

SERVICES DIRECTORY



LIVING FORWARD >>>

#802
www.odmhsas.org
405-522-3810

OCCHD KELLEY FACILITY

921 NE 23rd Street
Oklahoma City, OK 73105

CONSUMER PROTECTION

921 NE 23rd Street
Oklahoma City, OK 73105

HEALTH CENTER WEST

4330 NW 10th Street
Oklahoma City, OK 73107

IMMUNIZATIONS CLINICS

921 NE 23rd Street
Oklahoma City, OK 73105

NORTHEAST REGIONAL HEALTH AND WELLNESS CAMPUS

2600 NE 63rd Street
Oklahoma City, OK 73111

OCCHD UCO-EDMOND

Wellness Center
100 N University Drive
Edmond, OK 73034

TUBERCULOSIS (TB) CONTROL CENTER

400 NE 50th Street
Oklahoma City, OK 73105

WIC CLINICS

921 NE 23rd Street
Oklahoma City, OK 73105

4330 NW 10th Street
Oklahoma City, OK 73107

36 W Memorial, Suite B8
Oklahoma City, OK 73114

6912 E Reno, Suite 301
Midwest City, OK 73110

2149 SW 59th Street, Suite 104
Oklahoma City, OK 73119

CENTRAL OKLAHOMA FETAL & INFANT MORTALITY REVIEW (FIMR) PROJECT

921 NE 23rd Street, Oklahoma City, OK 73105

Information: 405.425.4406 • fimr@occhd.org

The FIMR Project works to reduce the number of infant deaths in Central Oklahoma. Through FIMR, community leaders and health care professionals come together to review case information about infant deaths. They look at common factors and trends to determine how to prevent future deaths and develop community-based solutions that will improve resources and programs available to women, infants, and families. Through case review and strong community action teams, FIMR seeks to improve maternal and infant health and well being, knowing that together we can help more infants reach their first birthday.

CHILD GUIDANCE SERVICES

921 NE 23rd Street, Oklahoma City, OK 73105

Appointments and information: 405.425.4412 • childguidance@occhd.org

Child Guidance Services includes speech, language and hearing; child development and parenting; and behavioral health for children birth through 12 years of age and their families. There are no eligibility requirements. Any parent in Oklahoma County is encouraged to use Child Guidance as a resource. Any fees are based according to a sliding scale and ability to pay. No person will be denied services for inability to pay. Medicaid is accepted. Child Guidance also offers workshops, groups, and trainings to community agencies and childcare facilities. Our Productive Parents program, a cost effective workplace parenting program for small and large businesses, supports the balance between work and family life by giving parents on the job parenting support and businesses more productive and focused employees.



CHILDREN FIRST

921 NE 23rd Street, Oklahoma City, OK 73105

Information: 405.419.4106

Every expectant parent wants the best for their unborn child. Children First helps first time mothers make the best decisions for the future of their children. Children First connects first time mothers with a specially trained registered nurse who provides brief health, growth, and development assessments for infants. Nurses also offer case management services and health education customized to the mother's needs and desires. Services are provided in the convenience of the home. The program is voluntary and provided at no cost to participating families. To enroll, one must be less than 29 weeks gestation, meet certain income criteria, and be a first time parent.

COMMUNITY TRANSFORMATION GRANT

921 NW 23rd Street, Oklahoma City, OK 73105

Information: 405.425.4437

In Fall 2010, the Oklahoma City-County Health Department was awarded a Community Transformation Grant (CTG). This grant will provide approximately \$3.5 million over a 5-year period to transform Oklahoma County into a healthier place to live. Funding for the CTG initiative is provided through the CDC and at least 50% of the funds are being distributed to community partners to implement evidence-based policy, environmental, and infrastructure changes. Project staff work in partnership with the community to: implement policies to reduce secondhand smoke exposure; improve nutrition; increase physical activity in worksites and schools; improve the diagnosis, treatment, and control of hypertension and high cholesterol in clinical settings; and improve the built environment.

