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This listing is not an official ODMHSAS or OCCIC publication. It is a compilation of data from public sources and client feedback and is as up to date as possible (Last up date was 9/09). All information is deemed reliable but not guaranteed.

This list is not meant to be exhaustive but simply a “point in the right direction”. If you have a “payment source”, like private insurance, contacting them can be the quickest way to get a successful referral.

Any referral from this or any listing does not imply endorsement of any agency, facility, modality, or individual. And exclusions are not suggestive of disapproval.

Although every effort has been made to ensure the accuracy of information, there is no guarantee that any cited source will provide the service listed.

La denegación: Aunque cada esfuerzo se haya hecho para asegurar la certeza de información, no hay la garantía que alguna fuente citada proporcionará el servicio dicho.

Social Services

*For any Agency, **call first** to get latest information on:*

Services provided Hours of operation Zip Code restrictions Program Eligibility

Abuse – Physical / Sexual

| | | |
|------------------------------|---|---|
| OKC – Third Phase | 405/947-4508 <i>Men's Services (\$120 assessment / \$25 group)</i> | <i>Women's Services</i> |
| OKC – Trauma Group for Women | 405/272-0660 | <i>Call for appt. Sliding scale or insurance.</i> |

ADD / ADHD

| | | |
|---|--------------|---|
| OKC – CHADD (Children & Adults with ADD) | 405/722-1233 | Deaconess Hospital – 5701 N. Portland <i>Monthly meeting.</i> |
| OKC – Adult ADD Support Group | | Messiah Lutheran – 3600 NW Expressway <i>1st Thurs ~ 7:00pm – 9:00pm</i> |

Addiction Support Groups

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| OKC – Chance to Change | 405/840-9000 <i>6 week addiction series. No charge.</i> | Meetings held off-site |
| OKC – Crossings Community Church | 405/755-2227 <i>"The 12 Steps: A Way Out"</i> | 14600 N. Portland <i>Weekly meeting.</i> |
| OKC – The Referral Center | 405/525-2525 <i>Alumni of The Referral Center only. No cost.</i> | 1215 NW 25th <i>Weekly meeting.</i> |

Adult Protective Services

*See also **DHS***

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|---------------------------|--------------------|-------------------------------------|
| STATE-WIDE 24 HOUR NUMBER | 800/522-3511 | <i>Children & Adult Hotline</i> |
| Canadian County APS | 405/521-3646 | |
| Grady County APS | 405/574-7400 | |
| Kingfisher County APS | 405/375-3897 | |
| Logan County APS | 405/264-2700 | |
| Norman APS | 405/573-6820 | 800/522-3511 |
| OKC APS | 405/522-2743 NORTH | 405/521-3646 SOUTH |
| Pawnee APS | 918/7623606 | |

Aids/HIV

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|------------------------------------|---|---|
| Norman – Norman HIV/AIDS Coalition | 405/321-0591 | Cleveland County Chapter of the American Red Cross – 1205 Halley Avenue <i>Meets on the 4th Monday of the month ~ 3:30pm</i> |
| OKC – North Winds Living Center | 405/942-1014 <i>For HIV positive persons, personal care, accepting and individualized atmosphere.</i> | 3718 N. Portland |
| OKC – Red Rock North / Rain | 405/424-7711 <i>Case Managers help clients access Testing, Medication Assistance, Social Services, Health Care, Dental Care, Housing Assistance</i> <i>Housing services include: Short-Term Rent, Mortgage, and Utility Assistance, Tenant-Based Rental Assistance, Transitional Housing for Homeless Persons, Permanent Housing Placement, Housing Case Management</i> | 800/285-2273 4400 N. Lincoln |

ALANON & ALATEEN

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| Nation-Wide | 800/344-2666 www.al-anon-alateen.org/ | 800/356-9996 www.al-anon.org/index.html |
| Norman – St. John's Episcopal | 405/321-3020 | 235 West Duffy <i>Weekly ALANON meetings</i> |
| OKC – Crossings Community Church | 405/755-2227 <i>ALANON Meeting</i> | 14600 N. Portland <i>Call for locations and meeting times</i> |
| OKC – ALANON Information Service | 405/767-9071 | 3801 NW 63rd, Bldg 3, Suite 129 <i>Call for locations and meeting times</i> |

Alcoholics Anonymous

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|----------------------------------|---|--|
| National | 800/711-6375 | <i>Has info on AA, NA, CoDA, ALANON meetings.</i> |
| Norman – St. John's Episcopal | 405/321-3020 | 235 West Duffy <i>Weekly AA meetings</i> |
| OKC – Crossings Community Church | 405/755-2227 <i>Call for locations and meeting times</i> | 14600 N. Portland |
| OKC Intergroup | 405/949-0910 405/524-1100 (24 Hour Hotline/TDD) | 2701 N. Portland okcintergroup.org/ |

Alcohol Issues OTHERSee also: **Celebrate Recovery** in this listing

| | | |
|----------------------------------|--------------|--|
| Edmond – Parents Helping Parents | 405/629-6384 | Call Pat Nichols (642-8198) for locations & information <i>Parents who have a child (any age) using alcohol/drugs can attend our meetings. Meetings are held on 1st & 3rd Tuesdays. Meetings are held in a private room of a local restaurant from 6:30 to 8:00PM but exact location is confidential.</i> |
| OKC – The Referral Center | 405/525-2525 | Family Education Program |

Anger Management

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|---|--------------|---|
| Norman – Lifestyle Management & Training Center | 405/292-0171 | 623 N. Porter, #200 <i>Adult's & Children's classes, 6 weeks--\$150 Adult, 6 hour workshop--\$150</i> |
| OKC – Cope | 405/524-2673 | 2701 N. Oklahoma Ave <i>Weekly meeting.</i> |
| OKC – Crossings Community Church | 405/755-2227 | 14600 N. Portland <i>Men's group</i> |
| OKC – Specialized Outpatient Services, Inc | 405/810-1766 | 5108 Classen Circle <i>ANGER MANAGEMENT/SUBSTANCE ABUSE: 24 wk program, individual & group therapy & drug screening for those who commit violence and substance abuse. Bilingual.</i> |
| OKC – TEEM | 405/235-5671 | 14 NE 13th |

Celebrate Recovery

Celebrate Recovery meetings are similar to other 12-step programs with a focus on Christianity. Celebrate Recovery does not require one to conform to a singleness of purpose, a member does not have to qualify oneself as an alcoholic, addict, or gambler—there are no requirements for membership. You may attend with a desire to work the steps for healing with any number of hurts, hang-ups or habits (compulsive behaviors).
www.celebraterecovery.com/

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| Bethany – Bethany Nazarene Church | 405/789-2050 | 6789 NW Expressway <i>Childcare plus Confident Kids & Life Hurts-God Heals</i> <i>Weekly meeting.</i> |
| Bethany – Council Road Baptist Church | 405/789-3175 | 2900 N. Council Rd <i>Weekly meeting.</i> |
| Del City – Destiny Christian Center | 405/677-1451 | 3801 SE 29th St <i>Large Group, Small Groups, CrossTalk Cafe, Childcare Available</i> <i>Weekly meeting.</i> |
| Edmond – Destiny Christian Center | 405/341-4639 | 1200 E I-35 Frontage Rd <i>Weekly meeting.</i> |
| Edmond – Memorial Road Church of Christ | 405/478-0166 | 2221 East Memorial Rd <i>Weekly meeting.</i> |
| Moore – First Baptist Church | 405/793-2600 | 301 NE 27th St <i>Weekly meeting.</i> |
| | | <i>Large Group, Small Groups, Solid Rock Cafe, Childcare through age 12</i> www.fbcmoore.org/celebraterecovery |
| Moore – Fresh Start Community Church | 405/794-7313 | 309 N. Eastern Ave <i>Weekly meeting.</i> |
| Norman – Crosspointe Community Church | 405/ 329-0140 | 2601 24th Ave. SE <i>Large Group, Small Groups, Coffee Shop, Childcare Available</i> <i>Weekly meeting.</i> |
| OKC – Crossroads Church | 405/634-1495 | 8901 S. Shields <i>Meal, large and small groups, Solid Rock Cafe</i> <i>Weekly meeting.</i> |
| OKC – South Lindsay Baptist Church | 405/631-8681 | 3300 S. Lindsay Ave. (Gym) <i>Weekly meeting.</i> |
| OKC – Western Oaks Church of the Nazarene | 405/787-2042 | 7901 NW 16th <i>Weekly meeting.</i> |
| Stillwater – Eagle Heights Baptist | 405/624-3422 | 2617 N. Jardot |
| | | <i>Large Group, Small Group, Kick Back Cafe Childcare Available</i> |

Child Protective ServicesSee also **DHS**

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| State-wide APS | 800/522-3511 |
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Cocaine Anonymous

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| Cocaine Anonymous Meeting Info | 800/347-8998 |
| OKC | 405/560-0017 405/791-0844 405/949-5060 405/539-9906 (Pager) |

Codependency & Codependency AnonymousSee also: **Celebrate Recovery** in this listing

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| MWC – Hospital Group | 405/610-8164 | Midwest Regional Medical Center <i>Weekly meeting.</i> |
| Norman – New Perspectives CoDA Group | 405/321-3020 | St. Johns Episcopal Church – 235 W. Duffy <i>Weekly meeting.</i> |
| OKC – CoDA Big Book Study Group | 405/842-1461 | All Souls Episcopal Church – 6400 N. Penn <i>Weekly meeting.</i> |

Crisis LinesSee **Referral Lines & Talk Lines** in this listing

Depression Support Groups

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| Depression & Bipolar Support Alliance | 405/602-5360 | Contact: Patricia www.dbsalliance.org/ | Mayfair Center – 3200 NW 48th St, Suite 103 www.okdbsa.org |
| Bethany– Depression & Bipolar Support Alliance of Oklahoma | 405/943-0879 | Contact: Rebekah | Bethany Church of Christ – 3301 N. Rockwell <i>Weekly meeting.</i> |
| Guthrie – Depression & Bipolar Support Alliance of Oklahoma | 405/373-0059 | Contact: Iva | West Guthrie Methodist Church <i>Weekly meeting.</i> |
| MWC – Depression & Bipolar Support Alliance of Oklahoma | 405/727-1923 | Contact: Jackie | Eastside Church of Christ – 916 S. Douglas <i>Weekly meeting.</i> |
| Norman – Depression & Bipolar Support Alliance of Oklahoma | 405/373-0059 | Contact: Iva | Edsel Ford House – 101 State Drive <i>Weekly meeting.</i> |
| OKC – Depression & Bipolar Support Alliance of Oklahoma | 405/722-0612 405/942-0172 | Contact: George Contact: Shannon | Crossings Community – 14600 N. Portland <i>Weekly meeting.</i> |
| OKC – Depression & Bipolar Support Alliance of Oklahoma | 405/570-3672 | Contact: Nancy | Capitol Hill Library Basement – 334 SW 26th <i>Weekly meeting.</i> |
| OKC – Depression & Bipolar Support Alliance of Oklahoma | 405/635-1735 | Contact: Gina | Mayfair Center – 3200 NW 48th St, Suite 103 <i>Weekly meeting.</i> |
| OKC – Depression & Bipolar Support Alliance of Oklahoma | 405/413-7778 405/427-1329 | Contact: George Contact: Twila | All Souls Episcopal Church – 6400 N. Penn <i>Weekly meeting.</i> |
| Stillwater – Depression & Bipolar Support Alliance of Oklahoma | 580/307-5071 405/372-0211 | Contact: Don Contact: Diane | 1st Presbyterian Church <i>Weekly meeting.</i> |
| Yukon – Depression & Bipolar Support Alliance of Oklahoma | 405/354-5650 | Contact: Cheryl | 1st Christian Church – 601 Maple <i>Weekly meeting.</i> |

DHS

| State-wide Child Protective & Adult Protective Services reporting | | REPORT ABUSE AND NEGLECT | |
|---|---|--|----------------------------------|
| | | If you believe a child is being abused or neglected, you have a legal responsibility to report it to the appropriate local OKDHS county office during business hours. Reports can also be made at any time to the 24-hour Child Abuse and Neglect Hotline: 800/522-3511. | |
| Oklahoma State | 800/522-2922 <i>Child support agency</i> | | |
| Canadian County | 405/295-2700 800/572-6845 | 405/295-2000 866/806-1056 | 405/262-2030 314 W. Rogers St |
| Cleveland County – Moore | 405/912-2000 | 877/207-7317 | Moore – 2507 N. Shields Blvd |
| Cleveland County – Noble | 405/573-4000 | | Noble – 1600 N. Main, Ste. 2 |
| Cleveland County – Norman | 405/573-8300 | 800/572-6823 | Norman – 631 E. Robinson |
| McClain County – Purcell | 405/527-6511 | 800/815-7570 | Purcell – 1930 S. Green Ave |
| OKC | 405/521-2778 | | |
| OKC – Child Abuse Reporting | 405/767-2800 | | |
| OKC – Lend-a-Hand Center for Prevention of Child Abuse | 405/235-9812 | | |
| OKC APS | 405/521-3660 | | |
| Oklahoma County | 405/644-5700 | 800/884-1532 | SW-OKC – 401 W. Commerce |
| Oklahoma County | 405/739-8000 | 800/884-1579 | MWC – 9901 SE 29th |
| Oklahoma County | 405/522-5818 | 800/884-1534 | OKC – 2409 N. Kelley |
| Oklahoma County | 405/767-2600 | 800/884-1581 | OKC – 5905 N. Classen Court |

