

Weaving Effective and Evidence Based Practices Into a System of Care for Children, Youth, and Their Families

OU ARE INVITED TO THE 2004 CHILDREN'S BEHAVIORAL HEALTH CONFERENCE to be held April 21-23, 2004, at the Reed Center, 5800 Will Rogers, Midwest City, Oklahoma. This year's theme is Weaving Effective and Evidence Based Practices into a System of Care for Children, Youth, and Their Families. The 2004 conference is sponsored by the Oklahoma Department of Mental Health and Substance Abuse Services, Technical Assistance Partnership of the American Institutes for Research, and Community Mental Health Services under the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services. The all-day pre-conference institute, which will be held on April 21, is being funded through a grant from SAMHSA to increase the State's capacity to respond to disasters with mental health services. The institute will focus on working with children who have experienced trauma. Day two and day three will provide participants the opportunity to choose from a variety of concurrent workshops, speakers, and topics.

PLENARY SPEAKERS

GAYLE K. PORTER, Ph.D., is a licensed clinical psychologist. She is currently a Principal Research Analyst and a Senior Mental Health Advisor for the Technical Assistance Partnership (TAP) of The American Institutes for Research. TAP is funded by the Comprehensive Community Mental Health Services for Children and Their Families, a division of the Substance Abuse Mental Health Services Administration (SAMHSA). Dr. Porter was previously on the faculties of Johns Hopkins' Child and Adolescent Psychiatry Department and Howard University's Psychology Department. Dr. Porter has received numerous awards and has also contributed articles on mental health care to several journals. She recently completed a chapter for the Handbook of Child and Adolescent Systems of Care: The New Community Psychiatry, edited by Andres J.



Gayle K. Porter

Pumeriega, M.D., and Nancy Winters, M.D., published by Jossey-Bass, San Francisco, 2003, and co-authored a book with Dr. Marilyn Gaston, *Prime Time: The African American Woman's Complete Guide to Midlife Health and Wellness*, published by Random House, One World/ Ballantine Publishing Co., 2001.

SUSAN BOEHRER is the Executive Director of the Community After-School Program, a private, not-for-profit United Way Agency serving 700 children in 16 elementary schools in Norman, Oklahoma. Ms. Boehrer serves as the State Representative to the Oklahoma Systems of Care Initiative as a parent whose child is receiving or has received mental health services, and is a board member for the Family Frontier Systems of Care Steering Team, as well as serving on the Clinical Review Team and the Community Team. Ms. Boehrer serves on the Advisory Board for the Center for Children and Families, Inc. Neighborhood Centers, and as a Community Partner with Norman Public Schools and the Center for Children and Families, Inc. for the 21st Century Community Learning Center at Wilson Elementary. Ms. Boehrer represented the state of Oklahoma as Mrs. Oklahoma in 1999 and has spoken on numerous panels as a parent of special needs children as well as presenting as a trainer for Systems of Care for Wraparound Training. Susan and her husband, Terry, are the parents of two adopted children diagnosed with mental illness and behavioral problems.

DEAN L. FIXSEN, Ph.D., received his doctorate in Experimental Psychology from the University of Kansas in 1970. In 1969 Dr. Fixsen began a long-term collaborative research and program development agenda related to the internationally-acclaimed Teaching-Family Model of treatment for children and their families. In 1975, he was one of five Teaching-Family researchers who moved to Father Flanagan's Boys' Home to transition that large organization from institutional care to family-based care for boys and girls. In collaboration with others, Dr. Fixsen developed and evaluated a system to replicate and implement evidence-based programs nationally. Dr. Fixsen also helped to establish and test further adaptations and extensions of the Teaching-Family Model in home-based treatment settings and treatment foster care settings. He has co-authored nearly 100 publications, served on numerous editorial boards, and advised local, state, and federal governments. Current efforts involve helping to establish a science of implementation. Dr. Fixsen currently is a Research Professor at the Louis de la Parte Florida Mental Health Institute and a co-director of the National Implementation Research Network.