CONSUMER PROTECTION

921 NW 23rd Street, Oklahoma City, OK 73105

Information and Complaints: 405.425.4348

Consumer Protection works to protect the citizens of Oklahoma City and Oklahoma County from unhealthy or harmful conditions through inspection, education, intervention, and lastly, enforcement. We regulate any establishment that sells or serves food or drink, provides lodging or childcare, or has recreational water facilities. Our staff provides food safety and pool safety training to thousands of citizens annually and is available upon request. Consumer Protection also responds to a wide variety of complaints regarding the public's health and safety.

DATA AND GRANT EVALUATION / EPIDEMIOLOGY

921 NE 23rd Street, Oklahoma City, OK 73105

Information: 405.425.4437

Epidemiology Services works to protect, prevent and promote health in Oklahoma County through disease surveillance, investigation, data gathering, and program evaluating. Epidemiologists gather community centered data to assess overall health needs and provide health related information to the public and to community policy makers. Epidemiology Services has four distinct functions: acute disease investigation/outbreak investigation, disease surveillance, data management/analysis, and program evaluation.

EMERGENCY PREPAREDNESS AND RESPONSE

2600 NE 63rd Street, Oklahoma City, OK 73111

Information: 405.425.4397

The Emergency Preparedness and Response Program (EPRP) allows OCCHD to have the capacity and capability to effectively prevent, respond to, mitigate the impacts of, and rapidly recover from public health threats such as, infectious disease outbreaks, natural or manmade disasters, biological, chemical, nuclear, and radiological emergencies. These emergency preparedness and response efforts are targeted specifically for the development of an emergency-ready public health department. You too can play a role in preparedness and response by joining the Oklahoma Medical Reserve Corps (okmrc.org). You don't need to be trained in the health care field to be a volunteer, and in times of disaster, you'll be ready.

FAMILY PLANNING SERVICES

Health Center West, 4330 NW 10th Street, Oklahoma City, OK 73107

921 NE 23rd Street, Oklahoma City, OK 73105

Appointments and information: 405.419.4150

Our Family Planning Clinic provides services to uninsured or underinsured individuals and families seeking contraceptive methods or preconception counseling and care. Pregnancy Testing is available. Clinic visits may include examinations, health screenings and education. These services are available to both males and females. Fees are based on a sliding scale. Medicaid is accepted. Walk-in services and appointments are available. The number of clients seen daily may vary.

HEALTH AT SCHOOL

921 NE 23rd Street, Oklahoma City, OK 73105

Information: 405.419.4140 • healthatschool@occhd.org

The Health at School program assists schools as well as school districts to promote, advocate, and create a healthier school environment. The program utilizes the Coordinated School Health Model to address health within a school setting. The Model focuses on eight interrelated components: health education, physical education, nutrition services, health services, mental health and social services, staff wellness, healthy and safe environment, and family/community involvement. Program activities include, but are not limited to: facilitate school needs assessments, engage and facilitate Healthy and Fit School Advisory Committees, assist in the development of staff wellness programs, provide professional development training for teachers and staff, and coordinate health-related activities and events. The Health at School program strives to create a culture of health within Oklahoma County schools by providing technical assistance, consultation, and resources to any school, staff, students, families, and the community.

HEALTH AT WORK

2600 NE 63rd Street, Oklahoma City, OK 73111

Information: 405.419.4122

Health at Work is a comprehensive and cost-effective workplace wellness program for small to large businesses offered by the Oklahoma City-County Health Department. It is comprised of six core services:

- Health at Work Coalition
- Assessment Surveys / Focus Groups
- Tobacco-Free Worksites
- Consultation for Building New Wellness Programs
- Annual Health at Work Conference