Diabetes

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|---|--------------|--|--------------------------------------|
| American Diabetes Association | 800/342-2383 | | |
| Oklahoma Office -- Diabetes Association | 405/840-3881 | | 3000 United Founders Blvd, Suite 108 |
| OKC – Mercy | 405/752-3600 | | 4300 W. Memorial |
| OKC – Integris Health Line | 405/951-2277 | | |

Divorce

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| OKC – Cope | 405/524-2673 | | 2701 N. Oklahoma Ave <i>4-hour seminar is designed to help minimize the negative impact of divorce on children. How to Explain Divorce to Children; Changes in Parent / Child Relationships; How to Make Parenting Decisions Based on the Child's Needs; Typical Reactions of Children Experiencing Divorce</i> |
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Domestic Violence

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| <i>Shelters, services & support</i> | | | |
| National Domestic Violence Hotline | 800/799-7233 | 800/787-3224 TDD www.ndvh.org | |
| Between Friends | 800/603-HELP (603-4357) | | |
| National Center on Domestic Violence | 800/537-2238 | | |
| Resource Center on Domestic Violence & Child Protection and Custody | 800/527-3223 | | |

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| Norman – Oklahoma Employment Security Commission | 405/701-2000 <i>Job placement assistance. Info on State jobs. Proficiency testing. Job searches.</i> | 1141 E. Main |
| OKC – Alternative Labor Resources | 405/634-9885 <i>Temp – Permanent</i> <i>Need 2 IDs</i> | 6600 S. Western <i>M - Fri ~ 8-5</i> |
| OKC – RAINS | 405/232-2437 <i>HIV – AIDS testing and case management</i> | 800/285-2273 1200 N. Walker, Suite 500 |
| OKC – Chance to Change | 405/840-9000 | |
| OKC – Express Personnel | 405/634-6600 405/720-0100 <Job Line | 7321 S. Western 6300 NW Expressway |
| OKC – Francis Tuttle Vo-Tech | 405/717-4252 <i>Displace Homemaker, Job training & readiness, search assistance.</i> | 12777 N. Rockwell Ave |
| OKC – Goodwill Industries | 405/236-4454 405/236-4451 <i>Employment assistance, Business communications training, Developmental Disabilities Services Division (DDSD)</i> | 410 SW 3rd. <i>Mon – Fri ~ 8:00am – 5:00pm</i> |
| OKC – Latino Community Development | 405/236-0701 | 420 SW 10th |
| OKC – Link Staffing, North | 405/946-1883 | 1921 North Meridian |
| | <i>Crafts, trades, & light industrial positions on a temp, temp-to-hire, or permanent basis</i> | |
| OKC – Metro Tech | 405/424-8324 Ext 432 <i>Displace Homemaker / Single Parent Programs, Job training & readiness, search assistance</i> | 1600 Springlake Drive |
| OKC – OCARTA | 405/848-7555 866/848-7555 <i>Referral D&AtT& Ed. Recovery</i> | 2808 NW 31st |
| OKC – United Urban Indian Council | 405/810-9202 <i>Employment & Training – GED</i> | 4801 N. Classen |
| OKC – WorkForce OKC | 405/639-3640 405/470-3200 405/713-1890 405/670-9100 <i>Job placement assistance. Info on State jobs. Proficiency testing. Job searches.</i> | 416 B Hudiburg Circle Francis Tuttle Technology Center – 12777N. Rockwell 7401 NE 23 rd Southside 4509 S. I-35 Service Road |
| OKC –State Employment Services | 405/470-3200 | 12777 N. Rockwell Campus Center/ Francis Tuttle |
| OKC – Olsten Staffing Services | 405/525 3456 | 525 Central Park Drive # 107 |
| OKC – tand-by Serv/LLC | 405/232-4600 | 800 NW 6 th Street <i>M – F ~ 5 AM</i> |
| OKC – The Education & Employment Ministry (TEEM) | 405/235-5671 <i>Nonprofit, faith-based organization. Training on: Typing/Computer, Life Skills, Finance, Ethics, Self-employment, Pre-Cosmetology/Hairdressing.</i> www.teem.org/ | 14 NE 13th |
| OKC – Urban League | 405/424-5243 | 3900 N. Martin Luther King Ave |
| OKC – WorkForce Career | 405/670-9292 DISABILITY PROGRAM NAVIGATOR 405/639-3640 888/980-WORK (9675) <i>Occupational skills training, job search, OJT programs</i> | 4509 S. I-35 Service Road 416 B Hudiburg Circle |

Families Anonymous

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| National line | 800/736-9805 | www.FamiliesAnonymous.org |
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Family Planning/Assistance

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| OKC – Catholic Charities | 405/523-3000 <i>Case management, Immigration, adoption, group/marriage/school counseling.</i> | |
| OKC – Gladney Maternity Home | 405/848-8435 <i>Adoption placement & families</i> | |
| OKC – OASIS | 405/271-6302 800/426-2747 | <i>M - F ~ 8 – 6 PM</i> |
| OKC – City/County Health Department | 405/419-4150 | 4330 NW 10 th |
| OKC – Planned Parenthood | 405/528-2157 | 619 NW 23 rd |
| OKC – Rose Home | 405/557-1713 <i>Apply at Birth Choice Center (GO TO “PREGNANCY” LISTING FOR LOCATIONS)</i> <i>Criteria: pregnant women at least 18 yrs old and their children</i> <i>Has a housing program, driving tutors.</i> | |

Family Issues

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| OKC – Crossings Community Church | 405/755-2227 <i>Adults & children group</i> <i>Successful Christian Parenting</i> | 14600 N. Portland |
| OKC – Bipolar CoDp | 405/842-1461 <i>Survivors of Suicide.</i> | All Souls Episcopal Church – 6400 N. Penn |
| OKC – National Resource Center | 800/397-2945 <i>“Yes I Can” Program Foster Kids 18 – 21 aging out of Foster Care GED fees, birth certificates, uniforms, housing needs, tutoring</i> | 201 NE 50th |
| OKC – The Referral Center | 405/525-2525 <i>Family counseling, substance abuse counseling</i> | 1215 NW 25th (Off of Classen) <i>Tues ~ 7:00PM</i> |
| OKC – Sunbeam Family Services | 405/528-7721 <i>Family & Individual Counseling.</i> | Sunbeam Senior Shelter – 616 NW 21 st |

Financial & Credit Education

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| Edmond – Consumer Credit Counseling | 405/341-4443 | |
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| Norman – St. John’s Episcopal | 405/321-3020 | 235 West Duffy Weekly Debtors Anonymous meetings |
| OKC – Action Credit Advisors | 800/942-9027 | |
| OKC – Alliance Credit Counseling | 888/995-7856 | |
| OKC – Consumer Credit Counseling | 405/631-0294 | 5350 S. Western |
| OKC – Consumer Credit Counseling | 405/789-2227 800/364-2227 | 3230 N. Rockwell |
| OKC – Cope | 405/524-2673 <i>Fatherhood Program: Fatherhood skills training; Incarcerated fathers; Low income / teen fathers; and, New / expectant fathers. Family Skills Development Program: Pre-marital Counseling, Couples Communications, Parenting</i> | 2701 N. Oklahoma Ave |
| OKC – CSC Credit Services, Credit Reporting Agencies | 877/542-7227 | |
| OKC – Scope Ministries | 405/843-7778 <i>Faith-based, periodic classes on practical tools for budgeting and goal-setting. pre-registration is required. No cost.</i> | 700 NE 63rd St. Limited class size; |

Food Anonymous

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| Food Addicts Anonymous | No face-to-face meetings in Oklahoma. Has telephone conference meetings and on-line meetings (Yahoo). See web site for info: http://www.foodaddictsanonymous.org/ | |
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Gambling Support

Gamblers Anonymous (GA) and GAMANON HOTLINE 405/912-2200
See also: **Celebrate Recovery** in this listing

| | | |
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| Dept. of Mental Health & Substance Abuse Gambling Helpline | 800/522-4700 <i>Toll-Free, 24-Hours a Day</i> | Can offer referrals to Certified Gambling Counselors |
| Oklahoma Gamblers Anonymous Hotlines | Oklahoma City Hotline 405/525-2026 Oklahoma City/Surrounding Areas Hotline 405/912-2200 Tulsa Hotline 918/760-4349 | www.gamblersanonymous.org/ |
| Ardmore – Arbuckle Life Solutions | | 10th Avenue NW Weekly meeting. |
| Lawton – Cameron Baptist Church | | 2621 Southwest “C” Ave Weekly meeting. |
| Norman – St. Stephens United Methodist Church | | 1801 West Brooks Weekly meeting. |
| Norman – St. John’s Episcopal | 405/321-3020 | 235 West Duffy Weekly Gamblers Anonymous & Debtors Anonymous meetings |
| OKC – Crossings Community Church | 405/755-2227 | 14600 N. Portland Weekly meeting. |
| OKC – South Lindsay Baptist Church | | (3 blocks north of SE Grand between Shields & High) – 3300 S. Lindsay Weekly meeting. |
| OKC – Family Church | | 8300 S. Santa Fe Weekly meeting. |
| OKC – | | 2312 Youngs Weekly meeting. |
| Shawnee – First Baptist Church | | 10th & Union Weekly meeting. |
| Stillwater – Unitarian Universalist Church | | 220 S. Stallard St Weekly meeting. |
| Stillwater – First Church of the Nazarene | | 1023 E. Will Rogers Weekly meeting. |

Gay, Lesbian, Homosexual

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|---|---|---------------------------------|
| Gay Teen Hotline | 800/969-6884 | |
| Edmond – PFLAG Edmond | 405/844-9038 <i>Support Group</i> | 2800 SE 15 th |
| Norman – PFLAG | 405/360-4497 | 715 W. Brooks |
| OKC – First Stone Ministries | 405/236-4673 <i>Services & Support groups for those leaving the gay lifestyle. Some programs are free, some have a cost for study materials.</i> | 1330 N Classen Blvd. Suite G-80 |
| OKC – Other Options | 405/605-8020 <i>Food, clothing</i> | 3003 N. May |
| OKC – RAIN <i>(Regional AIDS Intercommunity Network)</i> | 405/947-3434 | 600 NW 23rd, Suite 101 |
| OKC – Red Rock North | 405/524-6500 | 2242 NW 39 th |

General Education Development Equivalency (GED)

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| MWC – Rose State College | 405/733-7392 | |
| OKC – Adult Learning Center | 405/231-2053 | 1320 N. Classen Drive |
| OKC – Community Literacy Center | 405/631-7323 <i>Reading classes.</i> | 3707 S. Blackwelder |
| OKC – Literacy Link | 405/732-2737 | |

