Track)**

# Walking the Talk: Putting recovery philosophy into practice

This interactive workshop will engage participants in the challenging process of applying recovery principles and values in a simulated team setting. Through the use of vignettes (case descriptions), participants will be called upon to formulate engagement strategies, goal plans and identify the barriers to recovery that are sometimes imposed by service providers.

#### Mark Ragins, M.D.

Medical Director, Village Integrated Service Agency Long Beach, CA

#### **Breakout Session 104 (Coalition Building and Consensus Reaching Track)**

# The U.S. Interagency Council on Homelessness: Making the connections that matter

The U.S. Interagency Council on Homelessness' mission is to develop and implement a comprehensive national approach to end homelessness in the United States through interagency, intergovernmental, and intercommunity collaborations. The Council, which consists of 20 federal agencies, is part of the Domestic Policy Council of the White House. To facilitate the Council's mission at the local and regional level, ten regional homeless coordinators promote the development of state, city and county plans to end homelessness. This workshop will

explore the politics of plan development, anticipated results, resources for implementation, and successful strategies for ending homelessness through community action.

# Sally Shipman

Homeless Services Coordinator Region VI, Interagency Council on Homelessness Houston, TX

#### **Breakout Session 105 (Planning and Development Track)**

#### Successful Strategies for Accessing the Affordable Housing System

Accessing resources from the affordable housing system is an enormous challenge for consumers, families and providers to adults with mental illness. This workshop will provide an in-depth analysis of affordable housing resources for low-income individuals with mental illness and will focus on strategies for directing these resources (including rent subsidies) to people with mental illness at the federal, state and local level in order to better plan and develop housing options.

#### Ann O'Hara

Co-Founder, Technical Assistance Collaborative (TAC), and Director, TAC's Housing Center Boston, MA

# **Andrew Sperling**

Director of Legislative Advocacy, NAMI Arlington, VA

# **Breakout Session 106 (Model Housing Options Track)**

# Supportive Housing for People with Mental Illness

The Corporation for Supportive Housing (CSH) is dedicated to helping communities create permanent housing and support services to prevent and end homelessness. In this workshop, attendees will learn about the mission and values of CSH, about the importance of supportive housing as an option for people with mental illness, and how CSH has been successful in committing nearly \$82 million in loans and grants to more than 400 providers to create 13,000 units of supportive housing with the plan to create an additional 150,000 units over the next decade.

#### **Carla Javits**

President and CEO, Corporation of Supportive Housing Oakland, CA

3:30pm – 5:00pm: Breakout Sessions

# **Breakout Session 201 (Financial Development Track)**

#### Using Capital Campaigns as a Fundraising Model

In 2002, the Mental Health Association in Tulsa held a capital campaign as a vehicle to raise funds for specialized housing and housing needs for people with mental illness in Tulsa, Oklahoma. This presentation will address how the Mental Health Association in Tulsa was able to raise \$5.25 million using this fundraising approach and the lessons they learned from this experience.

# Michael W. Brose, MSW

Executive Director, Mental Health Association in Tulsa

Tulsa, OK

#### **Gail Richards**

Community Advocate/Mental Health Association in Tulsa Volunteer Tulsa, OK

#### Lynn J. Sossamon, CFRE

Consultant, Atwater & Associates Owasso, OK

# **Breakout Session 202 (Community Service and Supports Track)**

#### The Life Link: Eliminating homelessness and substandard housing for people with mental illness

The Life Link is a program in Santa Fe, New Mexico that serves people who are homeless and have mental illness and co-occurring substance use disorder. This workshop will address how The Life Link has used the Community Reinforcement Approach in conjunction with motivational interviewing, medication and psychosocial rehabilitation in order to reach, engage and successfully treat this difficult-to-serve population.

#### Carol Luna-Anderson

Executive Director, The Life Link Santa Fe, NM **Raymond Anderson** Co-Director of Training, The Life Link Santa Fe, NM

#### **Breakout Session 203 (Clinical Wraparound Services Track)**

# A Sign of the Economic Times: The effect of lack of insurance on health and mental health

Intensive research over the past tens years has demonstrated that lack of health insurance is a significant risk factor for poor health. Many providers know how difficult it can be to adequately serve people with mental illness who are uninsured. This workshop will discuss specific high-risk populations, including people with mental illness and co-occurring disorders, as well as successful community-based efforts to extend cost effective health care to the uninsured.