ROBERT GEFFNER, Ph.D., is the Founder and President of the Family Violence and Sexual Assault Institute in San Diego, CA; Clinical Research Professor of Psychology at the California School of Professional Psychology, Alliant International University; Licensed Psychologist and Licensed Marriage and Family Therapist in California and Texas; Editor-in-Chief of Haworth's Maltreatment and Trauma Press, which also includes being the Editor of three internationally disseminated journals; and former clinical director of a large private practice mental health clinic in East Texas for over 15 years. Dr. Geffner has a Diplomate in Clinical Neuropsychology. Publications include recent treatment manuals, edited books, and numerous book chapters and journal articles concerning family violence, sexual assault, child abuse, family and child psychology, forensic psychology, neuropsychology, trauma, and diagnostic assessment. He has also been a researcher and consultant during the past 25 years.

ROXANE KOGOD KAUFMANN, M.A., is an Early

Intervention Specialist for Georgetown University and has been a Research Associate in the Child Development Center since 1979. Ms. Kaufmann has been the Director of Early Intervention Policy, National Technical Assistance Center for Children's Mental Health at Georgetown University, since 1997. She has co-authored books and publications such as: Promoting Social-Emotional Development In Young Children: Promising Approaches at the National, State and Community Levels; Making Dollars Follow Sense: Financing Early Childhood Mental Health Services to Promote Healthy Social and Emotional Development in Young Children; and Early Childhood Mental Health Consultation. Ms. Kaufman also received the Author Award, National Association for the Education of Young Children, and the Hungarian Education Award, SOROS Project and Early Childhood Training.

WILLIAM STEELE, MSW, PsyD., is the Founder and Director of The National Institute for Trauma and Loss in Children (TLC). Dr. Steele has presented to over 50,000 educators and human service professionals nationally about working with traumatized children. He was selected by the Kuwait government after the Gulf War to train their newly formed mental health staff and is the author of many nationally distributed programs and publications including Trauma Debriefing for Schools and Agencies, Kids On the Inside Looking Out After Loss and the training video, Children of Trauma: Tools to Help the Helper (VHS 60 minutes). Dr. Steele is the developer of the Structured Sensory Intervention for Traumatized Children, Adolescents and Parents (SITCAP) Model, and is the author of the Trauma Intervention Program. Dr. Steele established and directs the Certification Program for Trauma and Loss School Specialists and Trauma and Loss Consultants and has assisted over 1,500 school districts to develop or upgrade their crisis response teams, as well as actively consulting with and providing debriefing to those exposed to critical, trauma-inducing incidents.

JOHN VANDENBERG, Ph.D., has over 15 years experience as a human services consultant, working in the United States and Canada. Dr. VanDenBerg managed the first demonstration of cross-agency statewide wraparound process, the Alaska Youth Initiative. He has been a major innovator and pioneer in development and improvement of the wraparound process, which now reaches over a quarter million families worldwide. He has a bachelor's degree from Metropolitan State College in Colorado and a Masters and Doctorate in developmental and Child Psychology from the University of Kansas. Previous to starting VroonVanDenBerg (VVDB) with Jim Rast, he managed VanDenBerg Consulting, Inc., and was President of the Community Partnerships group.

LOCATION

The Reed Conference Center is located at 5800 Will Rogers Road in Midwest City, OK 73110. Take I-40 to Sooner Road. Go north on Sooner Road approximately one block. The Reed Center is located across the street from Home Depot.

LODGING

Participants must make their own lodging reservations. A block of rooms has been set aside for participants until April 15, 2004. Call one of the hotels listed below and ask for the special group rate for the Children's Behavioral Health Conference.

Lodging is \$67 per night (plus tax) for single or double and \$77 for triple or quadruple occupancy.

HAMPTON INN

1833 Center Dr. Midwest City, OK 405/732-5500

AMERISUITES

5701 Tinker Diagonal Midwest City, OK 405/737-7777

Both hotels are within walking distance and all serve complimentary breakfast, have indoor pools, and high speed internet access.



REGISTRATION AND FEES

Please complete your registration before April 15, 2004. There is a \$50 fee for the Pre-Conference Institute (April 21) or \$75 if registering late. The cost for April 22 and 23 is \$100 (or \$50 per day) if registration is postmarked on or before April 15. Fees for late or on-site registrations are \$150 for the 2-day conference or \$75 per day. The late fee for attending all three days is \$225. Please indicate on the registration form the days you will attend. Checks and purchase orders should be made payable to ODMHSAS, FEI#73-6017987.