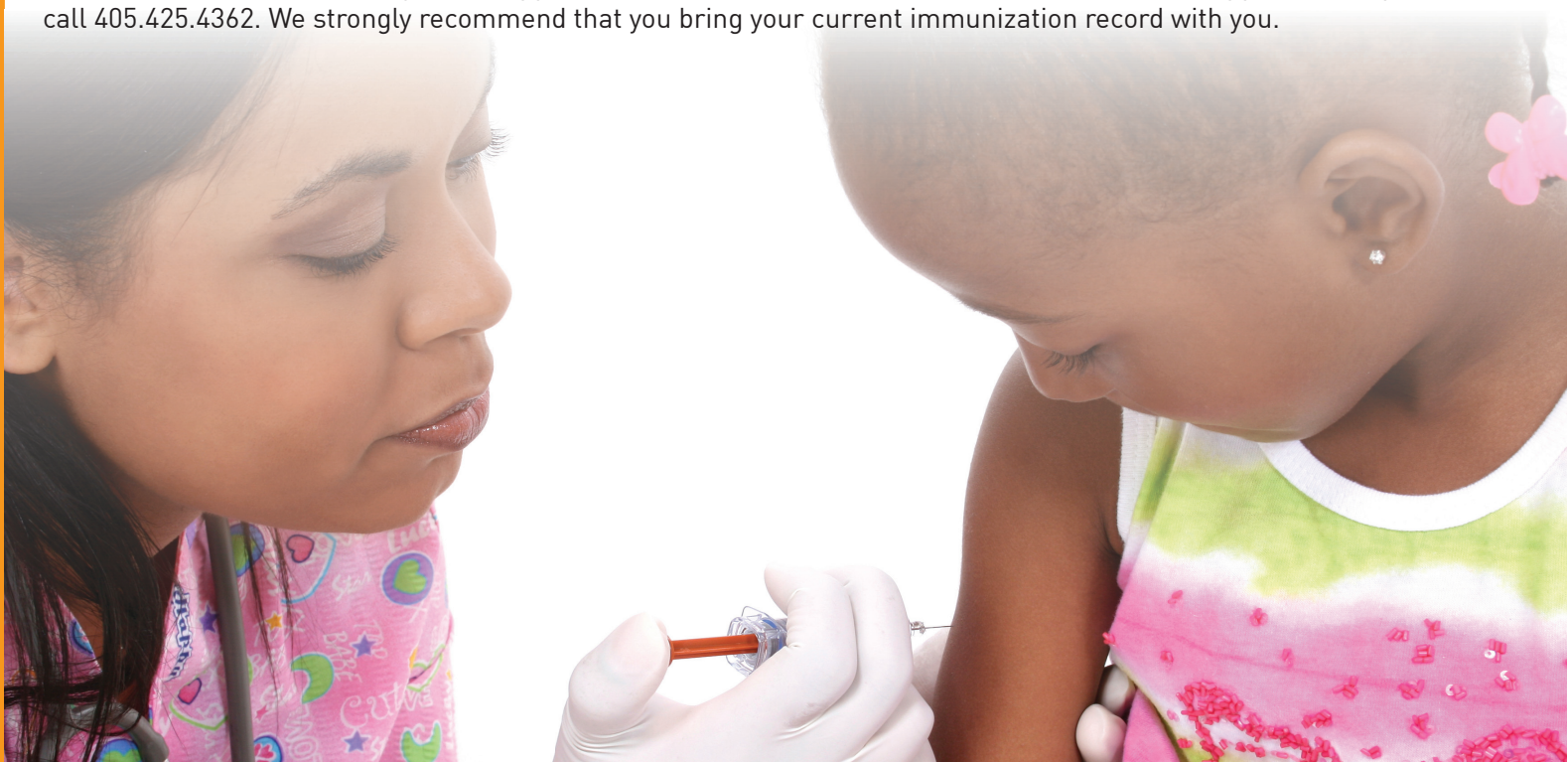
All Health at Work services will help to create an employee centered wellness program or increase participation in an established worksite wellness program.

IMMUNIZATIONS

921 NE 23rd Street, Oklahoma City, OK 73105

Information: 405.425.4450 • immunizations@occhd.org

Routine immunizations are available to children and adults. Immunizations are provided at no charge to children who qualify for the Vaccines for Children Program. A parent or legal guardian must accompany children under the age of 18. Adult immunizations are available for a fee. Immunizations may be required for travel outside the United States. Overseas immunizations are given by appointment only. To schedule an overseas immunization appointment, please call 405.425.4362. We strongly recommend that you bring your current immunization record with you.