#### Gerard Clancy, M.D.

Dean, University of Oklahoma College of Medicine Tulsa, OK

# **Breakout Session 204 (Coalition Building and Consensus Reaching Track)**

# Establishing Community Ties

NAMI-Delaware has been developing a continuum of permanent, affordable housing options since 1987 for people with mental illness. The continuum includes three and four bedroom scattered site neighborhood homes, one and two bedroom apartment units, and several 24-hour supervised group homes. This workshop will address NAMI-Delaware's housing continuum and how they have been able to develop relationships with the Wilmington Housing Authority, the Delaware Housing Authority, building contractors, the banking industry, the Delaware government, the disability community and others in order to achieve success.

# Rita Marocco

Executive Director, NAMI-Delaware Wilmington, DE

# **Breakout Session 205 (Planning and Development Track)**

#### **Creating Homes Initiative**

The Creating Homes Initiative (CHI) is a bold response by the Tennessee Department of Mental Health and Developmental Disabilities to address the overwhelming need for safe, quality, permanent and affordable housing options for people with mental illness in Tennessee. The CHI is a community-based, grassroots collaborative structured around creating a continuum of housing options, including homeownership, rental

housing, congregate independent living, partially supervised group homes, and 24-hour on-site staff group homes for people with mental illness. This workshop will address each of these housing options, and the planning and development that went into creating such an extensive program.

#### Marie Williams, LCSW

Tennessee Department of Mental Health and Developmental Disabilities Nashville, TN

# Breakout Session 206\* (Model Housing Options Track) *Tulsa Housing Tour*

The Mental Health Association in Tulsa has a variety of housing options for people with mental illness, including a safe haven, transitional apartments, and long-term supportive and independent living. In 2003, the Mental Health Association in Tulsa was awarded first place in the *Home Sweet Home* category of the Eli Lilly Reintegration Awards. During this two and one-half hour bus tour, participants will have the opportunity to visit some of MHA-Tulsa's housing programs, visit one Tulsa Housing Authority housing program, and speak with some of the residents.

# **Greg Shinn**

Director of Housing Services, MHA-Tulsa Tulsa, OK

# Roy Hancock

Executive Director, Tulsa Housing Authority Tulsa, OK

\* Breakout Session 206 is an off-site presentation and workshop participants will not return to the hotel until 6:00pm.

# 7:00pm: Zarrow Recognition Night Dinner

Millard and Linda Fuller, co-founders of Habitat for Humanity International, and Tulsa Habitat for Humanity will be recognized for their incredible work through their organizations to increase homeownership for people with mental illness. During this event, the Fullers will share their experiences as co-founders of Habitat for Humanity including the *Mental Health Partnership* initiative during a keynote presentation. The evening will also include the viewing of the Habitat for Humanity *A Partnership to Open Doors* video, which features the *Partnership* home build in Indianapolis, Indiana and. Laurie Alexander, owner of Indianapolis Habitat home, will share with attendees how having an affordable, decent home has changed her life and the lives of her two children. Nationally recognized mental health consumer advocate, Stuart Perry, will emcee.

#### Thursday, September 30, 2004

# 8:30am - 10:00am: Breakfast and Plenary

# Funding Opportunities to Achieve Housing Goals

It is difficult to achieve the goal of expanding housing and support service options for people with mental illness when there is no funding. Each of the plenary speakers will talk about their organizations involvement in providing funding opportunities, and specific strategies that advocates and others can use to identify and secure funding opportunities.

#### A. Cynthia Leon

Regional Director, U.S. Department of Housing and Urban Development Region VI

Fort Worth, TX

#### **Carol Peterson**

Senior Vice President of Housing and Community Investment, Federal Home Loan Bank

Cincinnati, OH

#### Jeanne Gillert

Grants Manager, Anne and Henry Zarrow Foundation, Maxine and Jack Zarrow Family Foundation, and Zarrow Families Foundation

Tulsa, OK

#### 10:15am - 11:45am: Breakout Sessions

# **Breakout Session 301 (Financial Development Track)**

## The Federal Home Loan Bank: An in-depth look at funding opportunities

Federal Home Loan Banks are an excellent resource to expand housing options for people with mental illness. From rental assistance to homeownership, Federal Home Loan Banks offer a variety of grant programs and downpayment assistance to ensure that people with minimal incomes have an opportunity to live in safe, decent and affordable homes. This presentation will address the Federal Home Loan Bank in Topeka's grant programs and provide information about how to learn more regarding what is available in your community.