By Mail. Complete the form provided and mail to: ODMHSAS, 2401 NW 23rd Street, Suite 82, Oklahoma City, OK 73107.

By Fax. Faxed registrations are accepted at 405-522-8320.

Cancellation Policy. The registration fee will be returned only if notice of cancellation is provided in writing and postmarked no later than April 15, 2004.

For More Information call the ODMHSAS Human Resource Development office at 405-522-8300 or e-mail sadunn@odmhsas.org

AGENDA

WEDNESDAY, APRIL 21, 2004 Pre-Conference Institute

- 8:00 9:00 Registration (Please sign in each day.)
- 9:00 4:30* Children of Trauma. William Steele, MSW., Psy.D. Participants will learn the differences between grief and trauma and how to identify trauma-specific reactions. Video-taped interviews demonstrating how trauma expresses itself in traumatized children and adolescents will be used. The didactic presentation will provide information and framework related to post traumatic stress disorder.

THURSDAY, APRIL 22, 2004

- 8:00 8:45 Registration and Continental Breakfast (Please sign in each day)
- 8:45 9:00 **Welcome and Opening Remarks.** Terry Cline, Ph.D., Commissioner, Oklahoma Department of Mental Health and Substance Abuse Services.

Listen to the Children.

- 9:00 10:00* Introductory Session: Weaving Effective and Evidence Based Practices into a System of Care.
 - Gayle K. Porter, Ph.D., and Susan Boehrer.
- 10:00 10:15 **Break**
- 10:15 11:15 Plenary Session: Best Practices in Early Childhood Mental Health within a System of Care.
 - Roxane Kogood Kaufmann, M.A.
- 11:15 12:30 Lunch (provided for pre-registered participants) and Presentation of the Ramana Award.
- 12:30 2:00 Concurrent Workshops: Session 1
- 1A. Functional Family Therapy and Multisystemic Therapy within a System of Care. Part 1. Doug Kopp and Keller Strother, MS, MBA. Administrators and Policy Makers will receive an overview of both evidence based models. In addition, presenters will advise of successful methods of weaving these models into an integrated system of care. Funding strategies will be addressed. Participants will have the opportunity to dialogue with these creators and experts regarding their evidence based models of treatment.
- 1B.* Structured Sensory Interventions. Part 1. William Steele, MSW, PsyD. Participants will learn trauma specific intervention tasks and techniques, as well as see them in action. These outcome based intervention programs are designed to help traumatized children find relief from the terror of violent or non-violent trauma inducing incidents.
- 1C.* Wraparound 501 Advanced Issues in Wraparound. Part 1. John VanDenBerg, Ph.D. and Susan Boehrer. Participants will have the opportunity to hear staff bring their most difficult issues in wraparound to one of the nation's foremost experts, who will draw on his years of experience and consulting to provide solutions. A parent with a child currently receiving wraparound services in Oklahoma will co-present.
- 1D.* What Works: Mental Health Intervention for Very Young Children and Their Caregivers. Part 1. Roxane Kogood Kaufmann, MA., and Neal Horen, Ph.D. This presentation will demonstrate best practices in the treatment of young children in therapy integrated within a system of care.
- 1E.* Creating Sanctuary for Children and Adolescents. Part 1. Sandra Bloom, M.D. Creating sanctuary refers to a trauma-informed whole system approach to residential treatment programs for children and adolescents with emotional and behavioral problems and histories of maltreatment and exposure to family or community violence. The intervention, referred to as the Sanctuary Model, is based in social psychiatry, trauma theories, therapeutic community philosophy, and cognitive-behavioral approaches. Within the context of safe, supportive, stable, and socially responsible therapeutic communities, a trauma recovery treatment framework is used to teach youth effective adaptation and coping skills to replace non-adaptive cognitive, social, and behavioral strategies that may have emerged earlier as means of coping with traumatic life experiences.
- 1F.* Medications That Work Well for Children and Adolescents. Marcialee Ledbetter, M.D. Participants will hear about the most effective medications being used by child psychiatrists to treat children with emotional and behavioral disturbances. Issues regarding dosages, side effects, contraindications, and medication compliance will be addressed.
- 1G.* Introduction to Oklahoma Fidelity Tools for Wraparound and Systems of Care. Jim Rast, Ph.D. This presentation will describe the use of quality assurance to develop and maintain fidelity of the wraparound process and system of care. This will introduce participants to the tools that will be used for these purposes in Oklahoma and how communities have used these tools to guide and improve services and systems. Participants will discuss how this may be used in local communities.