LABORATORY SERVICES

921 NE 23rd Street, Oklahoma City, OK 73105

Information: 405.425.4340

The water you drink from your well can become contaminated with harmful bacteria. We encourage you to test your well water annually. The cost is \$15.00 per sample. Contact us for collection containers and instructions on having your water tested. The cost is \$30.00 for a chemical standard well test.

MY HEART

2600 NE 63rd Street, Oklahoma City, OK 73111

Information: 405.425.4398

My Heart is a health program aimed at reducing heart attacks, strokes, and premature death. In conjunction with Community Health Centers Inc, this Cardiovascular Disease (CVD) Program provides services to men and women living in the 73111 zip code. Individuals meeting certain eligibility requirements will be invited to participate in the program consisting of two parts. Part 1 includes selecting a primary care physician and providing free medication to each participant for heart disease, high cholesterol, and/or hypertension as needed. Part 2 includes nutrition and health classes and encourages participants to take part in the Total Wellness weight loss curriculum.

NUTRITION & PHYSICAL ACTIVITY

921 NE 23rd, Oklahoma City, OK 73105

Information: 405.425.4315

The Nutrition & Physical Activity program works with local school districts, after-school programs, and worksites to improve nutrition and physical activity policies. Led by a committed coalition of local health advocates, the program also implements a variety of nutrition and fitness-related projects, programs, and campaigns across Oklahoma County.

SUICIDE PREVENTION

921 NE 23rd, Oklahoma City, OK 73105

Information: 405.419.4166

Suicide prevention is a priority for the Wellness Now Mental Health Workgroup. Suicide is a serious public health problem; the third leading cause of death for youth between the ages of 10 and 24 (CDC). Through a partnership with the Oklahoma Department of Mental Health and Substance Abuse Services (ODMHSAS), OCCHD is implementing the Garrett Lee Smith Youth Suicide Prevention Grant. The overall goals of the grant are to prevent suicide deaths and attempts among adolescents and young adults age 10-24 as well as build suicide prevention capacity at community levels.

Efforts are being concentrated within four major populations; health care professionals, schools, military and Native Americans. QPR (Question, Persuade and Refer) is a presentation that can be requested for groups over age 18 and will teach how to recognize who are at risk for suicide, intervene with those at risk and refer them to an appropriate resource. Community members and schools have been trained in the evidence based Hazelden Lifelines Suicide Prevention curriculum. Schools that would like more information can contact the Suicide Prevention program at 405.419.4166.

If you or someone you know is thinking about suicide, call the National Suicide Prevention Lifeline 800.273.TALK (8255).

SEXUAL HEALTH SERVICES

921 NE 23rd Street, Oklahoma City, OK 73105

Health Center West, 4330 NW 10th Street, Oklahoma City, OK 73107

Information: 405.425.4430

The control and prevention of communicable diseases, including sexually transmitted diseases (STDs), is one of the most important functions of Public Health. Sexual Health Services is committed to quality care and patient education. The STD Clinic evaluates and treats individuals 12 years old and older. Parental permission is not required for patients ages 12-17. The clinic hours are 7 a.m. - 3:30 p.m. (clinic hours may vary) Monday through Thursday and closed on Fridays. This is a walk-in clinic, so arrive early! The fee for service is \$20.00.

TEEN PREGNANCY PREVENTION

921 NE 23rd, Oklahoma City, OK 73105

Information: 405.419.4210

The Teen Pregnancy Prevention Program is designed to educate youth on both abstinence and contraception for the prevention of pregnancy and sexually transmitted infections, including HIV/AIDS. This school-based program replicates evidence-based effective programs that have been proven to change behavior. Behavior changes include: delaying sexual activity, increasing condom or contraceptive use for sexually active youth, or reducing pregnancy among youth.