#### Noelle St. Clair

Community Program Specialist, Federal Home Loan Bank Topeka, KS

#### **Breakout Session 302 (Community Services and Supports Track)**

# The Laurel Hill Center: From educational opportunities to housing options to address the needs of people with mental illness

The Laurel Hill Center is committed to helping people with mental illness to make the choices and acquire the skills to increase their self-reliance and ability to live and work in the community. This workshop will address the community supports and services that have made this program so successful, including its outreach counselors, employment specialists, educational assistance, social support staff, and housing options.

# Mary Alice Brown, Ph.D.

Executive Director, Laurel Hill Center Eugene, OR

#### **Breakout Session 303 (Clinical Wraparound Services Track)**

#### Family Members and Service Providers: Working toward the same goals

Establishing a good working relationship between family members of people with mental illness and mental health providers is extremely important and can be extremely difficult. Workshop attendees will hear a family

member's struggle with moving her brother into supportive housing and the assistance she has been able to receive from her brother's social worker. Attendees will also hear from the social worker with whom she has been working who will address how social workers can work with family members and clients to provide invaluable services.

# **Ruth Montag**

Family member and Director of the Technical Assistance Center, National Mental Health Association Alexandria, VA

#### Michael Barna, LCSW

Rockland Psychiatric Center Orangeburg, NY

# **Breakout Session 304 (Coalition Building and Consensus Reaching Track)**

#### Coalition Building: Thinking outside the mental health box

In order to address a mental health system that continues to be under-funded, the Mental Health Association of the Heartland (MHAH) has developed the Wellness and Support Advocate (WASA) program, which trains and hires mental health consumers who are in recovery to provide various support services in a variety of social service settings. This workshop will address what the WASA program is and how MHAH was able to establish relationships with mental health and non-mental health service agencies alike to make this program successful.

#### James Glenn, MSW

Senior Vice President of Housing and Community Service, Mental Health Association of the Heartland Kansas City, KS

# **Breakout Session 305 (Planning and Development Track)**

# Partnering with Habitat for Humanity to Plan and Develop Home Ownership Options for People with Mental Illness

Low-income families affected by mental illness are not limited to dreaming of home ownership. By partnering with Habitat for Humanity affiliates, these families can build simple, decent and affordable homes that provide stability to the family. This workshop will address how to increase homeownership opportunities for people with mental illness while decreasing the stigma associated with mental illness.

# Linda Fuller

Co-Founder, Habitat for Humanity International

Americus, GA

#### **Christine Ta**

Liaison, Mental Health Partnership, Habitat for Humanity International Americus, GA

Americus, GA

# **Breakout Session 306 (Model Housing Options Track)**

# What "Integrated Housing" Means for People with Mental Illness

In light of the Olmstead Supreme Court decision requiring states to serve people in the most integrated setting and the report of the President's New Freedom Commission on mental health, communities are seeking new ways to provide *normal* housing options for people with mental illness. This workshop will focus on an analysis of what is required by Olmstead, which housing models might be consistent with the recommendations of the President's New Freedom Commission, what housing models might contribute to the President's stated goal of ending chronic homelessness in 10 years, and consider the advantages and disadvantages of seven innovative housing programs from around the country.

#### Michael Allen

Senior Staff Attorney, Bazelon Center for Mental Health Law Washington, DC

#### 12:00pm – 1:30pm: Lunch and Plenary

# Acknowledging Faith in Housing and Support Service Options

Faith-based housing and support services for people with mental illness are an important option that should be available and supported in communities. The plenary speakers will address why such options are important and how their particular programs have assisted people with mental illness to live successfully in the community.

#### Wheeler R. Winstead, MBA

Founder and President, MTEC, L.L.C. Washington, DC Mary Nelson, Ph.D. President and CEO, Bethel New Life Chicago, IL

#### 1:45pm – 3:15pm: Breakout Sessions

#### **Breakout Session 401 (Financial Development Track)**

#### Attaining Financially Self-Sufficient Housing for People with Mental Illness

The mission of the Mental Health Housing Development Corporation (MHHDC) is to develop and manage affordable housing for individuals and families with modest incomes, including individuals and families with mental illness. MHHDC has developed two apartment properties offering a total of 184 apartment units each of which are financially self-sufficient. This workshop will address how MHHDC has created a highly successful program for people with mental illness and how to run a financially self-sufficient property by paying the costs of management, maintenance and debt service using rental income.