Grief

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| Edmond – GriefShare | 405/610-3627 | Edmond Church of Christ – 801 S. Bryant <i>13 week cycle of study & meetings to face the death of a spouse, child, family member.</i> |
| Edmond – GriefShare | 405/341-4639 | Henderson Hills Baptist Church – 1200 E I-35 Frontage Rd <i>13 week cycle of study & meetings to face the death of a spouse, child, family member.</i> |
| Moore – GriefShare | 405/793-2600 | First Baptist Church Moore – 301 NE 27th <i>13 week cycle of study & meetings to face the death of a spouse, child, family member.</i> |
| MWC Hospital – Grief Recovery Series | 405/610-3627 | 2825 Parklawn Drive <i>6 week series, Weekly meeting.</i> |
| Mustang – Griefshare | 405/755-2227 | Chisholm Heights Baptist Church – 2243 West Highway 152 <i>13 week cycle of study & meetings to face the death of a spouse, child, family member.</i> <i>Call for times.</i> |
| Norman – Compassionate Friends | 405/360-0830 | First Christian Church – 4400 West Main |
| Norman – GriefShare | 405/321-0788 | Alameda Church of Christ – 801 East Alameda <i>13 week cycle of study & meetings to face the death of a spouse, child, family member.</i> |
| Norman Regional – Support Groups | 405/440-8802 | 405/307-1000 |
| Norman – Survivors of Suicide | 405/329-4280 | McFarlin Methodist Church Rm. 228 <i>2nd Sunday ~ 2:30pm</i> |
| Norman – Hospice of Norman | 405/579-8565 | <i>Six-week support group</i> |
| Norman – McFarlin Memorial United Methodist Church, Stephen Ministry | 405/321-3484 | 419 S. University Blvd <i>Peer counseling – Stephen Ministry cares for those who are critically ill or injured, bereaved, in a job crisis, separated or recently divorced and others who go through many of life's crises.</i> |
| OKC — All Souls Episcopal | 405/842-1461 | 63rd & N. Penn <i>Survivors of Suicide, Monthly meeting.</i> |
| OKC – Baptist Integris – PRIDE (Infant Loss) | 405/949-3429 | |
| OKC – Calm Waters | 405/841-4800 | 4334 NW Expressway, Suite 101 <i>Grief support, individual (sliding scale, fee for service), support groups (free), "Parenting Thru Divorce" (\$25), parenting and step-parenting classes</i> |
| OKC – Compassionate Friends | 405/615-0069 | Mayflower Congregational Church – 3901 NW 63rd St <i>Monthly meeting.</i> <i>Also offers sibling support subgroup for 7+</i> |
| OKC – Deaconess – PRIDE (Infant Loss) | 405/949-6399 | |
| OKC – Good Grief (Kids & Teens) PRIDE (Infant Loss) | 405/752-3600 | Mercy Hospital Conference Center – 4300 W. Memorial www.mercyok.net |
| OKC – Grief | 405/755-4790 | <i>Call for current info</i> |
| OKC – Griefshare | 405/755-2227 | Crossings Community Church – 14600 N. Portland <i>13 week cycle of study & meetings to face the death of a spouse, child, family member.</i> |
| OKC – Griefshare | 405/755-9240 | Quail Springs Baptist Church – 14613 N. May Avenue <i>13 week cycle of study & meetings to face the death of a spouse, child, family member.</i> |
| OKC – Grief Support-Cancer | 405/752-3388 | <i>Stress release classes Support groups</i> |
| OKC – Healthy Healing | 405/936-5242 | |
| OKC – New Horizons | 405/752-3776 | <i>Loss of loved</i> |
| OKC – Southwest Medical Center | 405/636-7982 | SW Medical Center – 4401 S. Western <i>3rd Tuesday</i> |

Health Department

| | | |
|----------------------|--------------|--|
| OKLAHOMA COUNTY CITY | 405/427-8651 | OKC – 921 Northeast 23rd Street |
| CANADIAN COUNTY | 405/262-0042 | El Reno – 100 S. Rock Island |
| | 405/354-4872 | Yukon – 1023 East Vandament |
| CLEVELAND COUNTY | 405/321-4048 | Norman – 250 12th Ave. N.E. |
| | 405/794-1591 | Moore – 224 South Chestnut <i>Interprete en Espanol estan disponibles para todos los servicios. Si necesita interprete por favor de contactar 405/321-4048 or 405/794-1591</i> |
| GRADY COUNTY | 405/224-2022 | Chickasha – 2116 Iowa Street |
| KINGFISHER COUNTY | 405/375-3008 | Kingfisher – 124 East Sheridan, Courthouse Annex Rm #101, |
| LINCOLN COUNTY | 405/258-2640 | Chandler – 101 Meadow Lane |
| LOGAN COUNTY | 405/282-3485 | Guthrie – 215 Fairgrounds Rd, Ste A |
| OSAGE COUNTY | 405/287-3740 | 866/987-3740 Pawhuska – 539 Leahy, Suite 103 |
| | 405/372-8200 | Stillwater – 1321 West 7th Avenue |
| PAYNE COUNTY | 405/225-3377 | Cushing – 1001 East Cherry St |
| | 405/273-2157 | Shawnee – 1904 Gordon Cooper Dr |
| POTTAWATOMIE COUNTY | 405/382-4369 | Seminole – 1900 Boren Blvd |
| | 405/257-5401 | Wewoka – 200 South Brown |

Hispanic Resources

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|---|--|---|
| OKC – Latino Community Development Agency | 405/236-0701 Family Education & Support: Youth Prevention & Growth Community Health Education & Promotion Bilingual Child Development Center (Early Start Program) Monthly clinic to offer mammograms and pap smears 405/706-5476 Counseling in individual, group and/or family sessions. Substance abuse counseling: ages 12-21 www.latinoagencyokc.org/index.html | 420 S. W. 10th Futuro Familiar Housing Program |
|---|--|---|

The following are **Hospital Facilities**. For other facilities, see: *Substance Abuse Inpatient & Halfway Houses Services*

Hospitals

| | |
|---|---|
| <i>(Medical with MH or Sub Abuse Treatment)</i> | Louisiana |
| Doctor's Hospital | 800/441-4677 Substance Abuse. Private pay. |

Hospitals

| | |
|---|---|
| <i>(Medical with MH or Sub Abuse Treatment)</i> | OKC Area |
| Baptist Integris | 405/949-3011 Main 405/951-2273 MH Consult Outpatient available. |
| Cedar Ridge (Private) 6505 NE 50th | 405-605-6111 |
| Deaconess DETOX | 405/604-6133 Main |
| Deaconess Bethany | 405/951-2273 MH Consult 405/604-6278 MH |
| Mercy | 405/755-1515 Main |
| OCCIC | 405/522-8100 405/522-8108 |
| OU Health Sciences Center | 405/271-6000 Main 405/271-4363 ER |
| St. Anthony's | 405/272-7000 Main 405/272-6216 MH 405/231-8733 Senior Adult |
| St. Anthony's – SOUTH (SW 59th & Penn) | 405/685-6671 Main Hosp 405/680-2261 New Vision (DETOX) 405/713-5790 Outpatient 800/939-2273 New Vision (DETOX) |
| VA | 405/270-0501 Main |

Hospitals

| | |
|--|--|
| <i>(Medical with MH or Sub Abuse Treatment)</i> | State-wide |
| Ada – Rolling Hills DETOX | 580/436-3600 800/522-9505 Inpatient & Outpatient—private pay, insurance |
| Edmond Private | 405/341-6100 Main 405/359-5253 Gero Unit |
| Midwest Private | 405/610-4411 Main 405/610-8800 ER 405/610-8270 MH |
| Norman – Red Rock Crisis Unit at Griffin Memorial Hospital | 405/573-6471 |
| Norman Regional Hospital Private | 405/307-1000 Main 405/307-1500 ER 405/307-5555 MH |

Hospitals

| | |
|---|--|
| <i>(Medical with MH or Sub Abuse Treatment)</i> | Tulsa area |
| Brookhaven Private | 918/438-4257 888/298-4673 Behavioral health, chemical dependency, eating disorders (Christian based) |
| Laureate Hospital Private | 918/481-4000 (Intake/Referral) 918/491-5600 Adults, Senior, Adolescents, & Children Services Behavioral Health, Chemical Dependency, Eating Disorders |
| Parkside Private DETOX | 918/588-8888 24/7 Crisis Line 918/5822131 Outpatient Acute psychiatric episodes Medical detoxification if diagnosed with a co-occurring mental illness. |
| St. Johns Hospital Private | 918/744-2345 Adult, gero |
| Tulsa Behavioral Health | 918/745-2402 Behavioral health, chem dep, day treatment, medication mgmt, dual diagnosis 918/293-2100 Crisis unit. 24-hour, walk-in availability. 918/293-2113 Substance Abuse Unit. |

Housing

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|------------------------------------|--|
| | See also: Substance Abuse Inpatient & Halfway Houses Services |
| Norman – Transition House | 405/360-7926 700 Asp, Ste. 2 Private non-profit agency. Transitional living & outreach to adults (who would be homeless). www.thouse.org/ |
| OKC – Carolyn Williams Center | 405/236-0413 Intake Coordinator 201 NE 50th Transitional living – Men age 18-24 Deposit & monthly fee |
| OKC – Central Habitat for Humanity | 405/232-4828 |
| OKC – Compass Program | 405/634-4400 |
| OKC – Hands Up Ministries | 405/236-3349 2130 SE 59th Men's Sex Offender Housing Program |
| OKC – The Harbor | 405/943-2273 |
| OKC – Housing Authority | 405/239-7551 1700 NE 4th Section 8, Rental Assistance, Housing |

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|---|---|----------------------------|
| OKC – Housing Finance Authority | 405/848-1144 | |
| OKC – Neighborhood Services Organization Offers transitional and permanent housing programs. | 405/236-0413 ext 305 Intake Coordinator 405/525-7409 Case Manager <i>Palo Duro Apts: Permanent supportive housing for chronically homeless, mentally ill adults.</i> <i>Martha's House: Transitional housing for families.</i> <i>Gatewood Home: Transitional housing for homeless pregnant</i> <i>Carolyn Williams Center: Transitional housing for homeless males.</i> (Call for current program availability) | |
| OKC – Opportunity Gardens | 405/424-3142 <i>Elderly, 55 with a disability, or 62 & over.</i> | 1917 NE 20 th |
| OKC – Pershing Center / City Care | 405/609-2400 | 2400 General Pershing Blvd |
| OKC – Red Rock Transitional Housing | 405/425-0316 | |
| OKC – Rose Home | Pregnant Mothers program — pregnant women at least 18 yrs old and their children Apply at a Birth Choice Center (GO TO “PREGNANCY” LISTING FOR APPLICATION LOCATIONS) Required group attendance at: Weekly house meetings, Weekly psychological groups, Parenting skills enhancement, Birthing preparation classes Includes food, shelter, case management, transportation to essential services, clothing, GED and Driving License tutoring, and Section-8 obtainment assistance. | |
| OKC – Shiloh Manor | 405/745-3270 | |
| OKC – “Yes I Can” | 800/397-2945 <i>Employed teens</i> | |
| Shawnee – Housing Authority | 405/275-6330 | 601 West 7 th |
| Stillwater – Housing | 405/372-4906 | |

Identification

| | | |
|---|---|--|
| Edmond | 405/341-4930 | 28 East Main |
| Norman | 405/364-9595 | 430 N. Berry Rd. |
| OKC – Community Action | 405/232-0199 <i>Homeless only</i> | |
| OKC – Department of Vital Statistics | 405/271-4040 | OU Health Science Center – NE 10th & Stonewall |
| OKC – Department of Public Safety | 405/681-5489 | 2480 W. I-240 |
| OKC – Social Security Office | 405/605-3000 | Shepard Mall – 2615 Villa Prom |
| OKC – Guild of St. George <i>ZIP CODE RESTRICTIONS</i> | 405/232-2266 <i>Also: Hair cuts & bus passes</i> | 117 NW 7 th |

Information & Helplines

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|--------------------------------------|--------------|--------------|
| AOD Helpline (Alcohol & other drugs) | 800/821-4357 | |
| Norman – United Way Helpline | 405/364-3800 | |
| OKC – OASIS | 405/271-6302 | 800/426-2747 |

Learning Disabilities

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|---|--------------|--|
| Learning Disabilities Association of OK | 918/298-1600 | |
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Legal Aid & Assistance

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|---------------------------------------|---|----------------------|
| Federal, Public Defender | 405/609-5930 | |
| State-wide Directory/Referral | 800/421-1641 | 800/421-8017 |
| Supreme Court & Court of Appeals | 405/556-9400 | |
| Legal Aid of Western Oklahoma | 405/521-1302 | 2901 N. Classen |
| Legal Aid for persons with HIV/AIDS | 405/524-4611 | |
| Cleveland County (OU Legal Clinic) | 405/325-3702 | |
| Oklahoma County Courts | 405/270-0082 | |
| Oklahoma County Public Defender | 405/713-1550 | |
| Oklahoma County Jail/Sheriff's Office | 405/713-1000 | |
| Probation Office | 405/297-2636 | |
| Norman - Indigent Defense System | 405/325-3128 | 1600 Cross Center Dr |
| OKC – City Court | 405/297-3898 | |
| OKC – Legal Aid | 405/557-0020 | |
| OKC – Legal Services Development | 405/522-3069 <i>Technical assistance & training on elder rights, grandparents' rights, & end of life planning.</i> | |
| OKC – Disability Law Center | 405/525-7755 | 2915 N. Classen |
| OKC – Public Defender | 405/297-3190 | |
| OKC – Seniors Legal Aid | 405/557-0014 <i>Oklahoma or Canadian County resident. 60 yrs or older</i> | |

Marriage

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|----------------------------------|---|---|
| OKC – Crossings Community Church | 405/755-2227 | 14600 N. Portland |
| OKC – Scope Ministries | 405/843-7778 <i>Faith-based seminars on couples communication and problem solving</i> <i>registration is required. No cost.</i> | 700 NE 63rd St. Limited class size; pre- |

Mental Health Advocacy

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|-----------------------------|--------------|------------------|
| Norman – NAMI Reach Support | 405/321-2057 | Monthly meeting. |
|-----------------------------|--------------|------------------|

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|---|--------------|--|
| OKC – Consumer’s Council | 405/604-6975 | |
| OKC – Federation of Families for Children’s Mental Health | 405/373-3300 | 405/230-1901 |
| OKC – Interventions | 405/833-9733 | Ron Tewksbury |
| OKC – NAMI | 800/583-1264 | 405/230-1900 4200 Perimeter Center Dr. Suite 150 Monday – Friday ~ 8:30am – 4:30pm |