TOBACCO USE PREVENTION

921 NE 23rd, Oklahoma City, OK 73105

Information: 405.419.4247

Tobacco Use Prevention works with a local coalition of passionate volunteers to raise awareness of the dangers of tobacco use and secondhand smoke exposure. Together they inform the public of the deceptive marketing tactics of the tobacco industry and work to change policy at the local level (school, business, community, state) to help make Oklahoma County a healthier place to live. The Students Working Against Tobacco (SWAT) program is a youth-led movement that empowers and unites youth (6th-12th grade) to resist and expose Big Tobacco's lies while changing current attitudes about tobacco. Additionally, Tobacco Use Prevention promotes the Oklahoma Tobacco Helpline for those who are searching for help to quit using tobacco. The Helpline is a free service and users may be eligible for free patches or gum. Quit now - there's never been a better time! Call 1-800-QUIT NOW (1-800-784-8669) or visit okhelpline.com. For service in Spanish, call 1-855-DEJELLO-YA.

TOTAL WELLNESS

921 NE 23rd Street, Oklahoma City, OK 73105

Information and class locations: 405.425.4352 • total_wellness@occhd.org

Total Wellness is a 12-week diabetes, heart disease, cancer, and asthma prevention program. Classes provide information, skills, and the tools to learn how to prevent or delay the onset of chronic diseases. The program provides free screenings to class participants. Classes meet for one hour per week for 12 weeks and are offered during the fall and spring. Participants are encouraged to set goals such as losing 5% of their body weight and becoming active for 2.5 hours each week. The classes are offered at no charge to Oklahoma County residents. Total Wellness classes are offered at a variety of locations throughout the metro.

TUBERCULOSIS CONTROL CENTER

400 NE 50th St, Oklahoma City, OK 73105

Appointments and information: 405.419.4000

The Tuberculosis Program monitors the occurrence of tuberculosis, a communicable disease, and takes action to prevent or control potential outbreaks. Education is provided to the public and health care providers about this disease. Services are provided to persons of any age. The center is open Monday, Tuesday, and Thursday from 7 a.m. to 5:30 p.m., and Wednesdays from 7 a.m. to 4 p.m.

WELLNESS NOW

2600 NE 63rd Street, Oklahoma City, OK 73111

Information: 405.425.4315 • facebook.com/WellnessNowInitiative • occhd.org/wellnessnow

Wellness Now is a coalition of community members with a shared vision to improve the health of Oklahoma County through partnerships that create policies, systems, and environments that make living well easier. Wellness Now is made up of five workgroups: Nutrition & Physical Activity, Tobacco Use Prevention, Health at Work, Maternal & Child Health, and Mental Health. Wellness Now works to support and enable all people to be healthy and well. Join Wellness Now and team up for a healthy community!



WIC (WOMEN, INFANTS, AND CHILDREN SUPPLEMENTAL FOOD PROGRAM)

921 NE 23rd Street, Oklahoma City, OK 73105

Appointments and information: 405.425.4384

WIC provides specific supplemental foods for good health and nutrition during critical times of growth and development. The purpose of WIC is to emphasize the relationship between proper nutrition and good health by placing special attention on the nutritional needs of pregnant, postpartum, and breastfeeding women, as well as infants and children less than 5 years of age.

OCCHD has six WIC clinics throughout the metro. Please call 405.425.4384 for an appointment at any of the clinics.

- WIC Clinic Main, 921 NE 23rd Street, Oklahoma City, OK 73105
- WIC Clinic West, 4330 NW 10th Street, Oklahoma City, OK 73107
- WIC Clinic East, 6912 E Reno, Suite 301, Midwest City, OK 73110
- WIC Clinic North, 36 W Memorial, Suite B8, Oklahoma City, OK 73114
- WIC Clinic South, 2149 SW 59th Street, Suite 104, Oklahoma City, OK 73119

For more information about our services, locations, and hours of operation visit our website at OCCHD.ORG or call 405.427.8651.



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Oklahoma City-County Health Department
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