#### Bonnie R. Siddons

Executive Director, Mental Health Housing Development Corporation Fort Worth, TX

#### **Breakout Session 402 (Community Services and Supports Track)**

#### Volunteers of America: Providing faith-based services

From rural communities to inner-city neighborhoods, Volunteers of America (VOA) provides outreach programs that deal with today's most pressing social needs and populations, including at-risk youth, people with disabilities and homeless individuals. In fact, VOA is one of the nation's largest nonprofit providers of quality, affordable housing for low and moderate income families, people with disabilities and the elderly. Attendees of this workshop will learn about the various outreach programs VOA has for people with mental illness and how they incorporate faith-based practices into their programs.

# **Angela King**

Program Director, Volunteers of America Arlington, TX

#### **Breakout Session 403 (Clinical Wraparound Services Track)**

#### Wraparound Clinical and Support Services Necessary for Recovery

The Mental Health Association in North Carolina (MHA-NC) provides a variety of housing options for people with mental illness. This presentation will identify and describe an array of community-based wraparound

services that MHA-NC offers to facilitate community living, psychosocial rehabilitation, and recovery for people with serious and persistent mental illness.

# **Donna Duggins**

Director of ACTT and Case Management Services, Mental Health Association in North Carolina Raleigh, NC

#### **Derek Wilson**

Director of Psychosocial/Vocational Services, Mental Health Association in North Carolina Raleigh, NC

#### **Breakout Session 404 (Coalition Building and Consensus Reaching Track)**

# Consumer Involvement in Planning and Developing Housing for People with Mental Illness

It is critical that people with mental illness are involved as members of coalitions brought together to discuss expanding housing and support service options for people with mental illness. This workshop will address how communities can reach out to people with mental illness to participate in such coalitions and how consumers can actively advocate to be at the table to ensure their voices are heard.

#### **Stuart Perry**

Consumer Advocate Cordele, GA

# Breakout Session 405 (Planning and Development Track) Identifying and Responding to Housing Needs for People with Mental Illness

From group homes to supportive apartments, the Mental Health Association in Marion County (MHA-MC) has had a wide variety of experience with providing housing and support services for people with mental illness. In this workshop, participants will hear about MHA-MC's housing experiences, how they are able to assess and respond to housing and support service needs in the community, and how they have developed partnerships to continue to expand the housing options for people with mental illness. Attendees will also have the opportunity to hear from consumer who will discuss how homeownership has changed her life as well as the lives of her two children.

#### **Marjorie Towell**

Executive Director, Mental Health Association in Marion County Indianapolis, IN

# **Mark Rozales**

Director of Residential Services, Mental Health Association in Marion County Indianapolis, IN

#### Laurie Alexander

Consumer/Home Owner Indianapolis, IN

# **Breakout Session 406 (Model Housing Options Track)**

# Housing as Hope: Developing partnerships with landlords and implementing harm reduction strategies

Finding affordable housing options in the private rental market can be extremely difficult. This workshop will address how a mental health consumer developed a grassroots housing program for the Village Integrated Service Agency using self-disclosure, principles of customer satisfaction, and landlord advocacy to develop relationships with landlords in the community to obtain rental units for people with mental illness. In addition, this workshop will address consumer assessment and apartment matching strategies to demonstrate harm reduction in housing and utilization of onsite managers as vital community supports.

#### **Diane Figgins**

Housing Coordinator, Village Integrated Service Agency Long Beach, CA

#### 3:30pm – 5:00pm: Breakout Sessions

# **Breakout Session 501 (Financial Development Track)**

#### Tax Credits 101

Low-Income Housing Tax Credits (LIHTC) are the largest source of funding for the production of affordable housing in the country. This session will provide an introduction to the Tax Credit program, information on how non-profit service agencies can use the program to meet the housing needs of their constituents and possible strategies for influencing the Tax Credit Allocation process in your state for the benefit of persons with disabilities.

#### **Pepper Schales-Elkins**

President and CEO, Volunteers of America of the Carolinas

Columbia, SC

Julia Bick

Housing Coordinator, North Carolina Department of Health and Human Services Raleigh, NC

# **Breakout Session 502 (Community Services and Supports Track)**

## Thresholds' Grais Apartments: An integrated approach to dual disorders treatment

Thresholds, Illinois' oldest and largest psychosocial rehabilitation agency for people with mental illness, operates a 44-unit, single-room occupancy program for people with mental illness and co-occurring substance use disorders. This workshop will address how Thresholds' staff is able to offer housing with support services addressing the needs of people with mental illness and co-occurring substance use disorders through vocational services, assertive community treatment, counseling, peer support interventions and community reintegration.