Mental Health Services

Community Based & Community Mental Health Services

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|--|---|---|
| Anadarko – Taliaferro Center | 405/ 247-6807 | 110 SE 2nd |
| Chandler – Red Rock Center | 405/258-3040 Fax: 405/240-5008 | 112 N. McKinley |
| Chickasha – Red Rock Center | 405/222-0622 | 804 Choctaw |
| El Reno – Red Rock Center | 405/422-8800 Fax: 405/422-8818 | 7777 E. Hwy 66 |
| Guthrie – Northwest Center for Behavioral Health | 405/282-1830 Fax: 405/282-1861 | 580/242-3638 (24-hour crisis) 1923 S. Division |
| Kingfisher – Northwest Center for Behavioral Health | 405/375-6377 | |
| Langston – Mary Mahoney Medical Center at Langston | 405/466-2535 <i>Behavioral Health Care (including anger management, developmental issues, substance abuse)</i> | 300 Martin Luther King St. |
| Moore – Moore Alcohol & Drug | 405/799-7761 <i>Based on income.</i> | 405/799-3379 624 NW Fifth |
| Norman – McFarlin Memorial United Methodist Church, Stephen Ministry | 405/321-3484 <i>Peer counseling – Stephen Ministry cares for those who are critically ill or injured, bereaved, in a job crisis, separated or recently divorced and others who go through many of life’s crises.</i> | 419 S. University Blvd |
| Norman – Central Oklahoma MH Center | 405/360-5100 | 909 E. Alameda |
| Norman – OU Counseling Psychology | 405/325-2914 <i>Graduate student counseling ser for OU -- sliding scale.</i> | 3200 Marshall Ave |
| OKC – Catholic Charities | 405/523-3000 <i>Counseling service / family support / Refugee Sliding scale</i> | 1501 N. Classen 8:00 – 4:30 |
| OKC – Christian Clinic for Counseling | 405/943-1281 <i>Sliding scale</i> | 3508 NW 50th M – Thu ~ 9 – 5 |
| OKC – COPE, inc. | 405/528-8686 <i>Parenting, anger mgmt, sub abuse, domestic violence, GED, DUI. Sliding scale</i> | 2701 N. Oklahoma Ave |
| OKC – DaySpring Community Services | 405/702-9721 <i>Counseling and Case Management Services.</i> | 500 N Walker Ave |
| OKC - Hope Community Services | 405/634-4400 | 105 SE 45th |
| OKC – Integriss | 405/427-2441 <i>Children, adolescent</i> | 2601 Spencer Road |
| OKC – Mary Mahoney Center <i>Oklahoma, Pott, & Lincoln Counties</i> | 405/769-3301 | 12716 NE 36 th |
| OKC – North Care | 405/272-0660 | 1140 N. Hudson |
| OKC – North Rock, Med Clinic | 405/425-0490 | 4400 N. Lincoln |
| OCCIC | 405/522-8100 | 405/522-8108 1200 NE 13th |
| OKC – Red Rock, Main Facility | 405/424-7711 | 4400 N. Lincoln Blvd |
| OKC – Total Life Counseling | 405/840-7040 | 3000 United Founders Blvd, Suite 239 |
| Shawnee – Red Rock | 405/275-7100 | 126 N. Bell |
| Stillwater – Edwin Fair Center | 405/372-1250 | 800 E. 6th Street, Suite B |

Mental Illness Support

Information, referral, literature, support groups

| | | |
|------------------------------------|---|---|
| Bethany – Family Support Group | 405/787-4860 (Carol) | Deaconess Bethany Hosp – 7600 NW 23rd <i>Monthly meeting.</i> |
| Choctaw – Family to Family Support | 405/769-9737 -or- 405/769-5226 (Yvonna) | Tri City Youth & Family – 14625 NE 23rd <i>Weekly meeting.</i> |
| Norman – Reach Support | 405/321-2057 (Ruby) | Edsel Ford House – 107 State Drive <i>Twice monthly meetings</i> |
| OKC – Consumer’s Council | 405/604-6975 | 3200 NW 48th |
| OKC – Family Support Group | 405/205-5273 (Jon) | Memorial Road Church of Christ – 2221 E Memorial Rd <i>Twice monthly meetings.</i> |
| OKC – Family to Family Support | 405/230-1900 (Gail) <i>Visions for Tomorrow (Caregivers of children) Family to Family Education Classes (12 week program, call for registration)</i> | Crossings Church – 14600 N Portland <i>Weekly meeting.</i> |
| Yukon – Family to Family Support | 405/350- 6519 | South Yukon Church of Christ on Tenth <i>Twice monthly meetings</i> |

Methadone Treatment

| | | |
|--------------------------------|--------------|-----------------|
| OKC – Mission Treatment Center | 405/239-6815 | 1214 N. Hudson |
| OKC – New Beginnings Medical | 405/681-2003 | 5421 SW 27th |
| OKC – Right Way Medical | 405/616-3366 | 9017 South I-35 |

Narcotics Anonymous

See also: ***Celebrate Recovery*** in this listing

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|------------------|--------------|--------------------------|
| Eastern Oklahoma | 918/747-0017 | 888/749-0017 Information |
| North Oklahoma | 800/982-0242 | |

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| Norman – St. John's Episcopal | 405/321-3020 | 235 West Duffy Weekly NA meetings |
| OKC & Western Oklahoma | 405/524-7068 | 866/524-7068 |

Native American Resources

| | | | |
|--|--------------|-----------|-------------------------------|
| Indian Affairs Commission | 405/521-3828 | Main Line | 4545 Lincoln Blvd., Suite 282 |
| Carnegie – Kiowa Tribe | 580/654-2300 | | P.O. Box 369 |
| Durant – Choctaw Tribe Main Office | 800/522-6170 | | |
| McCloud – Kickapoo Tribe | 405/964-2081 | | |
| OKC – Indian Clinic | 405/948-4900 | | 4913 W. Reno |
| OKC – Indian Legal | 405/943-6457 | | 800/658-1497 |
| OKC – United Urban Indian Council | 405/810-9202 | | 4801 N. Classen |
| Stigler – Choctaw Nation | 918/967-2398 | | |
| Stroud – Sac & Fox Nation | 918/968-3526 | | 800/259-3970 |
| Talihina – Choctaw Nation, Family Services | 918/567-4265 | | |

Native American Inpatient Units

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|---|---|--------------------------|--|
| Ada – Chickasaw Nation ~ Healthy Lifestyles | 580/332-6345 28-day RESIDENTIAL PROGRAM | 10 Men 6 Women | 3115 E. Arlington CDIB Card |
| Clinton – Cheyenne & Arapaho George Hawkins Treatment Center | 800/247-4612 Ext – 32370 RESIDENTIAL PROGRAM | 8 Men 8 Women | 10320 N. Airport Rd. |
| Clinton – Choctaw Behavioral Health | 580/323-2884 | | |
| Lawton – Comanche Tribe ~ New Pathways | 580/248-3628 HALF-WAY HOUSE | | 1401 Laurie Tatum Rd CDIB -- All tribes |
| Pawhuska – Osage Nation Counseling ~ PRT Program | 918/287-5419 RESIDENTIAL PROGRAM | 5 Men 4 Women | |
| Ponca City – Pawnee Tribe ~ Social Development Center | 580/762-6617 RESIDENTIAL PROGRAM | 5 Men 5 Women | 210 Starting Point Drive |
| Mayetta, Kansas – Pottawatomie Tribe ~ P.A.R.R. | 785/966-3002 | 10 Men | |
| Tahlequah – Cherokee Nation ~ Jack Brown Youth Treatment Center | 918/458-0496 | 13 ADOLESCENT Males | ADOLESCENT Females |
| Talihina – Choctaw Nation ~ Chi Hullo Li | 918/567-2905 RESIDENTIAL PROGRAM | 17 Women & with children | |
| Talihina – Choctaw Nation Recovery Center | 918/567-2389 RESIDENTIAL PROGRAM | 10 Men 10 Women | |

Overeaters Anonymous

See also: **Celebrate Recovery** in this listing

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| Norman – Overeaters Anonymous | 405/ Step & Abstinence | St. Thomas More University Parish Weekly meeting. |
| Norman – Overeaters Anonymous | 405/ Big Book Study | St. Johns Episcopal Church – 235 W. Duffy St, Door to right of entrance. Weekly meeting. |
| MWC – Overeaters Anonymous | 405/886-9543 (Donna) or 885-9676 (Patricia) New Beginnings/Relapse | Call for location. Weekly meeting. |
| MWC – Overeaters Anonymous | 405/ OA 12 & 12 | Wickliffe Methodist Church – 417 Mid America Blvd. Weekly meeting. |
| OKC – Overeaters Anonymous | 405/942-0577 Intergroup office | 4010 N. Lincoln Blvd., Suite 104 Call for meeting dates and times |
| OKC – Overeaters Anonymous | 405/ Group's Choice – Open meeting | http://www.aa.org/ All Souls' Episcopal Church – 6400 N. Pennsylvania, S. Entry Weekly meeting. |
| OKC – Overeaters Anonymous | 405/ For Today | Capitol Hill Assembly – 2400 SW 74, SW door Weekly meeting. |
| OKC – Compulsive Eaters Anon | 405/755-2227 | Crossings Community Church – 14600 N. Portland Weekly meetings. |
| OKC – Overeaters Anonymous | 405/ OA – Open meeting | Southside Serenity Group – 2212 S.W. 74 th St Weekly meeting. |
| Shawnee – Overeaters Anonymous | 405/ Leader's Choice meeting | First Christian Church Weekly meeting. |

Parenting

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|------------------------------------|--|--|
| Norman – Parents Assistance Center | 405/364-1420 Has adult and teen parents programs. | 1151 E. Main M – Thur ~ 8:00 – 6 |
| OKC – Chance to Change | 405/840-9000 Parenting classes call for times. Out D/A. | 5228 Classen Circle 8 – 6 |
| OKC – Christian Parenting | 405/755-2227 | Crossings Community Church – 14600 N. Portland |
| OKC – Cope | 405/524-2673 | 3033 N. Walnut, #300 |
| OKC – Eagle Ridge Institute | 405/840-1359 | |
| OKC – Hope Community Services | 405/634-4400 | |
| OKC – Hope Pregnancy Center | 405/755-5433 Parenting classes; Tuesday night fatherhood class. | 10327 N. May Ave |

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| OKC – Hope Pregnancy Center | 405/688-8700 <i>Parenting classes; Tuesday night fatherhood class.</i> | 1624 SW 82nd (82nd & S. Penn) |
| OKC – Parent Promise | 405/232-2500 <i>Educational and support groups. Baby Think It Over: Provides infant simulators to middle/high school students for a realistic parenting experience. Includes 2 days of discussion about the realities of teen parenting.</i> | 437 NW 12 th |
| OKC – Parents Info Resource Center | 405/478-4078 | |
| OKC – Parents Assistance Center | 405/232-8226 | 415 NW 5th |
| OKC – RAPP (Relatives as Parents Program) | 405/722-7445 <i>Educational & support group for caregivers of other relative's children. Light meal and separate children's activities provided.</i> | New Covenant Christian Church – 12000 N. Rockwell 2nd & 4th Thurs ~ 6:30PM – 8:30PM |

Pregnancy

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|--|---|---------------------------------------|
| Bethany – Birth Choice | 405/495-6919 <i>Assistance before and after birth, testing, counseling, referrals, baby clothing.</i> | 5106 N. Rockwell Ave |
| Edmond – Birth Choice | 405/330-2111 <i>Assistance before and after birth, testing, counseling, referrals, baby clothing.</i> | 11 C Burton Place |
| El Reno – Birth Choice | 405/262-0003 <i>Assistance before and after birth, testing, counseling, referrals, baby clothing.</i> | 400 W. London St |
| Guthrie – Crossroads | 405/282-0800 Text: 405-293-TEST (8378) <i>Laboratory grade pregnancy tests. Infant supplies in exchange for attending classes. Offers non-medical labor support professionals</i> | 3077 E. College Ave |
| Norman – Birth Choice | 405/360-9555 <i>Assistance before and after birth, testing, counseling, referrals, baby clothing.</i> | 457 W. Gray |
| OKC – Birth Choice | 405/631-4477 405/495-6919 <i>Assistance before and after birth, testing, counseling, referrals, baby clothing.</i> | 4701 S. Western |
| OKC – Catholic Social Ministries / Family Support Services | 405/523-3012 <i>Adoption agency Family Hop 18 or younger. Case management help work with resource / Employed</i> | 1501 N Classen Blvd Suite 200 |
| OKC – Crisis Pregnancy / Hope Pregnancy Center | 405/755-5433 405/688-8700 <i>Free pregnancy test / Decision counseling / Support groups</i> | 10237 N May Ave 1624 SW 82nd |
| OKC – Deaconess Pregnancy Resource Center | 800/567-6631 405/949-4200 <i>Counseling before and after birth, coordination of medical services, referrals for housing, social services connection, educational and vocational guidance If adopting out: court-approved living expenses, facilitate contact with adoptive family, reunion services</i> | 7101 NW Expressway, Suite 325 |
| OKC – Rose Home | Contact any "Birth Choice" facility for intake info. <i>Shelter program for HOMELESS and pregnant. In-house support group attendance is mandatory. Food, shelter, case management, transportation to access essential services, clothing, furnishings, GED/Driving License tutoring, assistance in Section-8 voucher obtainment and moving assistance.</i> | |
| OKC – Single Moms Crisis Pregnancy | 405/949-4200 | Deaconess Hospital – 5501 N. Portland |