2:00 - 2:15 **Break**

THURSDAY, APRIL 22, 2004 continued

- 2:15 3:45 Concurrent Workshops: Session 2
- 2A. Functional Family Therapy and Multisystemic Therapy within a System of Care. Part 2. Doug Kopp and Keller Strother, MS, MBA.
- 2B.* Structured Sensory Interventions. Part 2. William Steele, MSW, Psy.D.
- 2C.* Wraparound 501 Advanced Issues in Wraparound. Part 2. John VanDenBerg, Ph.D. and Susan Boehrer.
- 2D.* What Works with Young Children in Therapy. Part 2. Roxane Kogood Kaufmann, MA, and Neal Horen, Ph.D.
- 2E.* Creating Sanctuary for Children and Adolescents. Part 2. Sandra Bloom, M.D.
- 3:45 4:00 **Break**
- 4:00 5:00* Plenary Session. Working with Traumatized Children: An Integrated, Evidence Based Approach. William Steele, MSW, PsyD.

FRIDAY, APRIL 23, 2004

8:00 - 8:30 Registration (Please sign in each day.)

8:30 – 10:00* Welcome and Introductions.

Rand Baker, Deputy Commissioner for Mental Health Services, ODMHSAS.

Plenary Session: Family Violence, Trauma, ADHD, Bullying, and the Brain: Integrating What We Know for

Practice.

Robert Geffner, Ph.D.

10:00 - 10:15 **Break**

10:15 – 11:45 Concurrent Workshops: Session 3

- 3A.* Functional Behavior Assessment. Part 1. Rose Iovannone, Ph.D. Participants will receive an overview of the process of functional behavioral assessment. They will observe demonstrations linked to assessment-based interventions. They will also learn how to link functional behavioral assessment with positive behavior supports.
- 3B.* Planning and Developing Effective Evidence Based Practices within Agencies and Statewide. Part 1. Dean L. Fixsen, Ph.D. Administrators and policy makers will hear from one of the foremost researchers in the country regarding implementation of effective and evidence based practices within an integrated system of care. They will learn the cost and effort involved to offset the effectiveness and better outcomes. They will receive practical advice toward planning and implementing these practices within their agencies and the state of Oklahoma.
- 3C.* Parent-Child Interaction Therapy: An Evidence Based Practice for Children and Families. Robin Gurwitch, Ph.D. Participants will receive an introduction to Parent-Child Interaction Therapy (PCIT), a specialized behavior management program for young children with significant behavior problems. This evidenced-based approach is currently being evaluated for use with families of abuse/neglect and children prenatally exposed to alcohol and other drugs and their families. Participants will learn the model and the general principles included in this treatment. Videotapes will be used to demonstrate the skills of PCIT and their implementation.
- 3D. **Building a Crisis Plan for your Child.** Melody Andrews, BS. Building a Crisis Intervention Plan is based on Mary Ellen Copeland's WRAP (Wellness Recovery Action Plan). This session will teach a practical way for parents to evaluate and examine their child's strengths, triggers, interventions, and support team more effectively in order to prevent a mental health crisis. One segment will be on post crisis evaluation to determine what modifications to the plan need to be made.
- 3E.* Ensuring Fidelity to the Wraparound Model. Jim Rast, Ph.D. This workshop is targeted for administrators and policymakers. The wraparound approach emerged during a groundbreaking era in children's mental health. Wraparound provides a method for conducting family-centered and team-based care planning and an implementation process that shares system of care values. This workshop will present the core elements of wraparound. The importance of including fidelity measurements within a quality assurance process will be emphasized. With specific definitions of essential practice elements in place, wraparound is much more likely to achieve its promise for families and communities.
- 3F.* Assessment of Traumatized Children. Robert Geffner, Ph.D. This workshop will focus on assessment skills in working with children who have experienced abuse or have been exposed to chronic trauma. Strategies for assessing these children will be presented, as well as specific examples of questionnaires and measures that can help identify the specific need of the child to design an appropriate intervention program. Case examples will be shown and discussed.