#### **Debbie Pavick**

Associate Director, Thresholds Chicago, IL **Tim Devitt** Program Director, Thresholds' Grais Apartments

Chicago, IL

#### **Breakout Session 503 (Clinical Wraparound Services Track)**

#### Health and Education Services for Hard to Reach Youth

Appropriately addressing the service needs of at-risk and homeless youth is key to fostering healthy adults. Youth Services of Tulsa provides quality programs and services for the protection, education and positive development of youth. This presentation will address the health and education services that are available to youth, the barriers that keep hard to reach youth from receiving services, and adults can partner with youth in overcoming these barriers.

#### Julie Trainum, M. Div.

Health and Prevention Coordinator, Youth Services of Tulsa

Tulsa, OK

#### **Amv Redus**

Special Programs Director, Youth Services of Tulsa

Tulsa, OK

#### **Breakout Session 504 (Coalition Building and Consensus Reaching Track)**

#### Reaching Consensus around HMIS at the Local and State Levels and Beyond

Homeless Management Information Strategies (HMIS) is the U.S. Department of Housing and Urban Development's strategy to collect, analyze and report data on the homeless population. This presentation will address the overall goals of HMIS, how HMIS has been implemented statewide in Vermont with mental health playing a key role at the table, how states in the Northeast have collaborated to improve the HMIS system regionally, and how HMIS is being implemented at the local level in Tulsa, OK.

#### Julie Hovden

Associate, The QED Group, LLC Washington, DC

# Brian M. Smith

Housing Program Administrator, Vermont Department of Mental Health

Waterbury, VT

#### **Greg Shinn**

Director of Housing Services, Mental Health Association in Tulsa Tulsa, OK

#### **Breakout Session 505 (Planning and Development Track)**

# The Nuts and Bolts of Planning and Development

Planning and developing housing options for people with mental illness can be extremely difficult, particularly for organizations that have never developed housing. Based on 25 plus years of experience as a city planner and now as a consultant for the Mental Heath Association in Tulsa, this presenter will speak with attendees about the nuts and bolts of planning and development, including land acquisition, insurance, zoning, fair housing laws, and the key components for developing a plan to expand housing options for people with mental illness.

#### **Bill Packard**

Housing Development Director, Packard and Associates Tulsa, OK

# **Breakout Session 506 (Model Housing Options Track)**

#### Pathways to Housing

Founded in 1992, Pathways to Housing offers scattered site permanent housing to people who are homeless and have mental illness and/or substance use disorders. Pathways is unique in that it does not require residents to "graduate" from other transitional programs, sobriety, or acceptance of supportive services. The majority of Pathways' clients are moved directly from the streets into permanent, private market housing. This workshop will address how Pathways to housing has been successful, including how they are able to secure private, rental market homes, who is eligible for the program and the services Pathways offers to help residents maintain their homes.

#### Sam Tsemberis

Executive Director, Pathways to Housing New York, NY

#### 5:00pm – 7:00pm: Evening Networking Session

The evening networking session will provide an opportunity for conference attendees to congregate, mingle and become acquainted with each other at the hotel. Bring plenty of business cards, as the goal of this event is meet people with whom you can establish long-term working relationships to successfully expand housing and support service options upon returning to your community. Heavy hors d'oeuvres and a cash bar will be available.

#### Friday, October 1, 2004

#### 8:30am – 9:45am: Breakfast and Plenary

# Urban and Rural Housing: Revealing Obstacles and Lessons Learned

There are similarities and differences when it comes to expanding housing and support service options in urban and rural communities. Tony Zipple has several years of experience with expanding urban housing and support service options for people with mental illness in Boston, Massachusetts and Chicago, Illinois. Mr. Zipple will share some of his experiences and lessons learned. John Tote has extensive experience expanding rural housing and support service options throughout North Carolina. He, too, will share some if his experiences and lessons learned.

# Anthony Zipple, Sc.D., MBA

Chief Executive Officer, Thresholds Chicago, IL **John Tote** 

Executive Director, Mental Health Association in North Carolina Raleigh, NC

# 10:00am - 11:30am: Community Planning Session

During this hour and a half session, attendees will break up into small groups and work with experienced facilitators to discuss how to expand housing and support service options in their communities, obstacles that they have encountered or plan to encounter, how to develop partnerships with others in the community, and other questions and concerns that will better prepare attendees to effect systems change in respect to housing and support service options in their communities after the conference.

#### 11:30am – 12:15pm: Closing Remarks

#### Michael W. Brose, MSW

Executive Director, Mental Health Association in Tulsa Tulsa, OK