Rape

Go to Domestic Violence for Hotlines and Services

Red Cross

Services can include: Disaster services, blood donation, tissue donations, CPR classes, blood pressure classes, youth volunteering, community referrals, volunteerism

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|----------------------------|--|------------------------|
| El Reno – Canadian Valley | 405/262-5760 | 401 S. Grand Ave |
| Guthrie – Logan County | 405/282-1194 | 219 S. 2nd |
| Norman – Heart of Oklahoma | 405/321-0591 405/321-0552 405/321-0591 (Hotline) | 1205 Halley Ave |
| OKC – Central Oklahoma | 405/228-9500 | 601 NE 6 th |

Referral Lines

| | | |
|-------------------------|--------------|--------------|
| NAMI | 405/230-1900 | 800/583-1264 |
| OASIS | 405/271-6302 | |
| Reachout Crisis Hotline | 800/522-9054 | |

Smoking

See also: **Celebrate Recovery** in this listing

| | | |
|---------------------------|--|------------------------------|
| Oklahoma Tobacco Helpline | 800/784-8669 (800/QUIT-NOW) Spanish: 800/793-1552 <i>Referrals to community resources. Offers 1-on-1 "quit coaching"—Receive free nicotine patches, gum, or lozenges and a series of telephone based coaching sessions with the same "Quit Coach" throughout their quitting process</i> | Mon – Sun ~ 7:00AM – 11:00PM |
| OKC – Indian Clinic | 405/948-4900 | |

Social Security

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|----------------------|--------------|------------------|
| National number | 800/772-1213 | |
| Moore/Norman Office | 405/799-0702 | |
| Oklahoma City Office | 405/605-3001 | Shepard's Mall |
| Shawnee Office | 405/273-2689 | 1609 N. Harrison |

Spiritual Assistance & Issues

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|-------------------------------------|--|-------------------------------------|
| Edmond – Shepherds of Love Ministry | 405/348-5195 <i>Serves Oklahoma County, Norman, Yukon Provides assistance by telephone for utilities, medical bills, and medications. Friendship counseling, prayer requests.</i> | Tues – Wed – Thur ~ 9:30am – 4:00pm |
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Substance Abuse Consumer Advocacy & Referral

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|-------------------------------------|--------------|--------------------------|
| Center for Substance Abuse Services | 800/662-4357 | |
| Drug & Alcohol Referral Line | 800/888-9383 | |
| Reachout Referral Line | 405/522-8152 | 800/522-9054 |
| OKC – OCARTA | 405/848-7555 | 866/848-7555 (Toll free) |
| OCARta – Sister to Sister | 405/848-7555 | |

Substance Abuse Inpatient & Halfway Houses Services **Go to Substance Abuse Inpatient APPENDIX**

Substance Abuse Outpatient Services

| | | |
|--|---|---|
| Bethany – Celebrate Recovery | 405/789-3175 <i>Faith-based recovery program similar in style to 12-step programs. Group meetings, study materials.</i> | Council Road Baptist Church – 2900 N. Council Road <i>Weekly meeting.</i> |
| Chickasha – Southwest Youth & Family | 405/222-5437 Msg | 198 E. Almar |
| Edmond – Celebrate Recovery | 405/341-4639 <i>Faith-based recovery program similar in style to 12-step programs. Group meetings, study materials.</i> | Henderson Hills Baptist Church – 1200 E. I-35 Frontage Rd <i>Weekly meeting.</i> |
| Edmond – Celebrate Recovery | 405/478-0166 <i>Faith-based recovery program similar in style to 12-step programs. Group meetings, study materials.</i> | Memorial Road Church of Christ – 2221 East Memorial Rd <i>Weekly meeting.</i> |
| Edmond – Edmond Family Counseling | 405/341-3554 | 1251 N. Broadway, Suite C |
| El Reno – Turning Point (satellite) | 405/262-0739 | 203 N Bickford |
| El Reno – Youth & Family Services | 405/262-6555 | 7525 E. Hwy 66 |
| Guthrie – Logan Community Services | 405/282-5524 | 4710 S. Division |
| Langston – Mary Mahoney Medical Center at Langston | 405/466-2535 <i>Behavioral Health Care (including anger management, developmental issues, substance abuse)</i> | 300 Martin Luther King St. |
| Moore – Celebrate Recovery | 405/514-9990 <i>Faith-based recovery program similar in style to 12-step programs. Group meetings, study materials.</i> | First Baptist Church – 301 NE 27th St <i>Weekly meeting.</i> |
| Moore – Celebrate Recovery | 405/794-7313 <i>Faith-based recovery program similar in style to 12-step programs. Group meetings, study materials.</i> | Fresh Start Community Church – 309 N. Eastern Ave <i>Weekly meeting.</i> www.freshstartok.com |
| Moore – Moore Alcohol & Drug | 405/799-7761 | 405/799-3379 624 NW Fifth |
| MWC – Mid-Del Youth & Family | 405/733-5437 <i>Assessments for counseling.</i> | Mid American Blvd |
| Norman -- NAIC | 405/321-0022 | 215 W. Linn |
| OKC – Alcohol Training & Education | 405/943-7483 <i>\$20 per session. Substance Education, & Training. Ct & driver license.</i> | 3160 N. Portland |
| OKC – Alcoholics Rehab Center | 405/236-4148 <i>Reno club – Males only</i> | 436 NW 12th |
| OKC – Alcoholics Rehab Center | 405/236-4148 | |
| OKC – CARE for Change | 405/524-5525 <i>D/A counseling sliding scale no insurance Medicaid</i> | 3621 N. Kelley Ave, Suite 100 |
| OKC – Carver Center | 405/232-8233 <i>Private pay. Also has inpatient available.</i> | 2801 SW 3rd |
| OKC – Catalyst | 405/235-9709 <i>Outpatient clinic</i> | 3033 N. Walnut <i>Formerly known at Drug Recovery Inc (DRI)</i> |
| OKC – Celebrate Recovery | 405/692-0546 <i>Faith-based recovery program similar in style to 12-step programs. Group meetings, study materials.</i> | Crossroads Cathedral – 8901 S. Shileds <i>Weekly meeting.</i> |
| OKC – Celebrate Recovery | 405/787-2042 <i>Faith-based recovery program similar in style to 12-step programs. Group meetings, study materials.</i> | Western Oaks Church of the Nazarene – 7901 NW 16 <i>Weekly meeting.</i> |
| OKC – Celebrate Recovery | 405/ 378-0100 <i>Faith-based recovery program similar in style to 12-step programs. Group meetings, study materials.</i> | Westmore Community Church – 12609 S. Western <i>Weekly meeting.</i> |
| OKC – Chance to Change | 405/840-9000 <i>Out pt education for family 6 pt—1 part every Monday at 6:30.</i> | 5228 Classen Circle <i>ED Series at BS Center</i> |
| OKC – Cope | 405/524-2673 | 2701 Oklahoma Ave |
| OKC – Drug Recovery, INC. (DRI) | <i>Now called CATALYST. See its new listing in this section.</i> | |
| OKC – Eagle Ridge | 405/840-1359 | 405/282-8232 601 NE 63rd |
| OKC – Family Recovery Counseling | 405/879-0482 | 4801 N. Classen, Suite 128 |
| OKC – Hope | 405/634-4400 | 105 SE 45th |
| OKC – Jordan’s Crossing | 405/308-8021 | 301 SW 74th |
| OKC – Latino Community Development Agency | 405/236-0701 <i>Spanish-speaking services 18 & younger.</i> | 420 SW 10th |
| OKC – Oklahoma Outreach | 405/848-9393 | 3801 NW 63rd |
| OKC – Quapaw Counseling Service | 405/672-3033 <i>Offers Native American, African—American, American Sign Language services.</i> | 1301 SE 59th |
| OKC – Salvation Army | 405/236-3677 <i>Adult Rehabilitation #4</i> | |

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| OKC – Specialized Outpatient Services | 405/810-1766 <i>Adolescent, family, and adult services. Bilingual services available. www.okcsos.com</i> | 5208 N. Classen Circle |
| OKC – The Referral Center | 405/525-2525 | 1215 NW 25th Street |
| OKC – Total Life Counseling Foundation | 405/840-7040 <i>Referral from D/A out TANF/DHS \$20 a session /group</i> | 3000 United Founders Blvd, #239 |
| OKC – Turning Point | 405/634-0508 | 1607 SW 15th Street |
| OKC – Valley Hope | 405/946-7337 <i>Most major insurance No Medicaid or Medicare</i> | 6100 NW 63 rd |
| Pawnee – United Community Action | 918/762-3686 <i>Counseling, housing. Sliding scale.</i> | 600 Denver |
| Pawnee – Celebrate Recovery | 918/762-3669 <i>Faith-based recovery program similar in style to 12-step programs. Group meetings, study materials. Thur ~ 5:30 pm</i> | First Baptist Church – 720 Sixth St |
| Shawnee – Citizen Potawatomi Nation Health Clinic | 405/273-5236 | 2307 S. Gordon Cooper Drive 8:00am – 5:00pm |
| Shawnee – Gateway | 405/273-1170 | 1010 E. 45 th |
| Stillwater – Celebrate Recovery | 405/624-3422 <i>Faith-based recovery program similar in style to 12-step programs. Group meetings, study materials. www.eagleheights.com</i> | Eagle Heights Baptist Church – 2617 N. Jardot Sun ~ 6:00 pm |
| Stillwater – Payne Co. Counseling | 405/372-0198 <i>D/A counseling sliding scale with DMH/DHS</i> | 801 S. Main, Suite 5 |
| Stillwater – Payne Co. Counseling | 405/372-0198 <i>D/A counseling sliding scale with DMH/DHS</i> | 801 S. Main, Suite 5 |

Talk Lines

See also **Referral Lines** in this listing

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| Edmond – Shepherds of Love <i>Serves Okla County, Norman, Yukon</i> | 405/348-5195 <i>Friendship counseling, Prayer requests.</i> | |
| OKC – Contact | 405/848-CARE (405/848-2273) | |
| OKC – Number Nyne | 405/325-6963 | 8:00PM – 4:00AM When OU classes are in session. |
| Suicide Line | 800/273-TALK | |
| Teen Hot Line | 800/522-8336 | |

Travelers Assistance

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| Upward Transitions | 405/232-5507 | 1033 N. Walker M – F ~ 8:00AM – 4:30PM |
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Travel & Transportation

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| Edmond – Drivers License Exam | 405/341-4930 | 28 E. Main |
| Guthrie – First Capitol Trolley | 405/282-6000 <i>Routes for Guthrie, Langston University & Okla State Univ—Stillwater. CALL FOR COSTS</i> | M – S ~ 6AM Midnite |
| MWC – Drivers License Exam | 405/424-5902 | 2550 N. Air Depot |
| Norman – Drivers License Exam | 405/364-9595 | 2313 E. Lindsey 8 – 4:30PM |
| Norman – Bus Station | 405/321-7370 | 405/579-1616 |
| Norman – Metro Transit of Norman (CART) | 405/325-2278 | 506 N. Porter 731 Elm Ave |
| OKC – ABC Cab | 405/619-3460 | 405/619-3434 |
| OKC – Checker Cab | 405/239-7710 | |
| OKC – City Bus Terminal Metro Transit | 405/235-7433 <i>Has special services for handicapped and disabled</i> | 200 Shartel |
| OKC – Dept. of Motor Vehicles | 405/681-5489 | 2480 W. I-240 Frontage |
| OKC – Department of Public Safety | 405/425-7777 | |
| OKC – Drivers License Exam | 405/681-5489 | |
| OKC – Metro Taxi Yellow | 405/619-3434 | |
| OKC – Metro Transit | 405/235-7433 | |
| OKC – Metro Transit Lift Reservation | 405/297-3808 | 2000 S. May Ave |
| OKC – Salvation Army Administration | 405/270-7800 | 501 S. Harvey |
| OKC – Salvation Army Senior Transportation | 405/246-1099 | |
| OKC – Sooner Ride Reservation Line | 877/404-4500 | |
| OKC – Traveler's Aid | 405/232-5507 <i>Provides case management for homeless families leaving shelters and moving into homes.</i> | 1033 N. Walker |
| OKC – Union Bus Station | 405/235-6425 | 427 W. Sheridan |
| OKC – Urban League | 405/424-5243 | 3900 N. MLK Drive |
| OKC – Yellow Cab | 405/232-6161 | |