FRIDAY, APRIL 23, 2004 continued

- 11:45 12:45 Lunch (provided for pre-registered participants)
- 12:45 2:15 Concurrent Workshops: Session 4
- 4A.* Functional Behavior Assessments. Part 2. Rose Iovannone, Ph.D.
- 4B.* Planning and Developing Effective Evidence Based Practices within Agencies and Statewide. Part 2. Dean L. Fixsen, Ph.D.
- 4C.* Development of the Partnership for Children's Behavioral Health Care System. Jim Rast, Ph.D., and Terrie Fritz, LCSW. Oklahoma is developing an integrated system of planning, financing, and providing behavioral health care services for children. The presenters will summarize progress in planning for this system, and participants will have a chance to discuss and provide feedback on the various aspects of this plan.
- 4D.* The Journey: An Innovative and Effective Program. Dow Greg McCarty, Ph.D. Imagine being a storyteller and a guide that gives children, parents, staff, and teachers alike a sense of hope, courage, and wisdom during difficult times of budget cuts and academic failure. Participants will learn specific tools to guide children through their struggles and unfold the courage to dream, work hard, and experience success.
- 4E.* Treatment of Traumatized Children. Robert Geffner, Ph.D. This workshop focuses on the various approaches for intervening in cases involving traumatized or abused children, helping them heal from the trauma they experienced, and treating the effects and long term consequences of being exposed to intimate partner abuse. Suggestions for specific treatment approaches will be discussed, and practical techniques will be presented. Demonstrations of possible exercises for use with children will be shown.
- 2:15 2:30 **Break**
- 2:30 3:30* Plenary Session. We Can't Wait Any Longer. John VanDenBerg, Ph.D.
- *Eligible for Continuing Medical Education Credits

CALL FOR EXHIBITORS

Is your organization one you want others to know about? An exhibit at the 2004 Children's Conference will introduce your organization to professionals from Oklahoma and surrounding states. To discuss becoming an exhibitor, call Sarah Dunn at 405-522-8306 or email sadunn@odmhsas.org to request an exhibitor form or information.

CONTINUING EDUCATION

The Oklahoma Department of Mental Health and **Substance Abuse Services, Institute for Mental** Health and Substance Abuse Education and Training. is accredited by the Oklahoma State Medical Association (OSMA) Council of Medical Education to sponsor continuing medical education for physicians. The Institute has applied for credit in Category 1 of the Physician's Recognition Award of the American Medical Association for this medical education activity. The Institute has also applied for Continuing Education credit for social workers, alcohol and drug counselors, certified prevention specialists, psychologists, licensed professional counselors, licensed marital and family therapists, and licensed behavioral practitioners attending the 2004 Children's Conference.

SCHOLARSHIPS

The conference sponsors will offer a limited number of scholarships to professionals, consumers, family members, and students. Professionals must provide at least two hours of work assistance to the conference staff before or during the conference to be eligible for the scholarship. For more details about scholarships, call Jennifer Coffman at 405-522-4151.

SPECIAL ACCOMMODATIONS

Sign language interpreters or assistive listening devices will be made available if needed for hearing impaired participants. These or other requests for special accommodations should be indicated on the registration form. Conference organizers will contact you for specifics. Please register early if special accommodations are needed.

Weaving Effective and Evidence Based Practices within a System of Care for Children, Youth, and Their Families

Registration for April 21-23, 2004

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Please check in at the registration desk upon your arrival to verify your attendance. You will need to complete an on-site registration form if you have not pre-registered. On-site registration is \$225 (or \$75 per day). Continuing education credit is not provided without verification. At the completion of the conference, all participants will receive a certificate of attendance from the DMHSAS Institute for Mental Health and Substance Abuse Education and Training. For more information, call Human Resource Development at 405-522-8300.

Print out and complete the form above and mail it to:

Seminar Coordinator Human Resource Development Division

Institute for Mental Health and Substance Abuse Education and Training 2401 NW 23rd Street, Suite 82

Oklahoma City, OK 73107

By Fax. Faxed registrations are accepted at 405-522-8320.

All registrations received after April 15 will be charged the late fee.

Checks and purchase orders should be made payable to ODMHSAS. FEI#73-6017987.



Oklahoma Department of Mental Health and Substance Abuse Services 1200 NE 13th • P.O. Box 53277 Oklahoma City, OK 73152-3277