Utility Companies

See also separate **Social Services** listing

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| AT&T | 800/222-0300 | |
| Oklahoma Electric Cooperative | 405/321-2024 | |
| Oklahoma Gas & Electric | 405/272-9741 | |

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| Oklahoma Natural Gas | 405/551-4000 |
| OKC – Water & Trash | 405/297-2833 |

Veterans

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| Muskogee – VA | 800/827-1000 |
| VA | 405/456-1000 Main Medical Center 921 NE 13th |
| OKC – Supported Employment Services | 405/270-0501 |
| OKC – Vet Center | 405/456-5184 1024 NW 47th, Suite B |

Voc Rehab

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| Department of Rehabilitation Services | 405/951-3400 | 800/845-8476 http://www.okrehab.org/ | 3535 N.W. 58th Street, Suite 500 |
| OKC—Career Planning Center | 405/635-2750 | | 5813 South Robinson |
| OKC—Metro-Tech/Springlake | 405/424-8324 | 405/605-4449 | 1800 Springlake Drive, Room 202 |

Workers Comp

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| OKC- Workers Comp | 405/522-8600 | 1915 N. Stiles |
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APPENDIX Emergency Services

Local Oklahoma City area
National resources at the end of the list



Dental



Infant Assistance



House Repair Assistance



Meals



Shelters



Food Assistance



Rental Assistance



Transportation Assistance



Clothing



Vision



House hold furnishings



Medical



Hair care



Medications



Utilities



Spiritual Assistance

For any Agency, call first to get latest information on:
 Services provided Hours of operation Zip Code restrictions
 Program Eligibility ID/Birth Certificate requirement
 Dates of clinic (for example: 3rd Monday of the month) Appointment procedures

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| Bethany | Birth Choice | | 405/495-6919 Baby clothing Also: Assistance before and after birth, testing, counseling, referrals | 5106 N. Rockwell Ave |
| Del City | Feeding the Broken Hearted | | 405/236-5683 Work farm – factory Sober Living Meals Has public meal on Saturdays. | 320 Delwood Drive |
| Edmond | Hope Center | | 405/348-1340 Clothing Food Assistance Medical Services: Prenatal care, pediatric services, immunizations, medications assistance. <u>General Medicine Clinic</u> <u>OB Clinic</u> <u>Sick Baby Clinic:</u> <u>Pediatric Clinic:</u> <u>Immunization Clinic:</u> <u>WIC Clinic:</u> Utilities: Low Income Home Energy Assistance Program for heating & cooling bills. Apply at Department of Human Services (DHS) county offices Also: Parenting classes | 1251 N. Broadway |
| Edmond | Ministries of Jesus | | 405/340-7400 Medical Once a month clinic. Will have specialists. Appointments only. Call for eligibility and times. | |
| Edmond | Shepherds of Love Ministry | | 405/348-5195 Medical Services: Medical bills assistance, Medications assistance Rental Assistance Utilities Deposits Also: Friendship counseling, Prayer requests. Oklahoma County, Norman, & Yukon | |
| Edmond | Trinity Christian Church | | 405/348-8019 Clothing Food Assistance | 1400 NW 178th |
| El Reno | Birth Choice | | 405/262-0003 Baby clothing Also: Assistance before and after birth, testing, counseling, referrals | 400 W. London St |
| Guthrie | Crossroads | | 405/282-0800 Laboratory grade pregnancy tests. Infant supplies in exchange for attending classes. Offers non-medical labor support professional | 116-D North Broad |
| Guthrie | Logan County Youth & Family | | 405/282-7045 Shelter: Cut off age 18 Also: Parental counseling, Substance abuse counseling. | |

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| Langston | Mary Mahoney Medical Center  | 405/466-2535 Medical: Limited lab (Anemia, blood sugar testing, sexually transmitted disease testing, urine test, TB test, HIV testing), Behavioral Health Care (including anger management, developmental issues, sub. Abuse), transportation available within 15 miles and have no means of transportation. Medical referrals for X-Rays, Emergency Medical, Gynecology, Prenatal Care, Ultrasound | 300 Martin Luther King St. |
| MWC | Mid-Del Food Pantry  | 405/732-3603 Food pantry | 322 N. Midwest Blvd Has ZIP CODE limitations |
| MWC | Mid-Del Youth & Family  | 405/732-3603 Shelter | 322 N. Midwest Blvd |
| MWC | Masters Market  | 405/737-2010 Clothing Food Assistance Also: Limited household items | 5751 E Reno Has ZIP CODE limitations |
| Norman | East Main Place  | 405/447-HOME (4663) Shelter Staff available for emergency assistance 24 hours at (405)488-7707. Staff will meet individuals/ families at a local motel to provide emergency shelter for those who qualify under established HUD guidelines. | 1100 East Main St Monday-Friday 8 A.M.-5 P.M. |
| Norman | Central Oklahoma Community Action Agency  | 405/447-0832 Food Assistance Also: Low income assistance, supportive assistance, volunteer opportunities | 2270 Industrial Blvd. |
| Norman | Crossroads Youth & Family Services  | 405/321-0240 Shelter Counseling Adolescents, DHS custody - Police protect – 24 cooling off period. | 1650 W Tecumseh Rd Ste 500 |
| Norman | Food & Shelter for Friends  | 405/360-4954 Food Assistance Shelters Meals | 104 W. Comanche |
| Norman | Health for Friends Clinics  | 405/329-4161 (Recorded Info Line) Dental Pharmacy Medical: RN on location, Doctor on call. Strep throat tests, pharmacy Vision: Exams and glasses program Must have proof of income & address | Norman Regional Hospital 317 E. Hines |
| Norman | Salvation Army  | 405/364-9910 Food Assistance Meals: Breakfast & Dinner Shelters | 318 E. Hays Street |
| Norman | Women's Resource Center  | 405/701-5497 (Domestic Violence Shelter) 405/701-5540 (Domestic Violence Crisis) 405/701-5660 (Sexual Violence Crisis Line) Domestic violence shelter | 1719 Jennifer Circle |
| OKC | Amistad Pediatric Clinic  | 405/232-4160 Medical: Children 0-17 only | 420 SW 10th |
| OKC | Baptist Community Clinic / Family Medical Clinic  | 405/528-0171 405/951-4804 405/235-4696 405/951-2608 405/951-2645 (Recording) Clothing Food Assistance Medical: HIV, STD, pregnancy & TB testing, medication assistance, Social services Medical Immunization, Med refills, Physician services, wound care, infections Vision Spanish interpretation available Some services for HOMELESS only Photo ID & Bill required | Olivet Baptist Church Clinic 1201 NW 10th |
| OKC | Baptist Mission  | 405/235-6162 Dental Extractions only Twice a month Vision (Reduced charges for frames.) Food Assistance Medical: Medication assistance Call for appointment Assistance before and after birth, testing, counseling, referrals ZIP CODES 73108 & 73119 Proof of residence Photo ID Also: | 2125 Exchange Ave |
| OKC | Birth Choice  | 405/495-6919 405/631-4477 Baby clothing Also: Assistance before and after birth, testing, counseling, referrals | 5106 N. Rockwell 4701 S. Western |
| OKC | Care Point, HIV / AIDS services  | 405/232-2437 800/285-2273 Dental Medical: Medication assistance, transportation to medical appointments, case management. Also: Employment services, Housing referrals Must have referral | 1200 N. Walker, Suite 500 |
| OKC | Catholic Charities  | 405/523-3000 Food Assistance: Exchanges volunteer time for food package. Medical: CMA services. Also: Counseling, adoption assistance, transitional housing (single mothers), housing assistance (seniors), volunteer opportunities, immigration assistance | |
| OKC | Christian Free Dermatology Clinic  | 405/604-4412 Must have no medical insurance. Must be very low income so that going to Dr would create a heavy burden. Must have a significant skin problem—not mild acne, skin darkening or cosmetic problems. | 5701 N Portland Ave |

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| OKC | Christian Service Center |   | 405/236-5956 Clothing Also: Furniture | |
| OKC | City Church |   | 405/232-3232 Food Assistance: Food baskets Meals | 6009 NW Expressway |
| OKC | City Rescue Mission |    | 405/517-3107 Dental: Children services Meals: Lunch & Dinner Shelters | 405/232-2709 800 W. California |
| OKC | Clinica de la Mujer Latina |  | 405/236-0701 Medical: Mammograms, pap tests, breast exams (Must be low income, 50-64, no coverage at all). | 222 NW 12 |
| OKC | Community Action Agency |   | 405/232-0199 Assistance with home repairs, Homebuyer Education, Housing Counseling | 319 SW 25th |
| OKC | Community Vision Clinic |  | 405/473-7430 Vision | |
| OKC | County Health Department |  | 405/427-8651 405/419-4150 405/419-4000 405/419-4116 405/230-1942 405/425-4384 Medical: WIC Maternity & Family "TAKE CHARGE": Breast/Cervical screenings for ages 50-64. At the NE 23 location. Call 425-4403 to see if you qualify for program | Main Facility ~ 921 NE 23rd Health Center West ~ 4330 NW 10th TB Control Center ~ 400 NE 50th WIC Clinic East ~ 6739 E. Reno (Heritage Park Mall) WIC Capitol Hill ~ 210 SW 25th Rominger Community Center ~ 3450 SW 29th |
| OKC | County Health Department Pharmacy |   | 405/713-1893 Medical: Medication assistance. Must live in Okla County at least 6 months. Need referral & must have \$0 income. | 7401 NE 23 rd Call first to make sure medication is available |
| OKC | Cross Area Crown Ministries |      | 405/232-7696 Clothing Dental Food Assistance Medical: Doctor visits Vision: Optometrist visits Call for schedule | 1008 N. McKinley |
| OKC | D-Dent Dentists for the Disabled & Elderly in Need of Treatment. |  | 405/424-8092 Dental: Must be 60 or older, low income without dental insurance or other means to pay for dental care – or be developmentally disabled, low income without dental insurance or other means to pay for | 800/522-9510 6430 N. Western Suite 200 |
| OKC | Dean McGee Eye Institute |  | 405/271-6060 Vision Call for information | |
| OKC | Dermatology Clinic |  | 405/271-6110 Medical Call for info and hours | 619 NE 13th |
| OKC | Family Medicine Clinic |  | 405/271-4311 Medical: General health care services. Obstetrical care as available. Limited pharmacy. Sooner Care Options. Will have some set fees for office visits, labs, x-rays. work services | 900 NW 10th Provider for all Limited social |
| OKC | Family Medical Clinic |     | GO TO THE LISTING FOR: | Baptist Community Clinic Olivet Baptist Church Clinic |
| OKC | Food Bank |  | 405/972-1111 Food Pantry | 3355 S. Purdue |
| OKC | Good Shepard Ministries |     | 405/232-8631 Clothing closet Dental: X-rays & extractions only Food Assistance Medical: Clinic, meds, mammograms, pap tests, breast exams Must be low income, 50-64, no coverage at all, SSN CARD REQUIRED | 222 NW 12th |
| OKC | Grace Rescue Mission |   | 405/232-5756 Meals: Breakfast, Lunch, & Dinner Shelters | 2205 Exchange Ave. |
| OKC | Guild of St. George |        | 405/232-2266 Clothing Food Assistance Medical: Must come to office for assistance. First come, first served. No antidepressants, hormones, or pain medications Utilities Also: Identification assistance, hair cuts, bus passes ZIP CODE RESTRICTIONS | 117 NW 7th |
| OKC | Healing Hands |   | 405/272-0476 Medical: HIV, STD, pregnancy & TB testing, medication assistance, substance abuse/mental health counseling, Social services HOMELESS only | 411 NW 11th |

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| OKC | Heart & Hands Family Medical Clinic Baptist Community Clinic | | 405/528-0171 405/951-4804 405/235-4696 Medical: HIV, STD, pregnancy & TB testing, medication assistance, Social services <u>HOMELESS only</u> | Olivet Baptist Church Clinic 1201 NW 10th |
| OKC | Hope Pregnancy Center | | 405/755-5433 NORTH 405/688-8700 SOUTH Helps with finding a place to stay during pregnancy. Adoption placement assistance if requested. | 10327 N. May 8320 S. Penn |
| OKC | Indian Clinic | | 405/948-4900 ext 263 Dental Medical: Must be American Indian | 4913 W. Reno |
| OKC | Infant Crisis Center | | 405/528-3663 Food: Formula Medical Also: Has limited diapers and other baby supplies. 0 – 4 years Appt only. | 4224 N. Lincoln |
| OKC | Jesus House | | 405/232-7164 Clothing Meals: Breakfast & Lunch Shelters Utilities Also: Furniture | 1335 W. Sheridan |
| OKC | King's Clinic | | 405/848-4005 Medical clinic | 921 W. Britton Rd |
| OKC | Latino Clinic | | 405/236-0701 405/232-4160 Medical Monthly clinic to offer mammograms and pap smears 405/706-5476 Call agency for info about other services (Sub Abuse tx, Child Dev'p, etc.) | Latino Community Development Agency 420 SW 10th Call for appointment times |
| OKC | Manos Puntas Clinic | | 405/525-2346 Medical | Epworth Methodist ~ 3 blks w of Classen NW 19th 1901 N. Douglas |
| OKC | Maranatha | | 405/239-2413 Clothing room Food Assistance Meals: Dinner | 1701 NW 9th |
| OKC | Mary Mahoney Medical Center | | 405/769-3301 Dental: NOT a Free Clinic. Laboratory & X-Ray Services Medical: Including limited lab, pharmacy, well-child care, perinatal care & planning Central Oklahoma, Pottawatomie, & Lincoln Counties | 12716 NE 36th |
| OKC | Neighbor for Neighbor | | 405/236-0473 Clothing Food Assistance: Referral required Medical Services: Prescription assistance Utilities Also: Temporary employment transportation. | 300 SW 13th |
| OKC | Neighborhood Services Organization | | 405/236-0413 Utilities Dental: Appointment only. 8 years and older. Cash services. Exam/X-ray \$30. Cleanings \$40. Fillings \$70. Extractions \$55. Dentures, Full \$490/Half \$245. Call for other services | 431 SW 11th |
| OKC | Oklahoma Community Health Services | | 405/632-6688 886/388-6688 Dental: Cleaning, extractions, fillings, root canals and crown work. Sliding scale charges. Medical Services: Prenatal, family planning, HIV testing/counseling, Speech pathologist & hearing screenings. Limited social work program Mental health/Substance Abuse counseling. On-site discount pharmacy (limited) Also serves the seasonal farm workers with Bilingual staff Must have identification RURAL PROGRAMS (Tipton 866/847-8661 & 580/667-4141) (Ft. Cob 866/415-7887 & 405/643-2776) www.okchs.org/ | (I-240 & S. Western) 1025 Straka Terrace |
| OKC | OK Halfway House, Inc | | 405/232-0231 Shelter Halfway facility | 517 SW 2nd |
| OKC | OU Children's Memorial Hospital | | 405/271-4750 Dental: Call for referral procedure Will see emergency patients if there is swelling or an abscess. Cut off at age 21 Physician referral required. | 910 NE 13th |
| OKC | OU College of Allied Health | | 405/271-4214 John Keys Speech & Hearing Center & United Way Hearing Aid Bank Eligibility based on income and number of persons in household. Cost is \$350 if approved. Call for more info and application | |
| OKC | OU College of Dentistry | | 405/271-6056 405/271-6326 Dental: Dental hygiene (Charges ½ of private practice fees) | 1201 N. Stonewall |
| OKC | OU Family Medicine Center | | 405/271-4311 Medical: Mammograms, pap tests, breast exams (Must be low income, 50-64, no coverage at all). | 900 NE 10 |

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| OKC | OU Health Sciences Center |  | 405/271-5477 405/271-4000 Medical: Must not have insurance \$25 per visit Must apply for financial assistance for MRI, Lab, or X-rays | 711 Staton Young, Suite 524 |
| OKC | OU Residents' Clinic |  | 405/271-5514 Internal Medicine clinic | Presby Professional Bldg 711 Staton Young, Suite 524 |
| OKC | Passageways |  | 405/949-1866 Domestic violence shelter | |
| OKC | Presbyterian Urban Mission |    | 405/946-1556 Clothing Food Assistance: Must have referral ZIP CODE restrictions | 3737 N. Portland |
| OKC | Restoration Church |  | 405/232-2456 Shelter and Sub. Abuse 9 mo to year discipleship program. | 1501 Linwood (3 blk W of 6th Western) |
| OKC | Rose State College |  | 405/733-7336 Dental: Teeth Cleaning Program - Dental Hygienist Student Program \$5 By appointment Scheduling starts Aug 1 and goes thru school year. | 6420 S.E. 15th Street |
| OKC | Salvation Army |     | 405/246-1080 Men 405/246-1133 Women 405/270-7800 Main Clothing: Disabled only. Must have ID, & Rental / Utility Receipt Food Assistance Meals: Breakfast & Dinner Shelters | 501 S. Harvey |
| OKC | Skyline Urban Ministries |     | 405/632-2644 Clothing Food Assistance Vision: Also: Senior transportation, Shower facilities, Clearinghouse to 100 other faith-based agencies. Social Security card Referral required. | McKee Center 500 SE 15th (8th & Lee) Call for information |
| OKC | Skyline Urban Ministries |  | 405/236-5212 Vision: Eyewear, eye exams. Call for information | Community Charity Eye Clinic 701 NW 8th |
| OKC | St. Charles Catholic Church |  | 405/789-2595 405/495-4667 Medical Services: <u>Minor</u> medical care, health care assessments | St. Charles Borromeo 5024 N. Grove |
| OKC | Stork's Nest |  | 405/771-3708 Clothing | 1005 NE 15th |
| OKC | Senior Safe Haven Shelter |     | 405/528-7721 30 day Shelter, clothing, medical assistance, food Ages 60 & over Emergency Shelter for Seniors and Medically Fragile | Sunbeam Family Services Call for criteria. 1005 NE 15th |
| OKC | TB Control Center | | 405/419-4000 | 400 NE 50th |
| OKC | Variety Health Center |    | 405/235-6466 405/677-1129 (satellite) Medical Services: MWC Pregnancy testing Maternity Clinic Pediatric Clinic No new pt. Family planning clinic (Sliding Scale) contraception & pregnancy planning Vision: Children (\$25) Must have referral from a school nurse. Call for times & appointments | 420 NW 6th |
| OKC | Veterans Hospital |  | 405/456-1000 Medical | 921 NE 13th |
| OKC | Westlawn Baptist Church |    | 405/235-7297 Food, clothing, spiritual counseling. Can assist with court-ordered substance abuse requirements. | 2461 W First Terr |
| Shawnee | Calvary Baptist |  | 405/275-3450 Food Assistance Must have referral\ | 215 W. Farrell |
| Shawnee | Downtown Pentecostal Church |   | 405/275-1146 405/557-2624 Wallet Laquita Pager Clothing Food Assistance Must have referral | 518 E. 7th Street |
| Shawnee | Living Word Church |   | 405/275-7240 Clothing Food Assistance | 3831 N. Kickapoo |
| Shawnee | Salvation Army Shelter |  | 405/275-2243 Shelter | 200 East 9th |
| Shawnee | St Paul's Methodist |  | 405/273-0982 Utilities: Can help with gas and electric bills – Based on available funds | 10th & Beard |

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| Shawnee | St. Benedict's Catholic Church |  | 405/275-0001 Food Assistance | 632 N. Kickapoo |
| | Volunteer Health Clinic |  | 405/273-2157 Medical: First 20 patients. | 1604 Gordon Cooper Drive |
| Yukon | Yukon Sharing Ministry |        | 405/354-9456 Clothing Food Assistance Medical Services Rental Assistance Shelters: Referrals Utilities Also: Employment assistance (Job search gas) | 4 N. 6th Street |

National Resources *Getting help from these sources often require you to be receiving services from Doctors, Social Service Agencies or Mental Health Agencies. They may be needed to provide documentation or make application—as may be required to obtain the following assistance.

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| Prescription Assistance |  | There are over 381 programs and companies that offer medication assistance. Web sites such as http://www.needymeds.com/ can help you find them. <u>Case Managers at Community Mental Health Centers</u> can help you navigate the many programs and help you apply to programs for which you might qualify. |
| Janssen Prescription Assistance |  | 800/652-6227 Must have a medical need and meet specific financial criteria. Provides assistance when no source of prescription drug coverage is available. Patients receiving benefits under a Medicare Part D prescription drug plan are not eligible. |
| Partnership for Rx Assistance |  | 888/4PPA-NOW (888/477-2669) www.pparx.org 405/701-8216 Prescription Assistance Service Rx for Okla 1125 E. Main St 877/RX4-OKLA (877/794-6552) (Agency in Norman that helps process applications) Brings together pharmaceutical companies, doctors, health care providers to help qualifying patients who lack prescription coverage get the medicines through qualifying public or private programs. Many will get them free or nearly free. Does do diabetic medications/insulin. |
| Vision USA Thru American Optometric Association |  | 800/766-4466 www.aoa.org Vision: Providing basic vision care free of charge to many uninsured low-income people. Most require exhausting or being declined by local resources first (DHS, Lions Club, etc.) Must have no insurance; not had eye exam in last 2 years; household must be low-income and unable to pay for eye exam; someone in the house must work at least part time. |

APPENDIX Substance Abuse Inpatient & Halfway Houses Services

See also: *Housing listing* OR: *Hospitals listing* OR: *Shelter listing*—In Emergency Services

For any Agency, **call first** to get latest information on:

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| Services provided | Bed availability | Waiting list/time | If Mental Health medications are permissible |
| Smoking/Non-smoking | <i>(An overwhelming majority of the facilities are non-smoking)</i> | | |
| Program content | <i>(12-step—Behavioral Modification—Nutritional—Detox—Faith-based)</i> | | |
| Costs | <i>(Free—Private Pay—Insurance—Sliding Scale—For fee—Work program)</i> | | |

 Men's only unit available

 Mothers with infants/kids

 Pregnant women preference

 Women's only unit available

Oklahoma City Metro area

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| | 405/641-0646 | | |
| Edmond—My Brother's Keeper of Oklahoma <i>(With Word of God Church)</i> | 405/475 9770 <i>Private, faith-base, house setting. Program requires a one-year commitment and is free of charge after a \$175 administrative fee.</i> | | |
| Edmond—Oxford House 800/689-6411 National Number WOMENS FACILITY  | 405/216-5800 Edgewood—WOMENS FACILITY SEE OXFORD HOUSE INFORMATION AT THE END OF THIS LISTING. | 644 Reynolds Rd | |
|  MWC—Oxford House 800/689-6411 National Number MENS FACILITY | 405/455-2131 SEE OXFORD HOUSE INFORMATION AT THE END OF THIS LISTING. | Midwest City—MENS FACILITY 3620 Ridgehaven Dr | |
|  Moore—Oxford House 800/689-6411 National Number MENS FACILITY | 405/378-2729 Moore— MENS FACILITY 405/735-6534 Hope Drive— MENS FACILITY SEE OXFORD HOUSE INFORMATION AT THE END OF THIS LISTING. | 2512 Crystal Dr 908 SE 37th St | |
|  Norman—Oxford House 800/689-6411 National Number MENS FACILITY WOMENS FACILITY WOMEN with CHILDREN  | 405/701-4020 Boomer—WOMENS FACILITY 405/801-3355 Sooner—MENS FACILITY 405/701-0780 Norman—MENS FACILITY 405/701-5388 Oakhurst—WOMEN with CHILDREN FACILITY SEE OXFORD HOUSE INFORMATION AT THE END OF THIS LISTING. | 1317 E. Boyd St 508 Jean Marie Dr 305 Willow Branch Rd 1818 Rolling Stone Dr | |
|  OKC—ARC/Salvation Army MENS FACILITY | 405/236-3677 <i>Rehabilitative work program (in Thrift Store) ID needed TB Test</i> | NW 7 th & Penn | |
| OKC—Carver Center | 405/232-8233 <i>Halfway house. Private pay. Also has outpatient available. NO NURSING OR MEDICAL SERVICES</i> | 2801 SW 3 rd | |
| OKC—Catalyst, Community House | 405/424-4347 405/232-9804 <i>Residential, half-way house Co-ed.</i> | 1501 NE 11th | |
| OKC—Cedar Ridge PRIVATE PAY / PRIVATE INSURANCE | 405/605-6111 <i>Adult and adolescent facility</i> | 6505 NE 50 th | |
| OKC—DRI, Community House | <i>Now called CATALYST. See its new listing in this section.</i> | | |
|  OKC—First Step MENS FACILITY | 405/799-7540 <i>9 month program. Rehabilitative work program</i> | | |
| OKC—First Step WOMENS FACILITY  | 405/794-2834 <i>6 month program. Rehabilitative work program</i> | | |
| OKC—Jordan's Crossing WOMENS FACILITY  | 405/604-9644 <i>Accepts Insurance, Private Pay, limited indigent bed space.</i> | I-240 & 89th | |
| OCCIC | 405/522-8100 | | |
|  OKC—Oxford House 800/689-6411 National Number MENS FACILITY WOMENS FACILITY <u>MEN with CHILDREN FACILITY</u>  | 405/604-6643 Bil-Mar—MENS FACILITY 405/605-4549 Grove—MENS FACILITY 405/603-2598 Eastman—MENS FACILITY 405/603-5930 OKC— MEN with CHILDREN FACILITY 405/753-5427 Linwood Hills—WOMENS FACILITY 405/601-5772 Villa—MENS FACILITY 405/602-3607 Meridian II—MENS FACILITY 405/702-7788 Windsor Hills—MENS FACILITY 405/601-0814 Dittmer—MENS FACILITY 405/600-7373 Linn—MENS FACILITY 405/600-7474 Cloverleaf—WOMENS FACILITY 405/702-1661 Marlynn—MENS FACILITY 405/470-4445 Munding—MENS FACILITY | 2865 N. Ann Dr 3416 N. Grove Ave 4601 Eastman Dr 6308 Sterling Dr 11412 Greystone Ave 2300 NW 43rd St 4432 N.W. 47th St 5101 NW 26th St 2901 N. Ditmer Rd 7008 S. Linn Ave 1507 NW 31st St 4436 NW 47th St 6810 NW 11th St | |

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| | 405/602-0909 Taylor–WOMENS FACILITY 7412 South Kline Ave 405/286-6091 Wildwood– MEN with CHILDREN FACILITY 817 NE 61st St SEE OXFORD HOUSE INFORMATION AT THE END OF THIS LISTING. |
|  OKC–Phoenix House VETERANS FACILITY | 405/525-0240 824 E. Dr 56 day program. |
| OKC–Reno Club MENS FACILITY | 405/236-4148 405/239-9603 Payphone 436 NW12th Sober living apartments. Rehabilitative work program |
| OKC–St. Anthony's Private | 405/272-6216 800/437-8278 Has a medically-supervised detox Has 21 or 28 day residential treatment options. Has day treatment and day or evening intensive outpatient treatment aftercare. Has day Accepts Insurance |
| OKC–The Referral Center DETOX | 405/525-2525 1215 NW 25 th |
| OKC–Turning Point Sober Living Apts.  | 405/424-2547 405/634-0508 2425 NE 10th Street Transitional living. Individuals or families. Minimum 6 months. |
| Sober living program through “Jim Riley Outreach” | 405-2090227 \$100 down/400 Christian based mentoring program–Monthly rent. Must be clean & sober x 30 days Call for more a month. info. |

Tulsa area facilities

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| Claremore–Grand Lake DETOX | 918/342-9530 Mental health / Crisis Center Court Ed–Stabilize until court |
|  Sapulpa–Oxford House 800/689-6411 National Number MENS FACILITY | 918/512-6312 Sapulpa–MENS FACILITY 410 S. Park St SEE OXFORD HOUSE INFORMATION AT THE END OF THIS LISTING. |
|  Tulsa–12 & 12 | 918/664-4224 Half-way house |
| Tulsa–ARC | 918/583-6119 |
|  Tulsa–How Foundation MENS FACILITY | 918/252-5739 “Work your way thru” program 6 month Inpat D&A Free. 65 a desire to complete wk. No psychotropic meds. |
| Tulsa–Oxford House 800/689-6411 National Number MENS FACILITY WOMENS FACILITY    | 918/439-1027 Green Country–WOMENS FACILITY 6117 E. 79th St 918/749-4673 Southern Hills–MENS FACILITY 5629 S. Columbia Place 918/895-8304 Urbana–WOMENS FACILITY 4646 S. Urbana Ave 918/806-1532 Woodland–MENS FACILITY 9203 E. 68th St 918/622-2442 Briarwood Park–MENS FACILITY 8513 E. 34th St 918/764-9176 Millwood Estates–MENS FACILITY 3829 S 98 th East Ave 918/619-6227 Rockwood Hills–MENS FACILITY 7217 S. Columbia Ave 918/794-9210 Darlington–MENS FACILITY 1784 S. Darlington Ave 918/289-0621 Skelly–MENS FACILITY 3336 S. 119th East Ave 918/794-1531 Leisure Lanes–WOMEN WITH CHILDREN 1540 S. 69th East Ave 918/619-6358 Shadow Mountain–WOMENS FACILITY 6031 S. 76th East Ave 918/307-0111 Meadows– MENS FACILITY 8015 S. 87 th East Ave 918/622-0678 Southern Plaza–MENS FACILITY 7527 East 55th St 918/728-8529 Woodridge–MENS FACILITY 2611 E. 71st Place 918/794-6662 Shirley Ann–WOMEN WITH CHILDREN 1609 S. 69th East Ave 918/664-4626 ?? Leslie Leigh–WOMEN WITH CHILDREN 11604 E. 23rd Place 918/764-9266 Fontana–MENS FACILITY 5345 S. 76th Ave 918/286-2311 Burning Tree–MENS FACILITY 6414 S. 86th East Ave 918/249-9202 Woodbank–MENS FACILITY 8728 E. 60th Place 918/619-6845 Memorial South–MENS FACILITY 7610 E. 58th Place 918/461-2589 Patterson Estates–WOMENS FACILITY 6436 S. 87th East Ave 918/292-8113 Rustic Hills –MENS FACILITY 3728 E. 59th Place SEE OXFORD HOUSE INFORMATION AT THE END OF THIS LISTING. |
| Tulsa–The Haven WOMENS FACILITY DETOX | 918/585-1380 WOMEN 1647 S. Elwood |
|  Tulsa–Renewing of the Minds MENS FACILITY  | 918/425-4905 Blake Minor 918/282- Men’s Halfway House 2 Wks 4 Beds |

State-wide facilities AND OUTSIDE OKLAHOMA

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|---|---|
| Ada—Rolling Hills Hospital | 800/522-9505 |
| Altus—New Hope | 580/477-2871 <i>Half-way house</i> |
|  Ardmore—Broadway House | 580/226-3252 <i>Half-way house Male</i> <i>Prepared meals Mon-Fri, microwavable food on weekends; No cost laundry facilities; Wireless internet access; Cable TV access in the residential areas.</i> http://broadwayhouseinc.org/ |
|  Ardmore—Oxford House 800/689-6411 National Number MENS FACILITY | 580/223-0217 Ardmore II—MENS FACILITY 224 C Street Southwest SEE OXFORD HOUSE INFORMATION AT THE END OF THIS LISTING. |
| Ardmore—Vantage Point | 580/226-5048 800/522-1090 <i>Residential. 28</i> Closed Until Further Notice 20 beds |
| Claremore—Grand Lake DETOX | 918/342-9530 <i>Mental health / Crisis Center Court Ed—Stabilize until court</i> |
|  Claremore—Oxford House 800/689-6411 National Number MENS FACILITY | 918/283-2864 Westwood—MENS FACILITY 602 Rosewood Ct 918/923-6186 Claremore—MENS FACILITY 112 E. 13th Place 918/923-6144 Will Rogers—MENS FACILITY 109 E 4th Street SEE OXFORD HOUSE INFORMATION AT THE END OF THIS LISTING. |
| Cushing—Valley Hope | 800/544—5101 <i>Private facility, Accepts insurance or private pay (\$7,000 —\$11,000).</i> |
|  Enid—Oxford House 800/689-6411 National Number MENS FACILITY | 580/540-4563 East Maple—MENS FACILITY 1832 E. Maple Ave. SEE OXFORD HOUSE INFORMATION AT THE END OF THIS LISTING. |
| Enid—Reflections  | 800/966-7644 580/237-0470 <i>(WOMEN with children) Domestic violence, sexual assault crisis center.</i> |
|  Grove—House of Hope MENS FACILITY | 918/786-2930 |
| Guthrie—Eagle Ridge WOMEN (Pregnant or with Children) FACILITY  | 405/282-8232 405/840-1359 <i>Priority is given to pregnant women.</i> |
| Henryetta—New Vision | 918/650-1372 At Henryetta Medical Center <i>Medicaid, Medicare, Private Insurance</i> |
|  Lawton—Oxford House 800/689-6411 National Number MENS FACILITY | 580/215-0485 Lawton—MENS FACILITY 914 SW E. Ave 3828 580/699-5389 Dearborn—MENS FACILITY NW Dearborn Ave SEE OXFORD HOUSE INFORMATION AT THE END OF THIS LISTING. |
| Lawton—Roadback, Holiday House WOMEN FACILITY Non Medical DETOX  | 580/357-8166 <i>Half-way house</i> |
| Lawton—Roadback, Independent Living Facility | 580/357-8114 <i>Sober-living apartments. One year continuous sobriety required</i> |
|  Lawton—Roadback, Miller Manor MENS FACILITY Non Medical DETOX | 580/357-0394 580/248-8526 <i>Half-way house</i> |
|  Miami—Northeastern Oklahoma Council on Alcoholism (NOCA) MENS FACILITY | 918/542-2845 <i>Treatment Center & Extended Care Facility for 6 months must work & pay rent. 30 day tx for males 18 or older</i> |
| Mangum—New Hope | 800/292-3337 580-782-3337 <i>Residential Co-ed facility</i> <i>No Dual Dx 42 Day Sliding scale Tobacco free</i> |
|  Maud—Clay Crossing MENS FACILITY | 866/374-1220 405/374-1225 400 acres south of Shawnee & Seminole. <i>Private facility. 90 Day treatment facility. Weekly continuing education, 12 Step Lectures; Small Group discussions; Individual Counseling; AA/NA meetings, Spiritual Enhancement; Daily Meditation and Exercise Routine; Recreation Private pay.</i> |
| McAlester—The Oaks | 918/423-6030 888/5220124 With children 800/673-0124 Without kids <i>Residential, half-way house Co-ed facilities Sliding scale Tobacco Free</i> |
| Muskogee—Monarch WOMEN'S FACILITY DETOX   | 918/683-0124 <i>Residential Treatment: Women alone--90 day program. Community Living (Halfway) Services: Pregnant women/women with children--6 month program. The children must also attend six hours of therapeutic services or twelve hours a week for school age children who are currently not in school. Non-Medical Detoxification prior to Community Living or Residential Living or Residential Treatment component. Referrals are made to a medical detoxification facility when the conditions so warrants.</i> http://www.monarchok.org/ |

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|  Ponca City–Bridgeway MENS FACILITY | 580/762-1462 <i>Half-way house only</i> |
|  Shawnee–Oxford House 800/689-6411 National Number MENS FACILITY | 405/481-7677 Shawnee–MENS FACILITY 1924 N. Philadelphia Ave SEE OXFORD HOUSE INFORMATION AT THE END OF THIS LISTING. |
|  Stillwater–Oxford House 800/689-6411 National Number MENS FACILITY | 405/372-3660 Shalamar–MENS FACILITY 3809 W. 15th Ave SEE OXFORD HOUSE INFORMATION AT THE END OF THIS LISTING. |
|  Tonkawa–Alpha Two MENS FACILITY | 580/628-2539 580/628-4316 <i>Residential, half-way house</i> |
| Vinita–Rose Rock Recovery Center DUAL DIAGNOSIS PROGRAM WOMEN'S FACILITY  | 918/256-9210 <i>FORMERLY VINITA ALCOHOL & DRUG TREATMENT CENTER (VADTC)</i> |
| Waynoka–Northwest Treatment Cntr WOMEN with children FACILITY  | 580/824-0674 888/305-0928 <i>Free Prorated 90–120 day</i> |
| Wichita Falls, Texas–Red River Recovery Center | 866/937-7772 940/761-3034 http://www.redriverrecovery.com/ |
| Woodward–Lighthouse | 580/256-9700 5050 William Ave. |
| OXFORD HOUSE INFORMATION 800/689-6411 National Number | <i>Self-run, self-supported (MONTHLY RENT) recovery house program. Any recovering alcoholic or drug addict can apply to any Oxford House by filling out an application and being interviewed by the members of the House. There are no resident counselors. A recovering individual can live in an Oxford House for as long as he or she does not drink alcohol, does not use drugs, and pays an equal share of the house expenses. There is no pressure on anyone in good standing to leave. If a majority believes that someone has relapsed, that person is immediately expelled.</i> |

12 questions to consider when selecting a treatment program:

- 1 Does the program accept your insurance? If not, will they work with you on a payment plan or find other means of support for you?
- 2 Is the program run by state-accredited, licensed and/or trained professionals?
- 3 Is the facility clean, organized and well-run?
- 4 Does the program encompass the full range of needs of the individual (medical: including infectious diseases; psychological: including co-occurring mental illness; social; vocational; legal; etc.)?
- 5 Does the treatment program also address sexual orientation and physical disabilities as well as provide age, gender and culturally appropriate treatment services?
- 6 Is long-term aftercare support and/or guidance encouraged, provided and maintained?
- 7 Is there ongoing assessment of an individual's treatment plan to ensure it meets changing needs?
- 8 Does the program employ strategies to engage and keep individuals in longer-term treatment, increasing the likelihood of success?
- 9 Does the program offer counseling (individual or group) and other behavioral therapies to enhance the individual's ability to function in the family/community?
- 10 Does the program offer medication as part of the treatment regimen, if appropriate?
- 11 Is there ongoing monitoring of possible relapse to help guide patients back to abstinence?
- 12 Are services or referrals offered to family members to ensure they understand addiction and the recovery process to help them support the recovering individual?



